

PACER INSTRUCTIONS/RULES:

Pacers must follow all rules and regulations set forth by Whitewater Center staff. This includes all rules set forth in this document as well as on the race page. Pacers must comply with all instructions from event staff and volunteers at all points along the course. Failure to comply can result in disqualification of the runner.

- Pacers are allowed for solo runners only.
- Pacers must meet runners at Start/Finish/Race HQ. They may not join anywhere else along the trail.
- Pacers must check in with event staff and sign a waiver at the Start/Finish aid station prior to joining their runner.
- Pacers must wear a bib number provided by event staff.
- Pacer numbers must be visible on the outside and front of clothing at all times on the course.
- Participants can be accompanied by only one pacer at a time.
- No “muling” (pacers carrying runner’s gear or nutrition/fluids).
- No “event actions” (ie bib punches, bonus point collection, etc) may be performed by pacers.
- No vehicular or bike pacing.
- Runners are held responsible for the actions of their pacer.
- Violating any of these rules can result in runner disqualification.