

## Frigid 5k

Race Date  
February 10, 2017

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Chris Zuerner	Charlotte NC	3328	28	M	1 25-29	21:55.2	4:23/K
2	John Peters	Waxhaw NC	3340	33	M	1 30-34	23:16.2	4:39/K
3	Nicholas O'Brien-Pifer	Mint Hill NC	3324	14	M	1 1-14	23:27.9	4:41/K
4	Sergei Zhyk	Charlotte NC	3350	37	M	1 35-39	23:37.5	4:43/K
5	Zach McLaren	Charlotte NC	3318	32	M	2 30-34	23:50.4	4:46/K
6	Jack Merwin	Indian Trail NC	3346	28	M	2 25-29	24:06.0	4:49/K
7	Troy Lee	Charlotte NC	3332	30	M	3 30-34	24:19.9	4:52/K
8	Fulton Shober	Charlotte NC	3341	15	M	1 15-19	24:24.4	4:53/K
9	Sean Chastain	Raleigh NC	3327	32	M	4 30-34	24:25.1	4:53/K
10	Nate Jeffries	Downers Grove IL	3310	17	M	2 15-19	24:26.9	4:53/K
11	Jonny Sinclair	Matthews NC	3343	34	M	5 30-34	24:37.0	4:55/K
12	Ty Stevens	Asheville NC	3306	41	M	1 40-44	24:38.1	4:56/K
13	Paul Halaburda	Charlotte NC	3334	36	M	2 35-39	24:58.4	5:00/K
14	Chris Weissmann	Charlotte NC	3433	25	M	3 25-29	25:28.8	5:06/K
15	Patrick Baird	Pleasant View TN	3404	30	M	6 30-34	25:45.0	5:09/K
16	Peyton Hayslette	Charlotte NC	3323	25	M	4 25-29	25:58.2	5:12/K
17	Molly Dedmon	Charlotte NC	3454	28	F	1 25-29	26:01.4	5:12/K
18	Josh Mort	Fort Mill SC	3356	27	M	5 25-29	26:08.2	5:14/K
19	Michael Ferreira	Lancaster SC	3363	36	M	3 35-39	26:11.9	5:14/K
20	Jason Carey	Charlotte NC	3396	45	M	1 45-49	26:12.8	5:14/K
21	Jessica Whitmire	Pendleton SC	3347	24	F	1 20-24	26:14.1	5:15/K
22	Gregg Garrison	Cornelius NC	3365	41	M	2 40-44	26:16.4	5:15/K
23	Wyatt Fedorka	Mooresville NC	3322	20	M	1 20-24	26:34.8	5:19/K
24	Sean Comer	Rock Hill SC	3315	24	M	2 20-24	26:47.9	5:21/K
25	Sydney Wood	Huntersville NC	3338	14	F	1 1-14	26:50.2	5:22/K
26	Richard Hodges	Charlotte NC	3309	25	M	6 25-29	26:51.9	5:22/K
27	TJ O'Brien-Pifer	Mint Hill NC	3325	18	M	3 15-19	26:55.4	5:23/K
28	Amanda Iannello	Charlotte NY	3409	31	F	1 30-34	26:56.2	5:23/K
29	Stuart Sigley	Charlotte NC	3348	24	M	3 20-24	27:05.3	5:25/K
30	Michael Tassitino	Charlotte NC	3441	26	M	7 25-29	27:08.1	5:26/K
31	Joey Campagna	CHARLOTTE NC	3391	28	M	8 25-29	27:08.8	5:26/K
32	Matt Weber	Charlotte NC	3319	16	M	4 15-19	27:30.2	5:30/K
33	Kevin List	Charlotte NC	3355	33	M	7 30-34	27:35.4	5:31/K
34	GARRETT NELSON	charlotte NC	3392	47	M	2 45-49	27:38.6	5:32/K
35	Candace Murray	Charlotte NC	3453	36	F	1 35-39	28:00.0	5:36/K
36	Kate MacConnachie	Matthews NC	3458	37	F	2 35-39	28:00.1	5:36/K
37	Matthew Query	Charlotte NC	3411	26	M	9 25-29	28:06.0	5:37/K
38	Allen Jacobs	Matthews NC	3336	56	M	1 55-99	28:06.4	5:37/K
39	Alec Fairbaugh	Charlotte NC	3333	21	M	4 20-24	28:07.3	5:37/K
40	Rebecca McKeever	Davidson NC	3320	46	F	1 45-49	28:08.2	5:38/K
41	Sandy Kritzinger	Cornelius NC	3384	45	F	2 45-49	28:08.9	5:38/K
42	Caleb Sizemore	Asheville NC	3369	14	M	2 1-14	28:13.3	5:39/K
43	Ella Barwick	Charlotte NC	3353	12	F	2 1-14	28:13.3	5:39/K
44	Sean Rogers	Charlotte NC	3329	31	M	8 30-34	28:18.0	5:40/K
45	Sarah Hardin	Huntersville NC	3367	22	F	2 20-24	28:20.8	5:40/K
46	Robert Erb	Charlotte NC	3344	33	M	9 30-34	28:24.5	5:41/K
47	Laurie Hadley	Davidson NC	3429	47	F	3 45-49	28:27.3	5:41/K

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48	Tyler Rawson	Gold Hill NC	3370	20	M	5 20-24	28:28.4	5:42/K
49	Chris Davis	Fort Mill SC	3431	33	M	10 30-34	28:29.7	5:42/K
50	Gasper Gulotta	Charlotte NC	3308	25	M	10 25-29	28:29.7	5:42/K
51	Matt Stewart	Charlotte NC	3317	29	M	11 25-29	28:30.7	5:42/K
52	Ashley Williams	Huntersville NC	3339	29	F	2 25-29	28:41.3	5:44/K
53	jeffrey lak	mt holly NC	3314	39	M	4 35-39	28:49.2	5:46/K
54	Danny Sullivan	Huntersville NC	3546	34	M	11 30-34	28:54.3	5:47/K
55	Karen Wandel	Cornelius NC	3375	42	F	1 40-44	28:56.2	5:47/K
56	Benji ChitKhin	Charlotte NC	3424	25	M	12 25-29	29:03.0	5:49/K
57	Brendan Haygood	Hillsborough NC	3405	15	M	5 15-19	29:07.1	5:49/K
58	Brandon Bayes	Huntersville NC	3313	35	M	5 35-39	29:17.4	5:51/K
59	Laura Schmidt	Charlotte NC	3352	22	F	3 20-24	29:20.1	5:52/K
60	Nereo Trejo	Dallas NC	3638	36	M	6 35-39	29:26.9	5:53/K
61	Monte Mahin	MOUNT HOLLY NC	3403	42	M	3 40-44	29:27.3	5:53/K
62	Christian Gibbens	Charlotte NC	3422	24	M	6 20-24	29:31.0	5:54/K
63	Amber Sherrill	Charlotte NC	3390	25	F	3 25-29	29:34.9	5:55/K
64	Matt Weekley	Matthews NC	3342	37	M	7 35-39	29:39.2	5:56/K
65	Jake Wood	Huntersville NC	3430	13	M	3 1-14	29:40.6	5:56/K
66	Leigh Northrup	Concord NC	3412	42	M	4 40-44	29:45.2	5:57/K
67	Lisa Clark	Hickory NC	3443	54	F	1 50-54	29:45.8	5:57/K
68	Jorge Ramos	Charlotte NC	3416	28	M	13 25-29	29:46.3	5:57/K
69	Chuck Fedorka	Mooresville NC	3321	52	M	1 50-54	29:48.8	5:58/K
70	Douglas Cooper	Greensboro NC	3420	41	M	5 40-44	29:57.3	5:59/K
71	Ryan Morgan	CHARLOTTE NC	3439	31	M	12 30-34	29:59.0	6:00/K
72	Jackie Miller	Tega Cay SC	2275	48	F	4 45-49	30:00.8	6:00/K
73	Alex Huminsky	Matthews NC	3326	15	M	6 15-19	30:05.9	6:01/K
74	Rodrigo Trejo	Dallas NC	3640	22	M	7 20-24	30:07.3	6:01/K
75	Nathan Lanning	Charlotte NC	3446	51	M	2 50-54	30:10.2	6:02/K
76	Jason Moraitis	Conover NC	3359	39	M	8 35-39	30:13.5	6:03/K
77	Geo Marques Neto	Charlotte NC	3381	42	M	6 40-44	30:16.0	6:03/K
78	scott lemos	Charlotte NC	3419	45	M	3 45-49	30:21.1	6:04/K
79	Eren Shultz	Charlotte NC	3437	25	M	14 25-29	30:24.5	6:05/K
80	Rob Treff	Charlotte NC	3542	46	M	4 45-49	30:32.5	6:06/K
81	Sarah O'Keefe	Rock Hill SC	3311	26	F	4 25-29	30:34.4	6:07/K
82	Ethan Shaw	Fort Mill SC	1723	15	M	7 15-19	30:38.0	6:08/K
83	Carlos Loaiza	Gastonia NC	3713	23	M	8 20-24	30:40.5	6:08/K
84	Andy Woodward	Waxhaw NC	3410	31	M	13 30-34	30:40.7	6:08/K
85	Morgan Rogers	Charlotte NC	3401	35	M	9 35-39	30:46.2	6:09/K
86	Laurie Passalacqua	Fort mill SC	3711	41	F	2 40-44	30:47.8	6:09/K
87	Kyle Flack	Charlotte NC	3527	30	M	14 30-34	30:49.2	6:10/K
88	Justin Grigg	Denver NC	3434	26	M	15 25-29	30:49.5	6:10/K
89	Samantha Hubbard	Charlotte NC	3387	26	F	5 25-29	30:50.0	6:10/K
90	Tamzin Ellerbeck	Charlotte NC	3372	24	F	4 20-24	30:51.5	6:10/K
91	Nicolas Marecos	Charlotte NC	3378	24	M	9 20-24	30:52.9	6:10/K
92	Kate Beddard	Charlotte NC	3307	15	F	1 15-19	30:56.0	6:11/K
93	Douglas Seamans	Charlotte NC	3376	36	M	10 35-39	31:04.5	6:13/K
94	Jonathan Thompson	Fort Mill SC	3502	17	M	8 15-19	31:05.6	6:13/K

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95	Eric Smart	Fort Mill SC	3501	39	M	11 35-39	31:07.0	6:13/K
96	Timothy Allison	Charlotte NC	3373	53	M	3 50-54	31:17.2	6:15/K
97	Sean Russum	Davidson NC	3417	23	M	10 20-24	31:18.9	6:16/K
98	Sean Fogtarty	Charlotte NC	1748	45	M	5 45-49	31:25.6	6:17/K
99	Michael Jonathas	Huntersville NC	3393	34	M	15 30-34	31:29.7	6:18/K
100	Karrie Moraitis	Conover NC	3360	38	F	3 35-39	31:31.5	6:18/K
101	richard olinger	indian trail NC	3382	32	M	16 30-34	31:32.4	6:18/K
102	Alistair Lowe	Charlotte NC	3389	37	M	12 35-39	31:42.0	6:20/K
103	Alejandra Miller	Charlotte NC	3395	35	F	4 35-39	31:43.7	6:21/K
104	Jeff Hurston	Charlotte NC	3442	49	M	6 45-49	31:45.1	6:21/K
105	Andrew Rankin	CHARLESTON SC	3397	29	M	16 25-29	31:45.3	6:21/K
106	Chris Lepore	Charlotte NC	3538	34	M	17 30-34	31:46.4	6:21/K
107	Chris Valada	Charlotte NC	3504	36	M	13 35-39	31:50.0	6:22/K
108	Kristina Fisher	CHARLOTTE PA	3383	33	F	2 30-34	31:51.1	6:22/K
109	Matthew Auman	Pineville NC	3518	35	M	14 35-39	31:55.1	6:23/K
110	Brian Macfarlane	Matthews NC	3513	42	M	7 40-44	31:55.3	6:23/K
111	Derek Harrell	Matthews NC	3512	32	M	18 30-34	31:55.6	6:23/K
112	Michael Leal	Charlotte NC	3489	29	M	17 25-29	31:59.3	6:24/K
113	Dillon Bawayan	Charlotte NC	3526	25	M	18 25-29	32:00.3	6:24/K
114	Gary Brackett	Charlotte NC	3450	27	M	19 25-29	32:09.4	6:26/K
115	Sara Blakeney	Charlotte NC	3316	40	F	3 40-44	32:13.1	6:27/K
116	Chad Van Hyning	Charlotte NC	3490	46	M	7 45-49	32:13.2	6:27/K
117	Alen Rhinesmith	Charlotte NC	3414	40	M	8 40-44	32:14.4	6:27/K
118	Brock Carroll	Charlotte NC	3402	39	M	15 35-39	32:14.4	6:27/K
119	Kevin Clark	Hickory NC	3540	56	M	2 55-99	32:16.4	6:27/K
120	Karla Rose	Charlotte NC	3557	32	F	3 30-34	32:24.3	6:29/K
121	Wesley Cannon	Charlotte NC	3394	26	M	20 25-29	32:25.2	6:29/K
122	Aaron Mailloux	Charlotte NC	3550	42	M	9 40-44	32:35.8	6:31/K
123	Christine Davis	CHARLOTTE NC	3440	32	F	4 30-34	32:41.7	6:32/K
124	John Adorno	Charlotte NC	3406	27	M	21 25-29	32:42.0	6:32/K
125	Nathan Miller	Charlotte NC	3445	35	M	16 35-39	32:42.2	6:32/K
126	Natalie Miller	Greenville SC	3366	36	F	5 35-39	32:42.4	6:32/K
127	Byron Revels	Charlotte NC	3425	28	M	22 25-29	32:44.7	6:33/K
128	Matthew Smith	Charlotte NC	3408	25	M	23 25-29	32:45.8	6:33/K
129	Nicolas Marecos	Charlotte NC	3460	24	M	11 20-24	32:46.1	6:33/K
130	Mila Lamparska	Charlotte NC	3468	29	F	6 25-29	32:53.3	6:35/K
131	Blair Holt	Charlotte NC	3455	40	M	10 40-44	32:58.9	6:36/K
132	David Page	Concord NC	3398	27	M	24 25-29	33:00.9	6:36/K
133	Kyle Clark	CHARLOTTE NC	1728	26	F	7 25-29	33:01.4	6:36/K
134	Jelisa Castrodale	Winston Salem NC	3354	37	F	6 35-39	33:03.7	6:37/K
135	Hayden Purves	Huntersville NC	1674	11	M	4 1-14	33:06.0	6:37/K
136	Ted Sopher	Charlotte NC	3536	26	M	25 25-29	33:10.5	6:38/K
137	Michael Brousseau	Huntersville NC	3337	43	M	11 40-44	33:13.7	6:39/K
138	Whitney Freize	Gastonia NC	3555	29	F	8 25-29	33:17.3	6:39/K
139	sarah zeemer	Indian Trail NC	3554	36	F	7 35-39	33:17.8	6:39/K
140	Steve Williamson	Charlotte NC	3716	30	M	19 30-34	33:29.9	6:42/K
141	Kim Kreuzman	Indianapolis IN	3715	27	F	9 25-29	33:30.2	6:42/K

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142	Nathan Mullett	Fort Mill SC	3712	42	M	12 40-44	33:30.8	6:42/K
143	Bryce Yeargan	Winston Salem NC	3452	36	M	17 35-39	33:31.9	6:42/K
144	Erin Purves	Huntersville NC	1639	46	M	8 45-49	33:31.9	6:42/K
145	Kayla Scherf	Curtice OH	3461	32	F	5 30-34	33:32.3	6:42/K
146	Paul Donohue	Charlotte NC	1695	52	M	4 50-54	33:32.3	6:42/K
147	Jackson Switzer	Charlotte NC	3444	30	M	20 30-34	33:40.2	6:44/K
148	Mike Jeffries	Charlotte NC	3374	54	M	5 50-54	33:42.5	6:44/K
149	Reece Szymanowski	Charlotte NC	3535	26	M	26 25-29	33:44.5	6:45/K
150	Jeff Bowers	Huntersville NC	3495	28	M	27 25-29	33:45.5	6:45/K
151	Rogelio Irigoyen	Charlotte NC	3534	24	M	12 20-24	33:46.1	6:45/K
152	David Jacobus	Charlotte NC	3539	23	M	13 20-24	33:46.7	6:45/K
153	Maureen Worthington	Charlotte NC	3525	26	F	10 25-29	33:48.7	6:46/K
154	William Lee	Matthews NC	3493	26	M	28 25-29	33:49.9	6:46/K
155	Joe Miner	Fort Mill SC	1726	32	M	21 30-34	33:50.6	6:46/K
156	Bryce Garvey	Charlotte NC	2277	27	M	29 25-29	33:52.4	6:46/K
157	Clara Sadowski	Charlotte NC	3564	10	F	3 1-14	33:54.7	6:47/K
158	James Davis	Charlotte NC	3462	33	M	22 30-34	33:54.8	6:47/K
159	Hope Barwick	Charlotte NC	3451	10	F	4 1-14	33:55.1	6:47/K
160	Nicole Baird	Charlotte NC	3459	35	F	8 35-39	33:55.3	6:47/K
161	Rachel Miner	Indian Land SC	1727	31	F	6 30-34	33:56.2	6:47/K
162	Daniel Buonagurio	Charlotte NC	3477	26	M	30 25-29	34:00.1	6:48/K
163	neil blot	charlotte NC	3608	34	M	23 30-34	34:02.3	6:48/K
164	Davis Pasour	Lincolnton NC	3331	15	M	9 15-19	34:03.8	6:49/K
165	Samantha Page	Concord NC	3399	24	F	5 20-24	34:03.9	6:49/K
166	Tiffany Morgan	CHARLOTTE NC	3438	30	F	7 30-34	34:04.7	6:49/K
167	Tina Elshoff	Charlotte NC	3471	29	F	11 25-29	34:04.9	6:49/K
168	Shanko Kornachuk	WHISPERING PINES	3380	10	M	5 1-14	34:10.5	6:50/K
169	Darin Bird	Denver NC	3561	48	M	9 45-49	34:12.1	6:50/K
170	Phil Kornachuk	WHISPERING PINES	3379	42	M	13 40-44	34:13.6	6:51/K
171	Matthew Ladenheim	Huntersville NC	3528	43	M	14 40-44	34:15.2	6:51/K
172	Ryan Fay	Davidson NC	3516	41	M	15 40-44	34:15.7	6:51/K
173	Victoria Pike	Huntersville NC	3589	26	F	12 25-29	34:20.8	6:52/K
174	Tim Blackledge	Mooresville NC	3484	48	M	10 45-49	34:25.3	6:53/K
175	Colby Pasour	Lincolnton NC	3330	15	M	10 15-19	34:33.9	6:55/K
176	Steven Shober	Charlotte NC	3436	48	M	11 45-49	34:44.7	6:57/K
177	Rusty Braham	Stanley NC	3617	48	M	12 45-49	34:50.7	6:58/K
178	Kathryn Wagner	Charlotte NC	3435	24	F	6 20-24	34:51.6	6:58/K
179	Michael Ryan	Charlotte NC	3531	25	M	31 25-29	34:51.7	6:58/K
180	Justin Thomas	Charlotte NC	3614	36	M	18 35-39	34:53.1	6:59/K
181	Madeline Shober	Charlotte NC	3610	15	F	2 15-19	34:54.5	6:59/K
182	Amy Buckmaster	Huntersville NC	3552	29	F	13 25-29	34:59.9	7:00/K
183	Matthew Smith	Charlotte NC	3588	24	M	14 20-24	35:01.4	7:00/K
184	Jeff King	Pineville NC	3520	34	M	24 30-34	35:02.8	7:00/K
185	Robert Poliquin	Charlotte NC	3464	39	M	19 35-39	35:07.5	7:01/K
186	Celia Thompson	Fort Mill SC	3500	42	F	4 40-44	35:09.8	7:02/K
187	Jarrid Danburg	Charlotte NC	3486	37	M	20 35-39	35:13.4	7:03/K
188	Jessica Dixon	Charlotte NC	3400	35	F	9 35-39	35:17.0	7:03/K

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189	Ryan Taylor	Gastonia NC	3556	32	M	25 30-34	35:18.4	7:04/K
190	Craig Varnum	Huntersville NC	3519	46	M	13 45-49	35:22.6	7:04/K
191	Ryan Spencer	Charlotte NC	3496	28	M	32 25-29	35:30.4	7:06/K
192	Ryan Stapleton	Charlotte NC	3559	35	M	21 35-39	35:30.6	7:06/K
193	Shane ONeil	Charlotte NC	3515	35	M	22 35-39	35:35.0	7:07/K
194	William Barton	Mt Holly NC	3547	36	M	23 35-39	35:38.7	7:08/K
195	Anna Hite	Charlotte NC	3532	48	F	5 45-49	35:40.9	7:08/K
196	Nick Nova	Fort Mill SC	3456	24	M	15 20-24	35:45.3	7:09/K
197	Marissa Mirbach	Charlotte NC	3643	22	F	7 20-24	35:47.9	7:09/K
198	Gavin McCormick	Maiden NC	3358	10	M	6 1-14	35:48.7	7:10/K
199	Quinn Witte	York SC	3463	39	M	24 35-39	35:49.6	7:10/K
200	Stephanie McGill	Greensboro NC	1732	28	F	14 25-29	35:50.8	7:10/K
201	Robert White	Huntersville NC	1722	35	M	25 35-39	35:53.6	7:11/K
202	Scott Prejean	Mooresville NC	3609	45	M	14 45-49	35:55.6	7:11/K
203	Carl Henderson	Charlotte NC	3714	31	M	26 30-34	35:56.2	7:11/K
204	Jeffrey Blankenship	Concord NC	3566	45	M	15 45-49	35:56.4	7:11/K
205	Michael Creech	Charlotte NC	3506	50	M	6 50-54	36:06.4	7:13/K
206	Esther Bickell	Charlotte NC	3553	28	F	15 25-29	36:09.9	7:14/K
207	Jerome Arockiam	Charlotte NC	3586	37	M	26 35-39	36:10.2	7:14/K
208	Justin Folk	Denver NC	3582	39	M	27 35-39	36:12.3	7:14/K
209	Jeff LeBlanc	Charlotte NC	3706	40	M	16 40-44	36:12.7	7:14/K
210	John Sheehan	Mooresville NC	3570	37	M	28 35-39	36:24.0	7:17/K
211	Hillary Halstead	Huntersville NC	3473	38	F	10 35-39	36:25.1	7:17/K
212	Lindsey O'Brien	Charlotte NC	3492	25	F	16 25-29	36:26.8	7:17/K
213	Chris Zoghby	Charlotte NC	3584	31	M	27 30-34	36:28.8	7:18/K
214	Jeremy Sorenson	Charlotte NC	3575	41	M	17 40-44	36:30.3	7:18/K
215	Heriberto Hernandez	Matthews NC	3418	48	M	16 45-49	36:31.2	7:18/K
216	Marty Given	Tega Cay SC	3517	55	M	3 55-99	36:31.7	7:18/K
217	Breckyn Kornachuk	WHISPERING PINES	3481	10	F	5 1-14	36:32.4	7:18/K
218	Michael Humlan	Davidson NC	3377	35	M	29 35-39	36:35.3	7:19/K
219	Olivia Smallwood	Cramerton NC	1581	31	F	8 30-34	36:44.9	7:21/K
220	Natalie Benson	Charlotte NC	3349	15	F	3 15-19	36:46.4	7:21/K
221	Karyn Goglio	mint hill NC	3475	35	F	11 35-39	36:51.7	7:22/K
222	Anthony Darr	Charlotte NC	3558	36	M	30 35-39	36:52.0	7:22/K
223	Ally Bennett	Charlotte NC	3426	28	F	17 25-29	36:54.0	7:23/K
224	Grant Jones	Concord NC	1731	14	M	7 1-14	36:54.4	7:23/K
225	Meghann Blankenship	Concord NC	3567	34	F	9 30-34	36:58.3	7:24/K
226	Brett Johnson	Charlotte NC	3385	28	M	33 25-29	37:02.4	7:24/K
227	Ruben Veliz	Charlotte NC	3699	40	M	18 40-44	37:08.6	7:26/K
228	Emily Cantrell	Charlotte NC	3700	34	F	10 30-34	37:09.9	7:26/K
229	Jon Fenton	Charlotte NC	3565	40	M	19 40-44	37:18.9	7:28/K
230	Elliott Diskin	Charlotte NC	3611	14	M	8 1-14	37:19.0	7:28/K
231	Heather Taylor	Charlotte NC	3655	30	F	11 30-34	37:22.5	7:28/K
232	Vittorio Iannielli	Huntersville NC	3509	14	M	9 1-14	37:29.9	7:30/K
233	Ayla Homer	Charlotte NC	3595	24	F	8 20-24	37:34.5	7:31/K
234	Billy Partin	Mooreville NC	3530	42	M	20 40-44	37:35.8	7:31/K
235	Emily Gerkin	Charlotte NC	3523	22	F	9 20-24	37:35.9	7:31/K

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236	Michele Croot	Wilmington NC	3590	37	F	12 35-39	37:37.2	7:31/K
237	Bonnie Covington	HUNTERSVILLE NC	3593	37	F	13 35-39	37:42.8	7:32/K
238	Nikki Pacitti	charlotte NC	3537	23	F	10 20-24	37:53.4	7:35/K
239	Hannah Hughes	Charlotte NC	3368	21	F	11 20-24	37:53.7	7:35/K
240	Lauren Naylor	Charlotte NC	3596	26	F	18 25-29	37:59.2	7:36/K
241	Erica Stevens	Huntersville NC	3524	31	F	12 30-34	38:04.9	7:37/K
242	Suzanne Ferguson	Charlotte NC	3521	50	F	2 50-54	38:05.7	7:37/K
243	Michael Ferguson	Charlotte NC	3522	50	M	7 50-54	38:08.1	7:38/K
244	Randy Miller	Mooresville NC	3642	49	M	17 45-49	38:08.3	7:38/K
245	Frank LeMonte	charlotte NC	3499	41	M	21 40-44	38:09.9	7:38/K
246	Kimberly Melchlor	Charlotte NC	1730	32	F	13 30-34	38:10.5	7:38/K
247	Robert Barden	Charlotte NC	3465	42	M	22 40-44	38:18.5	7:40/K
248	James Garnham	Charlotte NC	3637	32	M	28 30-34	38:18.8	7:40/K
249	Luther Rogers	Charlotte NC	3427	27	M	34 25-29	38:21.5	7:40/K
250	Tyler Aiken	Charlotte NC	3580	27	M	35 25-29	38:24.0	7:41/K
251	Steven Better	Charlotte NC	3476	36	M	31 35-39	38:27.5	7:41/K
252	Cami Winarchick	Charlotte NC	3563	47	F	6 45-49	38:36.4	7:43/K
253	Bill Urbaitis	Charlotte NC	3577	54	M	8 50-54	38:36.7	7:43/K
254	Madison Meadows	Charlotte NC	3620	29	F	19 25-29	38:37.6	7:43/K
255	Hunter Reep	Charlotte NC	3621	29	M	36 25-29	38:38.5	7:44/K
256	Jeff Long	Maiden NC	3357	40	F	5 40-44	38:41.0	7:44/K
257	Scott Garmon	Harrisburg NC	3469	45	M	18 45-49	38:42.3	7:44/K
258	Jody Pawson	Charlotte NC	1625	47	M	19 45-49	38:42.6	7:44/K
259	Madeleine Dick	Charlotte NC	3605	23	F	12 20-24	38:42.6	7:44/K
260	Aleksandra Rehberg	Charlotte NC	3351	31	F	14 30-34	38:42.8	7:44/K
261	Victor Bukowski	Pineville NC	3474	27	M	37 25-29	38:46.8	7:45/K
262	Laura Jepsen	Pineville NC	3571	26	F	20 25-29	38:47.2	7:45/K
263	Betsy Shores	Cornelius NC	3659	36	F	14 35-39	38:47.4	7:45/K
264	Tommy Shores	Cornelius NC	3660	40	M	23 40-44	38:48.1	7:46/K
265	Noah Magee	Charlotte NC	3591	38	M	32 35-39	38:50.0	7:46/K
266	Lisa Palmer	Charlotte NC	3485	43	F	6 40-44	38:51.7	7:46/K
267	Carolyn Phipps	Charlotte NC	3641	40	F	7 40-44	38:53.3	7:47/K
268	Chelsea Miller	Charlotte NC	3503	28	F	21 25-29	39:05.9	7:49/K
269	Francis Iannielli	Huntersville NC	3508	45	M	20 45-49	39:08.8	7:50/K
270	Jeremy Sain	Charlotte NC	3529	30	M	29 30-34	39:12.6	7:50/K
271	Rachel Cox	Raleigh NC	3604	22	F	13 20-24	39:14.8	7:51/K
272	Heather Hageman	Charlotte NC	3480	46	F	7 45-49	39:15.3	7:51/K
273	Vincent Tarquinio	Moon Township PA	3497	26	M	38 25-29	39:21.5	7:52/K
274	Mason Hadley	Davidson NC	3428	15	M	11 15-19	39:40.6	7:56/K
275	Nikki Rankin	CHARLESTON SC	3691	27	F	22 25-29	39:43.8	7:57/K
276	Laura Hopper	Mount Holly NC	3625	27	F	23 25-29	39:53.1	7:59/K
277	Michael Benning	Charlotte NC	3449	30	M	30 30-34	40:06.3	8:01/K
278	Stephanie Sadowski	Charlotte NC	3648	43	F	8 40-44	40:07.4	8:01/K
279	Julie Egglar	Matthews NC	3623	49	F	8 45-49	40:11.8	8:02/K
280	Joe Egglar	Matthews NC	3624	52	M	9 50-54	40:12.7	8:02/K
281	Casey Brewster	Alexis NC	3388	35	F	15 35-39	40:22.0	8:04/K
282	Lauren Schwab	Charlotte NC	3585	28	F	24 25-29	40:22.2	8:04/K

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283	Tiffany Greene	Greensboro NC	3551	30	F	15 30-34	40:32.4	8:06/K
284	Rachel Rice	Charlotte NC	3613	25	F	25 25-29	40:34.7	8:07/K
285	Jamie Bird	Denver NC	3562	16	F	4 15-19	40:40.5	8:08/K
286	Timothy Hall	Concord NC	3631	44	M	24 40-44	40:51.2	8:10/K
287	Emily Stone	Mooresville NC	3487	26	F	26 25-29	40:54.1	8:11/K
288	Daniel Florez	Gastonia NC	3639	21	M	16 20-24	41:04.6	8:13/K
289	Maggie Toner	Charlotte NC	3634	24	F	14 20-24	41:05.3	8:13/K
290	Pepper Mahin	MOUNT HOLLY NC	3656	38	F	16 35-39	41:06.7	8:13/K
291	Clay Durham	Charlotte NC	3345	33	M	31 30-34	41:16.1	8:15/K
292	Robert Joseph	Charlotte NC	3665	36	M	33 35-39	41:16.2	8:15/K
293	Nicole Rankin	Charlotte NC	3470	23	F	15 20-24	41:17.5	8:15/K
294	Pablo Carvajal	Charlotte NC	3514	30	M	32 30-34	41:21.4	8:16/K
295	Erin McNeely	Charlotte NC	3466	26	F	27 25-29	41:22.0	8:16/K
296	Anna Pavisha	Charlotte NC	3652	27	F	28 25-29	41:22.9	8:16/K
297	Paula Cobb	Charlotte NC	3599	45	F	9 45-49	41:23.0	8:17/K
298	Christina Johnson	Charlotte NC	3386	28	F	29 25-29	41:23.9	8:17/K
299	Alexandra Beckham	Charlotte NC	3488	32	F	16 30-34	41:25.4	8:17/K
300	Faith Sedberry	Charlotte NC	3612	26	F	30 25-29	41:28.9	8:18/K
301	Kyle Miller	Charlotte NC	3478	32	M	33 30-34	41:35.2	8:19/K
302	Jonathan Payton	Charlotte NC	3371	31	M	34 30-34	41:35.7	8:19/K
303	Sarah Peterson	Charlotte NC	3602	29	F	31 25-29	41:36.5	8:19/K
304	Lauren Malich	Charlotte NC	3578	32	F	17 30-34	41:37.8	8:19/K
305	Suzanne Ingram	Charlotte NC	3664	34	F	18 30-34	41:43.0	8:21/K
306	Jason Fialkowski	Charlotte NC	3618	24	M	17 20-24	41:46.1	8:21/K
307	Lindsay Bonham	Dallas NC	3666	30	F	19 30-34	41:53.4	8:23/K
308	samuel varvel	charlotte NC	3598	27	M	39 25-29	41:56.7	8:23/K
309	Kimberly Zimmer	Lincolnton NC	3472	50	F	3 50-54	41:57.8	8:23/K
310	Sarah Higgins	Stanley NC	3507	22	F	16 20-24	41:59.1	8:24/K
311	Lauren Rogers	Winston-Salem NC	3592	34	F	20 30-34	42:00.3	8:24/K
312	Carlie Bowman	Harrisburg NC	3616	12	F	6 1-14	42:10.7	8:26/K
313	Miranda Clewell	Huntersville NC	3636	28	F	32 25-29	42:12.2	8:26/K
314	Ali Alshaikh	Charlotte NC	3545	27	M	40 25-29	42:36.0	8:31/K
315	Marnette Zuchel	Charlotte NC	3678	62	F	1 55-99	42:57.2	8:35/K
316	Alex Gluck	Gastonia NC	3622	17	M	12 15-19	42:58.3	8:36/K
317	Gabriella Cavallero	Matthews NC	3633	18	F	5 15-19	43:13.4	8:39/K
318	kim clark	charlotte NC	3679	61	F	2 55-99	43:17.7	8:39/K
319	Kayla Aiton	Mt. Pleasant NC	3644	23	F	17 20-24	43:19.3	8:40/K
320	Mike Bifulco	Charlotte NC	3662	30	M	35 30-34	43:23.7	8:41/K
321	Christy Kunkle	Charlotte NC	3581	42	F	9 40-44	43:24.5	8:41/K
322	Travelle Wharton	Charlotte NC	3627	35	M	34 35-39	43:24.8	8:41/K
323	Rusty Menchaca	Charlotte NC	3629	31	M	36 30-34	43:26.8	8:41/K
324	Mark Nicholson	Charlotte NC	3479	39	M	35 35-39	43:27.4	8:41/K
325	Jordan Gross	Charlotte NC	3626	36	M	36 35-39	43:28.0	8:42/K
326	Michael Sherwood	Tega Cay SC	3654	47	M	21 45-49	43:30.5	8:42/K
327	Taigan Kornachuk	WHISPERING PINES	3482	8	F	7 1-14	43:44.8	8:45/K
328	Tana Kornachuk	WHISPERING PINES	3312	37	F	17 35-39	43:45.1	8:45/K
329	Andrea Bonner	Matthews NC	3645	44	F	10 40-44	43:48.8	8:46/K

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330	Jason Moretz	Maiden NC	3681	37	M	37 35-39	43:48.9	8:46/K
331	Michael Nova	Charlotte NC	3594	32	F	21 30-34	43:51.1	8:46/K
332	Chelsea Ponzo	MOUNT HOLLY NC	3601	25	F	33 25-29	43:52.9	8:46/K
333	Susan Corbett-Hopf	Rock hill SC	3676	40	F	11 40-44	44:09.6	8:50/K
334	megan redford	concord NC	3686	25	F	34 25-29	44:10.5	8:50/K
335	Brian Elles	Charlotte NC	3579	32	M	37 30-34	44:22.4	8:52/K
336	Rachel Preston	Charlotte NC	3649	42	F	12 40-44	44:23.0	8:53/K
337	Allison Kindley	Concord NC	3685	24	F	18 20-24	44:27.3	8:53/K
338	Emly Breece	INDIAN TRAIL NC	3684	29	F	35 25-29	44:28.1	8:54/K
339	Alex Martinez	Charlotte NC	3548	39	M	38 35-39	44:43.2	8:57/K
340	Kayla Edens	Charlotte NC	3673	25	F	36 25-29	44:46.6	8:57/K
341	Jayme Carter	Charlotte NC	3597	30	F	22 30-34	45:07.7	9:01/K
342	Joey Attanasio	Charlotte NC	3628	45	M	22 45-49	45:20.3	9:04/K
343	Harry Goff	Charlotte NC	3668	45	M	23 45-49	45:20.9	9:04/K
344	Megan Holmes	Waxhaw NC	3541	17	F	6 15-19	46:05.4	9:13/K
345	Steph Spurgeon	charlotte NC	3494	24	F	19 20-24	46:10.6	9:14/K
346	Patricia Blackwood	york SC	3675	46	F	10 45-49	46:14.0	9:15/K
347	LAURA STEEN	OAKLAND PARK FL	3587	27	F	37 25-29	46:15.7	9:15/K
348	David Jordan	Raleigh NC	3704	23	M	18 20-24	46:16.2	9:15/K
349	Morgan Reece	CHARLOTTE NC	3680	32	F	23 30-34	46:19.7	9:16/K
350	Michael Ponzo	MOUNT HOLLY NC	3600	26	M	41 25-29	46:22.0	9:16/K
351	Christie Guild	Lancaster SC	3364	38	F	18 35-39	46:27.8	9:17/K
352	Wes Diego	Charlotte NC	3653	39	M	39 35-39	46:32.4	9:18/K
353	Meagan Fitzgerald	Matthews NC	3661	26	F	38 25-29	46:37.3	9:19/K
354	Wesley Rossi	Charlotte NC	1721	7	M	10 1-14	46:46.7	9:21/K
355	Christy Rossi	Charlotte NC	1720	33	F	24 30-34	46:46.9	9:21/K
356	Alisha Shields	Winston Salem NC	3674	37	F	19 35-39	46:55.9	9:23/K
357	sarah holdren	vinton VA	3632	33	F	25 30-34	46:58.0	9:24/K
358	Connor Haygood	Hillsborough NC	3658	14	M	11 1-14	47:18.0	9:28/K
359	Gwen Foellmer	charlotte NC	3635	34	F	26 30-34	47:47.7	9:33/K
360	William Plumer	Atlanta GA	3710	63	M	4 55-99	48:05.5	9:37/K
361	Mary Grob	Charlotte NC	3663	27	F	39 25-29	48:08.2	9:38/K
362	Meghan Ross	Charlotte NC	3696	33	F	27 30-34	48:09.2	9:38/K
363	Mark Hiller	Cornelius NC	2651	49	M	24 45-49	48:44.1	9:45/K
364	Anna Hiller	Corneilus NC	2671	13	F	8 1-14	48:44.2	9:45/K
365	Molly Tucker	Charlotte NC	3533	41	F	13 40-44	48:46.2	9:45/K
366	Jodi Hampton	CHARLOTTE NC	3693	42	F	14 40-44	48:55.2	9:47/K
367	Christina Decker	Rock Hill SC	3688	38	F	20 35-39	49:00.6	9:48/K
368	Nicole Dimond - Diskin	Charlotte NC	3697	49	F	11 45-49	49:01.1	9:48/K
369	Gail Barton	Mt Holly NC	3670	34	F	28 30-34	49:03.5	9:49/K
370	Terese Milczewski	Clover SC	3682	47	F	12 45-49	49:10.0	9:50/K
371	Morgan Lombardo	Sharon SC	3572	44	F	15 40-44	49:10.0	9:50/K
372	Erik Lombardo	Sharon SC	3651	20	F	20 20-24	49:11.1	9:50/K
373	Natalie Dunn	Gastonia NC	1681	28	F	40 25-29	50:27.3	10:05/K
374	Russell Schlick	Charlotte NC	3692	37	M	40 35-39	50:34.9	10:07/K
375	Mark Franklin	Charlotte NC	3709	47	M	25 45-49	50:40.3	10:08/K
376	Erin Haygood	Hillsborough NC	3657	44	F	16 40-44	51:45.1	10:21/K



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377	Julia Haferman	Harrisburg NC	3667	35	F	21 35-39	52:11.8	10:26/K
378	Pete Haferman	Harrisburg NC	3615	62	M	5 55-99	52:13.4	10:27/K
379	David Fairbaugh	ATLANTA GA	3701	56	M	6 55-99	52:17.5	10:27/K
380	Phil Rose	Charlotte NC	3690	32	M	38 30-34	52:38.0	10:32/K
381	Wendy Adams	Rock Hill SC	3576	47	F	13 45-49	52:42.9	10:32/K
382	Whitney Michall	Union SC	1694	26	F	41 25-29	52:44.5	10:33/K
383	Niels Hansen	Matthews NC	3650	49	M	26 45-49	53:34.8	10:43/K
384	Aimee Wauters	Charlotte NC	3708	42	F	17 40-44	53:36.2	10:43/K
385	Karen Stone	Rock Hill SC	3672	52	F	4 50-54	54:32.5	10:54/K
386	Stephen Valis	Rock Hill SC	3630	53	M	10 50-54	54:32.6	10:54/K
387	Piper Stone	Rock Hill SC	3669	10	F	9 1-14	54:33.3	10:55/K
388	Chelsed Ecdao	Charlotte NC	1729	22	F	21 20-24	55:55.4	11:11/K
389	Catherine Fenton	Charlotte NC	3707	36	F	22 35-39	56:50.9	11:22/K
390	Elizabeth Benson	Charlotte NC	3671	54	F	5 50-54	58:13.3	11:39/K
391	Mario Aleman	Charlotte NC	3689	44	M	25 40-44	59:26.7	11:53/K
392	Matthew Gillette	Charlotte NC	3695	27	M	42 25-29	1:00:09.3	12:02/K
393	Margaret LeRoy	Charlotte NC	3448	61	F	3 55-99	1:01:05.9	12:13/K
394	Matt Macko	Charlotte NC	3549	34	M	39 30-34	1:03:50.5	12:46/K
395	Marc Handler	Huntersville NC	1699	40	M	26 40-44	1:03:51.6	12:46/K
396	David Johnson, Jr	Winston Salem NC	3702	39	M	41 35-39	1:08:07.8	13:37/K