

Frigid 5K Run & Plunge
Overall Results

Overall Results					
Name	Place	Gender	Age	Age Group	Gun Time
Matthew Longworth	1	M	32	M 31-35	17:04.0
Zack Capets	2	M	22	M 0-25	17:17.7
Colin Cronin	3	M	29	M 26-30	19:21.1
Matthew Bedinghaus	4	M	25	M 0-25	19:28.3
Chelsea Burfeind	5	F	26	F 26-30	20:02.0
Adam Gray	6	M	28	M 26-30	20:25.7
Jim DeMay	7	M	30	M 26-30	20:28.5
Maxwell Franks	8	M	19	M 0-25	20:40.5
Greg Schieve	9	M	36	M 36-40	20:44.2
Alex Fisher	10	M	20	M 0-25	20:48.9
JC Clark	11	M	34	M 31-35	21:02.5
Shaun Atkinson	12	M	30	M 26-30	21:08.1
Melissa Orr	13	F	33	F 31-35	21:09.1
Aaron Chan	14	M	37	M 36-40	21:14.2
Tim Slaughter	15	M	29	M 26-30	21:30.4
chassity keoprasureuth	16	F	27	F 26-30	21:33.4
Jake Gasparre	17	M	22	M 0-25	21:35.7
Chris Mertz	18	M	27	M 26-30	21:39.9
Daniel Melo	19	M	24	M 0-25	21:46.8
Wesley Bishop	20	M	31	M 31-35	21:55.8
Austin Gillis	21	M	16	M 0-25	21:58.0
Eric Enders	22	M	32	M 31-35	21:58.9
Andrew Carlin	23	M	19	M 0-25	22:00.5
Shannon Kay	24	F	18	F 0-25	22:00.5
Gregory Wilson	25	M	30	M 26-30	22:08.8
Adam Markiewicz	26	M	31	M 31-35	22:14.9
Craig Busch	27	M	44	M 41-45	22:23.9
Joseph Luciano	28	M	20	M 0-25	22:40.9
RONALD KMIECIK	29	M	38	M 36-40	22:45.1
Rachel Terrio	30	F	17	F 0-25	22:56.1
kevin Bartlett	31	M	32	M 31-35	22:56.7
Lindsey McCabe	32	F	32	F 31-35	22:57.4
Greg Reece	33	M	28	M 26-30	23:08.5
Kailee Erwin	34	F	12	F 0-25	23:12.6
Matt Austin	35	M	20	M 0-25	23:15.7
Ryan Link	36	M	27	M 26-30	23:19.2
Joshua Greene	37	M	28	M 26-30	23:32.3
Benjamin Schottenfels	38	M	29	M 26-30	23:40.6
Casey Ellis	39	M	43	M 41-45	23:42.4
amanda iannello	40	F	27	F 26-30	23:44.6
Richard Ayers	41	M	50	M 46-99	23:47.4
Brian Solomon	42	M	32	M 31-35	23:49.8
Erik Norberg	43	M	25	M 0-25	23:52.1
Alexis Knox	44	F	16	F 0-25	23:53.8
Leigh Northrup	45	M	38	M 36-40	23:55.3
Rick Orlofsky	46	M	32	M 31-35	23:55.8
Edwin Terrell	47	M	28	M 26-30	23:56.6
Heather Ruckterstuhl	48	F	43	F 41-45	23:57.7
Melissa Diamond	49	F	21	F 0-25	24:00.0
Robert Drury	50	M	36	M 36-40	24:04.7
Carl Zimmerman	51	M	28	M 26-30	24:08.7

Edward Peugh	52	M	32	M 31-35	24:12.0
Ian Hennessy	53	M	31	M 31-35	24:12.4
Shelley Suter	54	F	39	F 36-40	24:12.9
Skip Notte	55	M	37	M 36-40	24:13.3
Alec Fairbaugh	56	M	17	M 0-25	24:19.5
JP Calicdan	57	M	32	M 31-35	24:19.7
Michelle Ferguson	58	F	43	F 41-45	24:20.1
Kerry Ormond	59	M	40	M 36-40	24:21.8
Steven Shober	60	M	44	M 41-45	24:23.4
john Buter	61	M	32	M 31-35	24:28.0
Anna Lampley	62	F	26	F 26-30	24:29.9
Albert Oh	63	M	24	M 0-25	24:30.7
Russell LaBarge	64	M	25	M 0-25	24:32.9
Jason Kausch	65	M	40	M 36-40	24:34.7
Matt Herr	66	M	27	M 26-30	24:37.0
Heidi Nygaard	67	F	24	F 0-25	24:37.7
Stephanie Wilson	68	F	26	F 26-30	24:40.2
Jesica Bazela	69	F	32	F 31-35	24:44.2
Lee Schenck	70	M	56	M 46-99	24:51.8
Daniel Popov	71	M	34	M 31-35	24:56.9
William Chan	72	M	27	M 26-30	24:59.1
Desiree Lackey	73	F	30	F 26-30	25:02.2
Ryan Pellicone	74	M	24	M 0-25	25:07.3
Evan Landrum	75	M	24	M 0-25	25:09.2
Whitney Benfield	76	F	25	F 0-25	25:09.2
Mark Johnson	77	M	40	M 36-40	25:15.1
Wilson Fullagar	78	M	16	M 0-25	25:18.8
kathy Cross	79	F	47	F 46-99	25:21.6
Cami Bredeson	80	F	43	F 41-45	25:23.9
Jason Adams	81	M	36	M 36-40	25:26.7
Robert Campbell	82	M	52	M 46-99	25:28.6
Justin Ruszkowski	83	M	25	M 0-25	25:30.5
Logan Stephens	84	M	23	M 0-25	25:37.4
Stephen LaFleur	85	M	25	M 0-25	25:43.4
Dale mccormick	86	M	38	M 36-40	25:44.9
Danielle Selby	87	F	27	F 26-30	25:48.3
Steven Eagan	88	M	27	M 26-30	25:48.7
Corey Mendat	89	M	37	M 36-40	26:04.8
Bruce Holliday	90	M	56	M 46-99	26:05.2
Mayer Marc	91	M	35	M 31-35	26:08.2
Ryan Hess	92	M	21	M 0-25	26:08.8
James Contratto	93	M	32	M 31-35	26:10.2
Mark Doctor	94	M	43	M 41-45	26:13.3
gary rautenstrauch	95	M	59	M 46-99	26:18.1
Caroline Law	96	F	17	F 0-25	26:21.4
Ryan Bowerize	97	M	29	M 26-30	26:27.2
Bethany Popov	98	F	34	F 31-35	26:36.7
tom egan	99	M	38	M 36-40	26:39.7
Diane McClure	100	F	42	F 41-45	26:42.3
Peyton Wallace	101	M	11	M 0-25	26:42.7
Matthew Mahan	102	M	25	M 0-25	26:52.0
Kelly McMurtrie	103	F	23	F 0-25	26:55.1
Macy Shelton	104	F	14	F 0-25	26:59.5
Jeff Shelton	105	M	49	M 46-99	26:59.8
Amy DeCillis	106	F	15	F 0-25	27:11.1
Elizabeth Northrup	107	F	38	F 36-40	27:15.4

Andrew Santos	108	M	13	M 0-25	27:17.4
Diego Santos	109	M	43	M 41-45	27:18.4
Arricka Brouwer	110	F	39	F 36-40	27:20.6
Sarah Terrio	111	F	53	F 46-99	27:31.1
Brian Gross	112	M	38	M 36-40	27:35.7
Seth Utt	113	M	34	M 31-35	27:35.8
Beth Mincher	114	F	36	F 36-40	27:35.9
Elizabeth Shockey	115	F	31	F 31-35	27:39.8
Derek Pagani	116	M	28	M 26-30	27:44.4
Phillip Gardner	117	M	34	M 31-35	27:47.6
sean green	118	M	42	M 41-45	27:49.7
cameron nielsen	119	M	12	M 0-25	27:54.4
Ian Backes	120	M	31	M 31-35	27:58.1
Katerina Ehrlich Bonnevaux	121	F	33	F 31-35	27:58.4
NEERAJ ASHRI	122	M	41	M 41-45	27:59.7
Scott McElyea	123	M	31	M 31-35	28:00.5
Larry Blankenship	124	M	51	M 46-99	28:02.0
Samuel Walker	125	M	26	M 26-30	28:03.4
Frank Pagel	126	M	27	M 26-30	28:04.6
Lara Mikoleit	127	F	26	F 26-30	28:09.7
Jenifer Kay	128	F	47	F 46-99	28:12.4
Emma Ellis	129	F	11	F 0-25	28:14.8
David Griffin	130	M	44	M 41-45	28:15.1
Windy Fullagar	131	F	42	F 41-45	28:18.0
Jill Newcomb	132	F	27	F 26-30	28:19.2
Jack Fullagar	133	M	17	M 0-25	28:19.7
Amy Hunter	134	F	40	F 36-40	28:24.0
Zoe Newell	135	F	11	F 0-25	28:25.5
Linda Cho	136	F	25	F 0-25	28:26.3
James Pittman	137	M	25	M 0-25	28:29.7
Holly Horton	138	F	40	F 36-40	28:52.4
Beth Homyak	139	F	30	F 26-30	28:52.9
David ONeal	140	M	30	M 26-30	28:58.1
Christianna Bambini	141	F	15	F 0-25	29:00.0
Matt Virgil	142	M	25	M 0-25	29:05.2
Zachary Whiteman	143	M	19	M 0-25	29:07.8
Jacqueline Willis	144	F	29	F 26-30	29:09.3
Mychal Feeny	145	F	25	F 0-25	29:14.4
Christophor Sheridan	146	M	38	M 36-40	29:22.3
Kristi Conklin	147	F	22	F 0-25	29:22.5
stephanie champlin	148	F	23	F 0-25	29:22.9
jaymes rae	149	M	39	M 36-40	29:23.3
Charles Saxon	150	M	30	M 26-30	29:23.3
Jennifer Schexnayder	151	F	34	F 31-35	29:23.5
Rand Williams	152	F	22	F 0-25	29:24.5
Jordan Ledford	153	M	28	M 26-30	29:24.8
Tiffany Greene	154	F	26	F 26-30	29:37.4
Lynn Ramsey	155	F	52	F 46-99	29:39.5
Jennifer Ramsey	156	F	13	F 0-25	29:40.0
Jason Stallings	157	M	28	M 26-30	29:41.7
Kris Norberg	158	M	28	M 26-30	29:44.9
Andraya Vantrease	159	F	24	F 0-25	29:48.8
Brian Thee	160	M	42	M 41-45	29:52.2
Shannon Hubert	161	M	36	M 36-40	29:58.8
Sandra Peter	162	F	35	F 31-35	29:58.9
Brad Lipsey	163	M	27	M 26-30	30:04.6

brian eggers	164	M	26	M 26-30	30:05.1
Carrie Buckman	165	F	42	F 41-45	30:10.0
Michael Deep	166	M	36	M 36-40	30:10.8
Daniel Johnson	167	M	49	M 46-99	30:12.7
Philip Bridges	168	M	30	M 26-30	30:12.8
Tommy Crosby	169	M	33	M 31-35	30:14.0
Jeffrey Dunkel	170	M	37	M 36-40	30:19.8
Jay Allen	171	M	37	M 36-40	30:22.4
Jenny Mann	172	F	30	F 26-30	30:26.7
Stephanie Bush	173	F	29	F 26-30	30:29.7
Jennifer Burgos	174	F	41	F 41-45	30:34.6
JASON DOUGLAS	175	M	35	M 31-35	30:43.1
Carolyn Newell	176	F	34	F 31-35	30:54.2
Mila Pena	177	F	25	F 0-25	30:59.6
Carlo Martini	178	M	42	M 41-45	31:02.2
Matthew Anderson	179	M	43	M 41-45	31:04.7
Angeline Diamond	180	F	24	F 0-25	31:08.0
Tim Boyer	181	M	23	M 0-25	31:14.2
Rachel Daschler	182	F	29	F 26-30	31:15.6
Kellie Blankenship	183	F	43	F 41-45	31:21.6
Katie McIntosh	184	F	12	F 0-25	31:22.8
Alli McClure	185	F	13	F 0-25	31:25.3
Christina LuDack	186	F	24	F 0-25	31:26.4
Tiffany Wang	187	F	25	F 0-25	31:28.1
Miranda Yountz	188	F	33	F 31-35	31:34.4
Chris Yountz	189	M	33	M 31-35	31:34.5
Jason Boschan	190	M	34	M 31-35	31:36.9
kelly Grathwohl	191	F	34	F 31-35	31:39.7
Michelle McLellan	192	F	46	F 46-99	31:45.8
Scott Wheeler	193	M	23	M 0-25	31:49.5
Brandon Denney	194	M	25	M 0-25	32:00.5
Michael Branca	195	M	44	M 41-45	32:04.4
Tiffany Stebbins	196	F	30	F 26-30	32:07.2
Danelle Smith	197	F	27	F 26-30	32:07.7
Tamekia Foster	198	F	28	F 26-30	32:18.9
Alex Pachter	199	M	42	M 41-45	32:19.8
Caroline Combs	200	F	24	F 0-25	32:30.7
Parker Wallace	201	M	14	M 0-25	32:39.7
Brian Wallace	202	M	38	M 36-40	32:53.4
Jamie Duncan	203	F	26	F 26-30	32:55.7
John Duncan	204	M	24	M 0-25	32:55.7
Emily Rast	205	F	26	F 26-30	33:02.9
Randi Burroughs	206	F	25	F 0-25	33:03.3
Amber Wittmer	207	F	26	F 26-30	33:05.3
Catherine Woltz	208	F	26	F 26-30	33:10.7
Callie Cook	209	F	27	F 26-30	33:11.1
Roxana Popa	210	F	27	F 26-30	33:13.0
Kristin Eagan	211	F	38	F 36-40	33:14.2
jeremy novey	212	M	34	M 31-35	33:15.1
lisa karim	213	F	49	F 46-99	33:15.8
Joe Chiazza	214	M	31	M 31-35	33:27.1
Jennifer Tafoya	215	F	44	F 41-45	33:29.6
Hilary Tebeleff	216	F	23	F 0-25	33:31.2
Cindy Anderson	217	F	43	F 41-45	33:40.3
Lauren Cole	218	F	23	F 0-25	33:54.9
Denise Long	219	F	54	F 46-99	33:56.1

Myra Pachter	220	F	42	F 41-45	33:58.7
Stephanie Graham	221	F	45	F 41-45	33:59.3
Angela Parker	222	F	32	F 31-35	34:02.4
Kimberly Baur	223	F	26	F 26-30	34:08.5
Jean Eagan	224	F	62	F 46-99	34:11.1
Joe Herring	225	M	44	M 41-45	34:17.1
Glenn Nickerson	226	M	60	M 46-99	34:27.1
John Slaughter	227	M	58	M 46-99	34:36.6
Charlene Lee	228	F	41	F 41-45	34:40.5
Sonda Frattini	229	F	47	F 46-99	34:42.3
stephanie tamowicz	230	F	28	F 26-30	34:44.1
Name Unknown	231	M	44	M 41-45	34:45.3
Katherine Hackworth	232	F	23	F 0-25	34:49.4
Tonje Olsen	233	F	40	F 36-40	34:51.9
james janning	234	M	65	M 46-99	34:54.1
John DeLaGarza	235	M	45	M 41-45	35:05.4
Felicia Ambler	236	F	16	F 0-25	35:06.8
Cathy Howell	237	F	40	F 36-40	35:11.9
elena massimini	238	F	31	F 31-35	35:41.2
Clark Leonard	239	M	26	M 26-30	35:48.2
Alex Ramsey	240	M	20	M 0-25	35:59.4
Eric Fellner	241	M	20	M 0-25	36:03.8
Becky Bridges	242	F	29	F 26-30	36:07.8
Liz Ratliff	243	F	30	F 26-30	36:08.9
Jeni McDermott	244	F	26	F 26-30	36:22.8
Jodie Whittington	245	F	35	F 31-35	36:38.0
lacy camp	246	F	35	F 31-35	36:38.4
Nathan Gibby	247	M	46	M 46-99	36:41.6
Jessica Robinson	248	F	19	F 0-25	36:48.6
Kyle Larson	249	M	19	M 0-25	36:51.4
Cassie Dixon	250	F	25	F 0-25	36:57.7
Rob Boyer	251	M	56	M 46-99	37:10.5
David Weaver	252	M	46	M 46-99	37:18.4
Amber Earle	253	F	32	F 31-35	37:24.8
SONDRA MCKINNEY	254	F	30	F 26-30	37:32.2
Rebecca Ortiz	255	F	43	F 41-45	37:38.7
Elaine Feeny	256	F	27	F 26-30	37:44.3
Daphne Friday	257	F	57	F 46-99	37:52.6
Brian Matthews	258	M	30	M 26-30	38:02.2
Dusty Bredeson	259	M	49	M 46-99	38:15.4
kelli robinson	260	F	35	F 31-35	38:39.7
Alice Farmer	261	F	35	F 31-35	38:50.7
Sue Elchak	262	F	52	F 46-99	38:59.9
James Duke	263	M	41	M 41-45	39:09.1
Michael Luce	264	M	36	M 36-40	39:52.0
April Nichols	265	F	39	F 36-40	40:12.4
LATASHA DOUGLAS	266	F	31	F 31-35	40:39.3
Kathleen Langerman	267	F	37	F 36-40	41:03.8
Whittney Welborn	268	F	27	F 26-30	41:22.8
Julie Curlee	269	F	42	F 41-45	41:24.3
Bonnie Playko	270	F	31	F 31-35	41:33.8
Nick Playko	271	M	31	M 31-35	41:33.9
Frank Harrison	272	M	59	M 46-99	42:03.1
Debra Windley	273	F	56	F 46-99	42:04.3
Jennifer Cathcart	274	F	30	F 26-30	42:11.3
Joseph Cathcart	275	M	32	M 31-35	43:00.0

Marc Mayer	276	M	35	M 31-35	43:15.6
Joel Olsen	277	M	43	M 41-45	43:30.4
DIANA RODRIGUEZ	278	F	26	F 26-30	43:43.4
Stephanie Fridley	279	F	28	F 26-30	43:56.9
Jon Hindman	Time	M	30	M 26-30	45:00.0
Kevin Schultz	Time	M	45	M 41-45	45:00.0
Sarah Briggs	Time	F	27	F 26-30	45:00.0
Toni Rabb	Time	F	45	F 41-45	45:00.0
Tina Patterson	Time	F	55	F 46-99	45:00.0
John Cole	Time	M	45	M 41-45	45:00.0
Barbara Courts	Time	F	53	F 46-99	45:00.0
Ashley Patterson	Time	F	26	F 26-30	45:00.0
Kaiti Courts	Time	F	26	F 26-30	45:00.0
Henry Earle	Time	M	35	M 31-35	45:00.0
Christin Harrison	NA	F	32	F 31-35	Unread
Andrew Branca	NA	M	14	M 0-25	Unread
Daryan Rahimzadeh	NA	M	22	M 0-25	Unread
Adam Houston	NA	M	29	M 26-30	Unread
Samantha Woolery	NA	F	25	F 0-25	Unread
Paula Solano	NA	F	25	F 0-25	Unread
Christina Dunn	NA	F	29	F 26-30	Unread
Nathan McDonald	NA	M	26	M 26-30	Unread
Dean Perna	NA	M	49	M 46-99	Unread
Paarth Mehta	NA	M	23	M 0-25	Unread
Jesse Halstead	NA	F	30	F 26-30	Unread
Josee Farmer	NA	F	20	F 0-25	Unread
Derek Morrell	NA	M	26	M 26-30	Unread
Maggie Grace	NA	F	32	F 31-35	Unread
Craig Ashley	NA	M	39	M 36-40	Unread
carol ball	NA	F	58	F 46-99	Unread
Jordan Bertke	NA	M	30	M 26-30	Unread
Chris Ehrenfeld	NA	M	36	M 36-40	Unread
Ryan Feltman	NA	M	23	M 0-25	Unread
Taylor Ferguson	NA	F	16	F 0-25	Unread
Jason Dell	NA	M	37	M 36-40	Unread
Iman Donahee	NA	M	13	M 0-25	Unread
Aaron Chan	NA	M	37	M 36-40	Unread
John Gardner	NA	M	36	M 36-40	Unread
Greg Gelting	NA	M	40	M 36-40	Unread
James Grenier	NA	M	28	M 26-30	Unread
Jeremy Hall	NA	M	35	M 31-35	Unread
Lauren Heinauer	NA	F	28	F 26-30	Unread
Jetta Hendrix	NA	F	25	F 0-25	Unread
Jennifer Collins	NA	F	37	F 36-40	Unread
Bobby Collins	NA	M	38	M 36-40	Unread
Anne Goodson	NA	F	32	F 31-35	Unread
Kristi Conklin	NA	F	22	F 0-25	Unread
Nicole Creech	NA	F	33	F 31-35	Unread
Mark Weidert	NA	M	32	M 31-35	Unread
Sean Whittaker	NA	M	31	M 31-35	Unread
Laura Whittaker	NA	F	23	F 0-25	Unread
Gregory Wilson	NA	M	30	M 26-30	Unread
Derek Howell	NA	M	33	M 31-35	Unread
Chris Wright	NA	M	27	M 26-30	Unread
Tifini Isom	NA	F	37	F 36-40	Unread

Rick Miller	NA	M	49	M 46-99	Unread
leah karim	NA	F	21	F 0-25	Unread
Shannon Kay	NA	F	18	F 0-25	Unread
Rachel Terrio	NA	F	17	F 0-25	Unread
Hal Keener	NA	M	48	M 46-99	Unread
Brian Zapata	NA	M	32	M 31-35	Unread
Evelyn Zhang	NA	F	25	F 0-25	Unread
Lauren Johnson	NA	F	27	F 26-30	Unread
Christopher Long	NA	M	30	M 26-30	Unread
darlene janning	NA	F	58	F 46-99	Unread
Erika Moser	NA	F	27	F 26-30	Unread
Whitney Quinlan	NA	F	26	F 26-30	Unread
kurt nielsen	NA	M	43	M 41-45	Unread
Sara Charavell	NA	F	28	F 26-30	Unread
Olivia Campbell	NA	F	27	F 26-30	Unread
Michael Bifulco	NA	M	26	M 26-30	Unread

Bib No
602
258
281
227
246
349
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328
513
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218
469
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528
392
338
443
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231
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