

## Frigid 5K

Race Date

February 14, 2015

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Cody Hodgins	Cornelius NC	1403	25	M	1/57 25-29	15:10.7	3:02/K	
2	Landon Maxwell	Alexis NC	806	14	M	1/21 0-14	16:12.0	3:14/K	1:01.3
3	Yannick Fischbach	Simpsonville SC	1173	23	M	1/26 20-24	16:48.8	3:22/K	1:38.1
4	Cory Sundeen	Charlotte NC	1413	44	M	1/35 40-44	17:15.0	3:27/K	2:04.2
5	Janet Barry	Charlotte NC	789	24	F	1/43 20-24	18:05.1	3:37/K	
6	John Peters	Mooresville NC	1411	31	M	1/66 30-34	18:09.0	3:38/K	2:58.3
7	Zachary Hughes	Waxhaw NC	1386	31	M	2/66 30-34	18:27.0	3:41/K	3:16.3
8	Troy Lee	Charlotte NC	1362	28	M	2/57 25-29	18:40.9	3:44/K	3:30.1
9	Jake Elabdellaoui	Charlotte NC	1056	15	M	1/13 15-19	18:56.8	3:47/K	3:46.0
10	Paul Halaburda	Charlotte NC	1079	34	M	3/66 30-34	19:07.7	3:49/K	3:57.0
11	Molly Dedmon	Charlotte NC	1131	26	F	1/80 25-29	19:12.9	3:50/K	1:07.7
12	Carolyn Maye	Waxhaw NC	1107	26	F	2/80 25-29	19:15.5	3:51/K	1:10.3
13	Brian Granger Granger	charlotte NC	1166	29	M	3/57 25-29	19:20.5	3:52/K	4:09.7
14	Gregg Garrison	Cornelius NC	1328	39	M	1/45 35-39	19:23.4	3:53/K	4:12.6
15	Anthony Perry	Washington DC	817	33	M	4/66 30-34	19:26.6	3:53/K	4:15.8
16	Dean Otto	Charlotte NC	1078	49	M	1/17 45-49	19:27.3	3:53/K	4:16.6
17	John Callis	Charlotte NC	1408	21	M	2/26 20-24	19:41.7	3:56/K	4:30.9
18	GARRETT NELSON	charlotte NC	1277	45	M	2/17 45-49	19:42.9	3:56/K	4:32.1
19	Zachary Dawson	Huntersville NC	855	16	M	2/13 15-19	19:45.7	3:57/K	4:34.9
20	erick rose	cherryville NC	1017	41	M	2/35 40-44	19:49.5	3:58/K	4:38.7
21	Matthew Prokop	DUNCANSVILLE PA	1209	21	M	3/26 20-24	19:51.9	3:58/K	4:41.1
22	Wyatt Novak	Charlotte NC	865	14	M	2/21 0-14	19:52.1	3:58/K	4:41.3
23	Donald Randy	Charlotte NC	1400	30	M	5/66 30-34	19:54.3	3:59/K	4:43.5
24	Ian Kirkpatrick	Gastonia NC	1178	15	M	3/13 15-19	19:57.5	3:59/K	4:46.7
25	Mindy Stull	Troutman NC	1278	21	F	2/43 20-24	20:13.2	4:03/K	2:08.0
26	John Angelesco	Charlotte NC	790	22	M	4/26 20-24	20:15.1	4:03/K	5:04.4
27	Kirk Pinska	Concord NC	1138	50	M	1/15 50-54	20:19.7	4:04/K	5:08.9
28	Kevin List	Charlotte NC	810	31	M	6/66 30-34	20:23.1	4:05/K	5:12.3
29	Brian Niekraas	Charlotte NC	926	40	M	3/35 40-44	20:24.6	4:05/K	5:13.9
30	Jackson	Cornelius NC	1407	16	M	4/13 15-19	20:24.7	4:05/K	5:13.9
31	Jacob Cannegieter	Charlotte NC	1331	39	M	2/45 35-39	20:30.0	4:06/K	5:19.2
32	Dylan Boyle	Greenville SC	868	23	M	5/26 20-24	20:34.3	4:07/K	5:23.6
33	Richard Ayers	mooreville NC	800	52	M	2/15 50-54	20:40.2	4:08/K	5:29.5
34	Max Burger	charlotte NC	1021	15	M	5/13 15-19	20:44.4	4:09/K	5:33.6
35	levi whittal		1421	17	M	6/13 15-19	20:47.7	4:09/K	5:36.9
36	Alexandra Ramsey	Rock Hill SC	1172	22	F	3/43 20-24	20:55.6	4:11/K	2:50.4
37	Amanda Iannello	Charlotte NC	1156	29	F	3/80 25-29	21:02.0	4:12/K	2:56.8
38	Greg Wilson	Huntersville NC	1282	32	M	7/66 30-34	21:05.8	4:13/K	5:55.1
39	Wayne Moyers	Mount Holly NC	1322	27	M	4/57 25-29	21:07.3	4:13/K	5:56.5
40	Liam Huddy	Huntersville NC	846	16	M	7/13 15-19	21:10.1	4:14/K	5:59.3
41	Jacob Hilton	Charlotte NC	1289	28	M	5/57 25-29	21:11.4	4:14/K	6:00.7
42	Kent Lloyd	Charlotte NC	917	26	M	6/57 25-29	21:11.5	4:14/K	6:00.8
43	Alice Magnani	Charlotte NC	831	15	F	1/16 15-19	21:14.4	4:15/K	3:09.2
44	Nicholas Pienta	Charlotte NC	1257	19	M	8/13 15-19	21:15.5	4:15/K	6:04.8
45	Max Elabdellaoui	Charlotte NC	952	13	M	3/21 0-14	21:18.4	4:16/K	6:07.7
46	Darren Jones	Conover NC	1194	37	M	3/45 35-39	21:19.3	4:16/K	6:08.5
47	Judd Glasco	Fort mill SC	1213	33	M	8/66 30-34	21:26.3	4:17/K	6:15.6

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48	Jason Fishkin	Matthews NC	978	24	M	6/26 20-24	21:28.7	4:18/K	6:17.9
49	Adam Zelsdorf	Charlotte NC	837	31	M	9/66 30-34	21:32.0	4:18/K	6:21.3
50	Chris Allman	charlotte NC	1219	24	M	7/26 20-24	21:33.7	4:19/K	6:22.9
51	Kevin Dorst	Charlotte NC	1273	37	M	4/45 35-39	21:36.3	4:19/K	6:25.5
52	Kevin Spain	Charlotte NC	1204	28	M	7/57 25-29	21:40.2	4:20/K	6:29.5
53	michelle shope	newton NC	900	43	F	1/21 40-44	21:43.4	4:21/K	3:38.2
54	Nate Sapoch	Shelby NC	1269	29	M	8/57 25-29	21:45.6	4:21/K	6:34.8
55	Corey Estep	Columbus GA	1281	25	M	9/57 25-29	21:47.8	4:21/K	6:37.1
56	Bruce Adams	Alexis NC	1024	55	M	1/7 55-99	21:48.7	4:22/K	6:38.0
57	Dan Barrett	Gastonia NC	997	25	M	10/57 25-29	21:50.4	4:22/K	6:39.7
58	Matthew Kurzen	Huntersville NC	793	29	M	11/57 25-29	21:50.7	4:22/K	6:39.9
59	bob spence	matthews NC	1014	50	M	3/15 50-54	21:52.0	4:22/K	6:41.2
60	Austin Alexander	Charlotte NC	1416	24	F	4/43 20-24	22:00.1	4:24/K	3:54.9
61	Wes Dunaway		1417	34	M	10/66 30-34	22:03.4	4:25/K	6:52.6
62	Kyle Stickley	Charlotte NC	1284	27	M	12/57 25-29	22:04.5	4:25/K	6:53.7
63	Daniel Heilig	charlotte NC	1191	27	M	13/57 25-29	22:08.1	4:26/K	6:57.3
64	Mike Flanigan	Charlotte NC	957	29	M	14/57 25-29	22:09.7	4:26/K	6:59.0
65	Clint Byrd	Charlotte NC	998	33	M	11/66 30-34	22:10.6	4:26/K	6:59.9
66	Gustave Pizzuto	Aiken SC	1382	30	M	12/66 30-34	22:24.6	4:29/K	7:13.8
67	Lauren Rattenbury	Kannapolis NC	805	16	F	2/16 15-19	22:36.2	4:31/K	4:31.0
68	Greyson Kines	Belmont NC	1293	8	M	4/21 0-14	22:36.5	4:31/K	7:25.7
69	Gordon Wikle	Matthews NC	1110	33	M	13/66 30-34	22:37.7	4:31/K	7:26.9
70	Matt Thompson	Charlotte NC	802	34	M	14/66 30-34	22:39.4	4:32/K	7:28.6
71	jeff lak	MT HOLLY NC	931	37	M	5/45 35-39	22:39.6	4:32/K	7:28.8
72	Scott Lemos	Charlotte NC	1098	43	M	4/35 40-44	22:42.5	4:32/K	7:31.8
73	Zachary Higgins	Asheboro NC	1100	22	M	8/26 20-24	22:44.1	4:33/K	7:33.3
74	thomas novak	charlotte NC	909	25	M	15/57 25-29	22:45.2	4:33/K	7:34.5
75	hunter woods		1420	15	M	9/13 15-19	22:47.8	4:33/K	7:37.0
76	Jared Hanson	Fort Mill SC	996	37	M	6/45 35-39	22:48.6	4:34/K	7:37.8
77	James Wilkinson	Charlotte NC	883	28	M	16/57 25-29	22:53.5	4:35/K	7:42.8
78	Josh Glasco	Fort Mill SC	1215	31	M	15/66 30-34	22:53.9	4:35/K	7:43.2
79	Megan Granger	Charlotte NC	1165	29	F	4/80 25-29	23:03.3	4:37/K	4:58.2
80	Ed Coletti	Newton NC	1195	34	M	16/66 30-34	23:05.9	4:37/K	7:55.1
81	WILLIAM MILLER	GREENSBORO NC	1377	13	M	5/21 0-14	23:07.4	4:37/K	7:56.7
82	Matt Dubyoski	Charlotte NC	848	28	M	17/57 25-29	23:08.5	4:38/K	7:57.7
83	David Danforth	Charlotte NC	807	46	M	3/17 45-49	23:09.1	4:38/K	7:58.3
84	Jordan Doolittle	Charlotte NC	935	26	M	18/57 25-29	23:09.4	4:38/K	7:58.6
85	Corey Eaton	Charlotte NC	1007	35	M	7/45 35-39	23:10.0	4:38/K	7:59.3
86	Hailey Mathison	Matthews NC	1217	24	F	5/43 20-24	23:17.1	4:39/K	5:11.9
87	John Kines	Belmont NC	930	37	M	8/45 35-39	23:22.8	4:40/K	8:12.0
88	Amanda Orr	Waxhaw NC	863	39	F	1/31 35-39	23:23.4	4:41/K	5:18.2
89	Leigh Northrup	Concord NC	956	40	M	5/35 40-44	23:24.7	4:41/K	8:13.9
90	Mark Heckel	Gastonia NC	1054	44	M	6/35 40-44	23:27.9	4:41/K	8:17.1
91	Paul Borowicz	Charlotte NC	947	24	M	9/26 20-24	23:27.9	4:41/K	8:17.1
92	Scott Addison	Charlotte NC	1004	39	M	9/45 35-39	23:28.8	4:42/K	8:18.1
93	Jeannette Pantani	Charlotte NC	1314	47	F	1/18 45-49	23:28.9	4:42/K	5:23.8
94	Edward Przewdecki	Charlotte NC	821	29	M	19/57 25-29	23:29.9	4:42/K	8:19.1

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95	Nicholas Ertel	Charlotte NC	811	26	M	20/57 25-29	23:30.0	4:42/K	8:19.3
96	Bryan Luther	Fort Mill SC	941	28	M	21/57 25-29	23:30.6	4:42/K	8:19.8
97	James Foster	Charlotte NC	1199	27	M	22/57 25-29	23:33.0	4:43/K	8:22.2
98	Rachel Rosinski	Huntersville NC	1248	36	F	2/31 35-39	23:33.8	4:43/K	5:28.6
99	Brad Miller	GREENSBORO NC	1380	41	M	7/35 40-44	23:36.4	4:43/K	8:25.6
100	Edward Pillow	Bessemer City NC	1405	42	M	8/35 40-44	23:39.3	4:44/K	8:28.5
101	Ethan Ebbighausen	Raleigh NC	985	12	M	6/21 0-14	23:39.4	4:44/K	8:28.7
102	Lee Schenck	Lexington NC	1212	58	M	2/7 55-99	23:41.9	4:44/K	8:31.1
103	Brett Wilkinson	Matthews NC	968	24	M	10/26 20-24	23:45.4	4:45/K	8:34.6
104	Megan Rupp	Statesville NC	1383	17	F	3/16 15-19	23:46.1	4:45/K	5:41.0
105	Jesse Cunningham	Charlotte NC	1271	23	M	11/26 20-24	23:50.0	4:46/K	8:39.2
106	Omar Paulino	Charlotte NC	1011	20	M	12/26 20-24	23:50.6	4:46/K	8:39.8
107	Nicole Ellis	Charlotte NC	1106	29	F	5/80 25-29	23:56.9	4:47/K	5:51.7
108	Lauren Bennett	Charlotte NC	913	24	F	6/43 20-24	23:58.0	4:48/K	5:52.9
109	Peter Fulton	Charlotte NC	1162	29	M	23/57 25-29	23:58.1	4:48/K	8:47.3
110	Timothy Bush	Cornelius NC	1256	38	M	10/45 35-39	24:02.1	4:48/K	8:51.3
111	Jake Stout	Matthews NC	1285	50	M	4/15 50-54	24:06.8	4:49/K	8:56.0
112	Stephanie Jacobs	Concord NC	851	28	F	6/80 25-29	24:07.4	4:49/K	6:02.2
113	Scott Green	Inman SC	1234	28	M	24/57 25-29	24:12.6	4:50/K	9:01.8
114	Trey Knight	Charlotte NC	1163	34	M	17/66 30-34	24:12.7	4:50/K	9:01.9
115	Dulce Giermanski	Belmont NC	951	20	F	7/43 20-24	24:18.0	4:52/K	6:12.8
116	Elizabeth Northrup	Concord NC	955	40	F	2/21 40-44	24:18.2	4:52/K	6:13.0
117	Kristen Dukes	monkton MD	1050	22	F	8/43 20-24	24:18.6	4:52/K	6:13.5
118	Kelly Mullican	Charlotte NC	905	25	F	7/80 25-29	24:19.3	4:52/K	6:14.1
119	Steven Cow	Aiken SC	1409	47	M	4/17 45-49	24:24.9	4:53/K	9:14.2
120	Will Borin	Charlotte NC	1414	18	M	10/13 15-19	24:25.0	4:53/K	9:14.2
121	audrey trollinger	Charlotte NC	788	17	F	4/16 15-19	24:25.1	4:53/K	6:19.9
122	Julie Steveson	Charlotte NC	915	25	F	8/80 25-29	24:28.5	4:54/K	6:23.3
123	Ronald Rhodes	Bessemer City NC	969	39	M	11/45 35-39	24:30.1	4:54/K	9:19.3
124	Kyle Davidson	Kannapolis NC	1406	26	M	25/57 25-29	24:30.7	4:54/K	9:19.9
125	Anna Thompson	Charlotte NC	1393	24	F	9/43 20-24	24:31.1	4:54/K	6:25.9
126	Michael Better	Charlotte NC	1318	41	M	9/35 40-44	24:31.3	4:54/K	9:20.5
127	Jessica Wynblatt	Mooresville NC	979	14	F	1/16 0-14	24:34.5	4:55/K	6:29.3
128	Chris Murnyn	Charlotte NC	1265	30	M	18/66 30-34	24:34.6	4:55/K	9:23.8
129	Dakota Swaney	Liberty NC	1099	20	M	13/26 20-24	24:35.5	4:55/K	9:24.8
130	Rachel Harden	Charlotte NC	1184	26	F	9/80 25-29	24:36.0	4:55/K	6:30.8
131	Randy Cockerham	Charlotte NC	1130	61	M	3/7 55-99	24:37.7	4:55/K	9:27.0
132	christian hunt	Charlotte NC	1164	25	M	26/57 25-29	24:40.3	4:56/K	9:29.5
133	Chris Chandler	Charlotte NC	1179	34	M	19/66 30-34	24:40.3	4:56/K	9:29.6
134	Jarrett Hunt	Charlotte NC	1197	35	M	12/45 35-39	24:40.5	4:56/K	9:29.7
135	Kyle Yonce	Charlotte NC	1332	31	M	20/66 30-34	24:41.2	4:56/K	9:30.4
136	Stephanie Kelly	Charlotte NC	1020	23	F	10/43 20-24	24:43.1	4:57/K	6:37.9
137	Kaleb Greenan	Fort Mill SC	901	37	M	13/45 35-39	24:44.7	4:57/K	9:34.0
138	Barnaby Keller	Cornelius NC	1391	39	M	14/45 35-39	24:49.4	4:58/K	9:38.7
139	kelly robinson	huntersville NC	862	36	M	15/45 35-39	24:49.8	4:58/K	9:39.0
140	Alysha Demeri	Charlotte NC	1149	25	F	10/80 25-29	24:54.7	4:59/K	6:49.6
141	Ken Mikami	Charlotte NC	989	31	M	21/66 30-34	24:56.4	4:59/K	9:45.6

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142	Savannah Sill	Fort Mill SC	902	23	F	11/43 20-24	25:00.5	5:00/K	6:55.3
143	Monique Ryan	Charlotte NC	876	29	F	11/80 25-29	25:03.7	5:01/K	6:58.5
144	Leslie Lewis	Greenville NC	1397	35	F	3/31 35-39	25:04.5	5:01/K	6:59.3
145	Ian Baker	charlotte NC	819	16	M	11/13 15-19	25:05.0	5:01/K	9:54.2
146	Samantha Smith	Albemarle NC	892	30	F	1/36 30-34	25:07.6	5:01/K	7:02.4
147	Holly Horton	Norwood NC	891	42	F	3/21 40-44	25:07.6	5:01/K	7:02.4
148	Jason Bree	Charlotte NC	911	24	M	14/26 20-24	25:07.9	5:01/K	9:57.2
149	John Elkins	charlotte NC	914	26	M	27/57 25-29	25:08.1	5:02/K	9:57.4
150	Anna Lampley	Monroe NC	963	28	F	12/80 25-29	25:10.9	5:02/K	7:05.8
151	Elizabeth Angstadt	Charlotte NC	1337	31	F	2/36 30-34	25:11.1	5:02/K	7:06.0
152	Ashley Warren	Dallas NC	977	39	F	4/31 35-39	25:13.1	5:03/K	7:08.0
153	Grayson Shephard	Charlotte NC	1182	26	M	28/57 25-29	25:14.1	5:03/K	10:03.3
154	Greg Badway	Huntersville NC	1032	48	M	5/17 45-49	25:15.2	5:03/K	10:04.5
155	Alex Iagnocco	Raleigh NC	932	24	M	15/26 20-24	25:16.5	5:03/K	10:05.8
156	Amanda Lampley	Monroe NC	1018	32	F	3/36 30-34	25:16.9	5:03/K	7:11.8
157	Christopher Heckel	Gastonia NC	1055	13	M	7/21 0-14	25:17.3	5:03/K	10:06.6
158	Terez Malka	Charlotte NC	1205	33	F	4/36 30-34	25:17.3	5:03/K	7:12.2
159	Alexander Jones	Rock Hill SC	1404	14	M	8/21 0-14	25:18.1	5:04/K	10:07.4
160	Dustin Stancil	Waxhaw NC	1136	35	M	16/45 35-39	25:19.3	5:04/K	10:08.5
161	Jennifer Muckley	Huntersville NC	1137	31	F	5/36 30-34	25:19.4	5:04/K	7:14.2
162	Erin McNeely	Charlotte NC	1210	24	F	12/43 20-24	25:19.8	5:04/K	7:14.6
163	Catie Collins	Charlotte NC	849	27	F	13/80 25-29	25:20.0	5:04/K	7:14.8
164	Matt Hovis	Lincolnton NC	1254	26	M	29/57 25-29	25:21.0	5:04/K	10:10.3
165	lindsay wise	Charlotte NC	1109	33	F	6/36 30-34	25:21.0	5:04/K	7:15.9
166	Caitlin Ormond	Mooresville NC	869	14	F	2/16 0-14	25:25.6	5:05/K	7:20.4
167	Laura Jepsen	Charlotte NC	1207	24	F	13/43 20-24	25:28.8	5:06/K	7:23.6
168	Victor Bukowski	Charlotte NC	1208	26	M	30/57 25-29	25:28.8	5:06/K	10:18.1
169	isabel radebaugh	Lincolnton NC	1049	13	F	3/16 0-14	25:32.6	5:06/K	7:27.4
170	John Hall	Charlotte NC	1402	44	M	10/35 40-44	25:32.6	5:06/K	10:21.8
171	Madeline Morgan	Charlotte NC	803	24	F	14/43 20-24	25:32.8	5:06/K	7:27.6
172	Sean Ryan	Charlotte NC	877	37	M	17/45 35-39	25:34.1	5:07/K	10:23.3
173	Ryan Bowerize	Charlotte NC	1063	31	M	22/66 30-34	25:41.3	5:08/K	10:30.6
174	Melissa Budd	Charlotte NC	991	26	F	14/80 25-29	25:42.2	5:08/K	7:37.1
175	Ryne Carson	Charlotte NC	854	24	M	16/26 20-24	25:45.2	5:09/K	10:34.4
176	Jerrell Swepson	Matthews NC	844	29	M	31/57 25-29	25:47.8	5:09/K	10:37.0
177	Jack Fernandez	charlotte NC	954	14	M	9/21 0-14	25:48.1	5:10/K	10:37.3
178	Matt Weber	Charlotte NC	1066	14	M	10/21 0-14	25:50.1	5:10/K	10:39.3
179	Josh Greene	Charlotte NC	1351	30	M	23/66 30-34	25:51.1	5:10/K	10:40.4
180	Iker Maruri	Belmont NC	1253	36	M	18/45 35-39	25:52.4	5:10/K	10:41.6
181	Jennifer Leung	Charlotte NC	1283	26	F	15/80 25-29	25:52.9	5:10/K	7:47.7
182	samantha vodopia	Acworth GA	1226	22	F	15/43 20-24	25:53.3	5:11/K	7:48.1
183	Paul Bronkhorst	Charlotte NC	1186	40	M	11/35 40-44	25:53.7	5:11/K	10:43.0
184	Natalie Otoya	Charlotte NC	1368	32	F	7/36 30-34	25:53.9	5:11/K	7:48.7
185	Ryan McGrann	Charlotte NC	1367	31	M	24/66 30-34	25:54.4	5:11/K	10:43.6
186	Brad Linkenhoker	Charlotte NC	1330	33	M	25/66 30-34	25:54.7	5:11/K	10:44.0
187	James Thullbery	Charlotte NC	1261	31	M	26/66 30-34	25:56.9	5:11/K	10:46.2
188	Diette Nazario	Charlotte NC	1260	38	F	5/31 35-39	25:57.1	5:11/K	7:52.0

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189	david page	concord NC	1227	25	M	32/57 25-29	25:57.9	5:11/K	10:47.1
190	Jenny Eastman	Charlotte NC	1203	42	F	4/21 40-44	25:58.4	5:12/K	7:53.3
191	DANIEL EGGE	lake wylie SC	988	28	M	33/57 25-29	26:01.0	5:12/K	10:50.3
192	Megan McFarling	hope mills NC	1280	26	F	16/80 25-29	26:08.7	5:14/K	8:03.5
193	Jarrid Danburg	Charlotte NC	879	35	M	19/45 35-39	26:10.5	5:14/K	10:59.7
194	Gary Nash	York SC	1365	52	M	5/15 50-54	26:11.3	5:14/K	11:00.5
195	Laura Dunlap	Charlotte NC	808	41	F	5/21 40-44	26:12.4	5:14/K	8:07.2
196	Sierra frank	rock hill SC	1044	25	F	17/80 25-29	26:14.4	5:15/K	8:09.3
197	Conrad Martin	Shelby NC	949	48	M	6/17 45-49	26:14.8	5:15/K	11:04.0
198	macy shelton	charlotte NC	973	16	F	5/16 15-19	26:16.2	5:15/K	8:11.1
199	John Deleski	Charlotte NC	1236	44	M	12/35 40-44	26:17.1	5:15/K	11:06.4
200	jeff shelton	charlotte NC	972	51	M	6/15 50-54	26:17.2	5:15/K	11:06.4
201	Lucas Crumpton	Charlotte NC	1031	25	M	34/57 25-29	26:18.8	5:16/K	11:08.1
202	Kayla Prince	Indian Trail NC	1077	14	F	4/16 0-14	26:20.3	5:16/K	8:15.2
203	Matt Arnold		1419	27	M	35/57 25-29	26:20.9	5:16/K	11:10.1
204	Karl Wagner	Charlotte NC	799	32	M	27/66 30-34	26:22.7	5:16/K	11:11.9
205	Brendan O'Donnell	Charlotte NC	1211	40	M	13/35 40-44	26:23.9	5:17/K	11:13.1
206	Robert Repass Jr	Mooresville NC	1335	50	M	7/15 50-54	26:25.8	5:17/K	11:15.1
207	Laurel Eberle	Cornelius NC	1298	24	F	16/43 20-24	26:26.1	5:17/K	8:20.9
208	Daniel Abbott	Charlotte NC	1071	9	M	11/21 0-14	26:26.6	5:17/K	11:15.8
209	Zachary Spicer	Charlotte NC	1081	9	M	12/21 0-14	26:27.7	5:17/K	11:16.9
210	Lisa Brannan	Stanley NC	1329	48	F	2/18 45-49	26:28.2	5:18/K	8:23.0
211	joseph post	indian trail NC	878	28	M	36/57 25-29	26:28.7	5:18/K	11:17.9
212	Darek Burns	Mint Hill NC	895	41	M	14/35 40-44	26:31.5	5:18/K	11:20.8
213	Courtney Fulton	Charlotte NC	1161	28	F	18/80 25-29	26:32.8	5:18/K	8:27.7
214	Keith Burns	Charlotte NC	860	35	M	20/45 35-39	26:36.6	5:19/K	11:25.8
215	Timothy Hall	Charlotte NC	916	42	M	15/35 40-44	26:37.6	5:19/K	11:26.9
216	Rich Angstadt	Charlotte NC	1336	35	M	21/45 35-39	26:38.1	5:20/K	11:27.4
217	greg martisauski	charlotte NC	1338	40	M	16/35 40-44	26:38.3	5:20/K	11:27.6
218	Melissa Brown	Charlotte NC	1372	40	F	6/21 40-44	26:39.4	5:20/K	8:34.2
219	Bridget McClellan	Huntersville NC	1039	30	F	8/36 30-34	26:39.5	5:20/K	8:34.3
220	jeff smith	charlotte NC	898	49	M	7/17 45-49	26:40.8	5:20/K	11:30.0
221	Delton Mason	Rock Hill SC	942	33	M	28/66 30-34	26:44.4	5:21/K	11:33.7
222	Robert Evans	Charlotte NC	1057	31	M	29/66 30-34	26:45.1	5:21/K	11:34.4
223	Cait Baker	charlotte NC	820	22	F	17/43 20-24	26:47.1	5:21/K	8:41.9
224	Mike Baker	charlotte NC	812	50	M	8/15 50-54	26:48.4	5:22/K	11:37.7
225	Andi Fitzgibbon	Stow OH	1084	24	F	18/43 20-24	26:54.2	5:23/K	8:49.1
226	Kaci Fitzgibbon	Kent OH	1085	21	F	19/43 20-24	26:54.4	5:23/K	8:49.2
227	Alex Kalouris	Charlotte NC	1401	27	M	37/57 25-29	26:55.9	5:23/K	11:45.1
228	Christine Cockerham	Charlotte NC	1129	53	F	1/4 50-54	26:59.1	5:24/K	8:53.9
229	Jaclyn Paryz	Huntersville NC	798	29	F	19/80 25-29	26:59.5	5:24/K	8:54.3
230	Kim White	Charlotte NC	1090	25	F	20/80 25-29	27:05.6	5:25/K	9:00.4
231	Anthony Darr	Charlotte NC	933	34	M	30/66 30-34	27:07.6	5:25/K	11:56.9
232	Robert Barden	Charlotte NC	1134	40	M	17/35 40-44	27:12.7	5:26/K	12:02.0
233	Jim Garnham	Charlotte NC	1135	30	M	31/66 30-34	27:12.8	5:26/K	12:02.0
234	paula martisauski	charlotte NC	1339	36	F	6/31 35-39	27:14.1	5:27/K	9:08.9
235	Gordon Semeniuk	Charlotte NC	922	55	M	4/7 55-99	27:21.1	5:28/K	12:10.3

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236	Brian Robinson	Belmont NC	1180	33	M	32/66 30-34	27:22.7	5:28/K	12:11.9
237	Matthew Dolan	Charlotte NC	1183	26	M	38/57 25-29	27:22.8	5:28/K	12:12.0
238	Nate Eichinger	Huntersville NC	856	27	M	39/57 25-29	27:24.4	5:29/K	12:13.7
239	Clay Hamrick	Mount holly NC	1052	32	M	33/66 30-34	27:25.0	5:29/K	12:14.2
240	Sara Eichinger	Huntersville NC	857	27	F	21/80 25-29	27:25.2	5:29/K	9:20.1
241	Jodi Wynblatt	Mooresville NC	980	46	F	3/18 45-49	27:25.4	5:29/K	9:20.2
242	Eric Smallwood	Concord NC	1292	29	M	40/57 25-29	27:25.6	5:29/K	12:14.9
243	Rachel Wheeler	Mount holly NC	1053	24	F	20/43 20-24	27:25.9	5:29/K	9:20.7
244	Olivia Smallwood	Concord NC	1291	29	F	22/80 25-29	27:26.1	5:29/K	9:21.0
245	Nate Ringenberg	Charlotte NC	1108	27	M	41/57 25-29	27:28.5	5:30/K	12:17.8
246	Cindy Anderson	Huntersville NC	1189	45	F	4/18 45-49	27:34.8	5:31/K	9:29.7
247	Hannah Wheeler	Jonesborough TN	1074	26	F	23/80 25-29	27:35.9	5:31/K	9:30.7
248	Chris Goodson	Fort Mill SC	1102	35	M	22/45 35-39	27:38.0	5:32/K	12:27.2
249	Anne Goodson	Fort Mill SC	1101	34	F	9/36 30-34	27:38.2	5:32/K	9:33.0
250	Christina Adams	Charlotte NC	959	23	F	21/43 20-24	27:38.7	5:32/K	9:33.5
251	Matthew Anderson	Huntersville NC	1190	45	M	8/17 45-49	27:39.0	5:32/K	12:28.3
252	Joanna Hovis	Lincolnton NC	1255	25	F	24/80 25-29	27:40.2	5:32/K	9:35.0
253	Lauren Sapoch	Shelby NC	1268	26	F	25/80 25-29	27:41.2	5:32/K	9:36.0
254	Matt Hruslinski	Burlington NC	1157	33	M	34/66 30-34	27:41.5	5:32/K	12:30.8
255	James Chatigny	charlotte NC	1158	10	M	13/21 0-14	27:41.7	5:32/K	12:31.0
256	Brad Chatigny	Charlotte NC	1159	40	M	18/35 40-44	27:41.9	5:32/K	12:31.2
257	James Spicer	Charlotte NC	1082	41	M	19/35 40-44	27:50.5	5:34/K	12:39.8
258	Teri Haines	Charlotte NC	1177	37	F	7/31 35-39	27:51.7	5:34/K	9:46.5
259	Jeremiah Haines	Charlotte NC	1176	36	M	23/45 35-39	27:51.7	5:34/K	12:41.0
260	Melinda Vasconcellos	Waxhaw NC	1105	22	F	22/43 20-24	27:53.9	5:35/K	9:48.7
261	Nicholas Harrison	Charlotte NC	834	12	M	14/21 0-14	27:54.4	5:35/K	12:43.7
262	Clay Durham	Charlotte NC	1155	31	M	35/66 30-34	27:55.7	5:35/K	12:44.9
263	Jennifer Kelso	Charlotte NC	815	47	F	5/18 45-49	27:56.0	5:35/K	9:50.9
264	Alyson King	Charlotte NC	1275	21	F	23/43 20-24	27:56.4	5:35/K	9:51.2
265	Irene Puckett	Davidson NC	794	20	F	24/43 20-24	27:57.0	5:35/K	9:51.8
266	Tim Boone	Huntersville NC	990	44	M	20/35 40-44	27:57.2	5:35/K	12:46.4
267	Robert Moran	Concord NC	1295	29	M	42/57 25-29	27:58.9	5:36/K	12:48.1
268	Kate Milstead	Charlotte NC	888	28	F	26/80 25-29	28:00.5	5:36/K	9:55.3
269	rebecca shelton	charlotte NC	974	49	F	6/18 45-49	28:01.5	5:36/K	9:56.4
270	Kristin Moody	Charlotte NC	1230	25	F	27/80 25-29	28:02.1	5:36/K	9:56.9
271	Jill Newcomb	Cornelius NC	1174	29	F	28/80 25-29	28:09.4	5:38/K	10:04.3
272	Scott Perong	Monroe NC	1200	49	M	9/17 45-49	28:16.9	5:39/K	13:06.1
273	Kristen Munns	Charlotte NC	1320	28	F	29/80 25-29	28:17.5	5:39/K	10:12.3
274	Mila Pena	Charlotte NC	1067	27	F	30/80 25-29	28:18.7	5:40/K	10:13.5
275	Andrew Sincock	Huntersville NC	823	50	M	9/15 50-54	28:21.8	5:40/K	13:11.0
276	Sarah Helms	Huntersville NC	1118	26	F	31/80 25-29	28:24.7	5:41/K	10:19.5
277	Chad Allen	Charlotte NC	1133	26	M	43/57 25-29	28:26.5	5:41/K	13:15.7
278	Linda Griffin	Concord NC	1175	52	F	2/4 50-54	28:26.6	5:41/K	10:21.5
279	Laura Hernandez	Charlotte NC	1012	19	F	6/16 15-19	28:28.9	5:42/K	10:23.7
280	Joshua Banning	Charlotte NC	1198	32	M	36/66 30-34	28:30.6	5:42/K	13:19.8
281	Tony DiGiacomo	Charlotte NC	852	39	M	24/45 35-39	28:36.4	5:43/K	13:25.7
282	Liz Smith	Cornelius NC	961	25	F	32/80 25-29	28:37.3	5:43/K	10:32.1

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283	Kandace Kiosse	Boiling Springs SC	832	21	F	25/43 20-24	28:39.8	5:44/K	10:34.6
284	George Estepp	Boiling Springs SC	833	23	M	17/26 20-24	28:39.8	5:44/K	13:29.1
285	Jeff Dunkel	Rock hill SC	1036	39	M	25/45 35-39	28:41.3	5:44/K	13:30.6
286	sharon van poole	matthews NC	1299	45	F	7/18 45-49	28:42.5	5:44/K	10:37.3
287	Pam Zoldowski	Pineville NC	828	47	F	8/18 45-49	28:44.4	5:45/K	10:39.3
288	Bill Woods	Dallas NC	976	43	M	21/35 40-44	28:46.1	5:45/K	13:35.3
289	John Caperna	Mooresville NC	1315	30	M	37/66 30-34	28:49.1	5:46/K	13:38.3
290	Joe Caperna	Carthage NC	1263	32	M	38/66 30-34	28:49.2	5:46/K	13:38.4
291	Jessica Jagacki	Mooresville NC	964	26	F	33/80 25-29	28:51.8	5:46/K	10:46.6
292	Brent Tingle	Charlotte NC	1128	42	M	22/35 40-44	28:52.3	5:46/K	13:41.5
293	Brayden Davis	Denver NC	945	11	M	15/21 0-14	28:53.1	5:47/K	13:42.3
294	Bethany Popov	Rock Hill SC	1312	36	F	8/31 35-39	28:54.0	5:47/K	10:48.9
295	Thomas Bush		1418	53	M	10/15 50-54	28:55.6	5:47/K	13:44.8
296	Albert White	Charlotte NC	1394	39	M	26/45 35-39	28:56.9	5:47/K	13:46.1
297	Amanda Rock	Charlotte NC	1120	16	F	7/16 15-19	28:57.8	5:47/K	10:52.7
298	Mark McMahan	Rutherfordton NC	884	45	M	10/17 45-49	29:05.7	5:49/K	13:54.9
299	Katie Moore	Concord NC	1303	19	F	8/16 15-19	29:05.7	5:49/K	11:00.6
300	John Ebbighausen	Raleigh NC	986	44	M	23/35 40-44	29:06.2	5:49/K	13:55.5
301	Whitney Levis	Charlotte NC	797	26	F	34/80 25-29	29:06.9	5:49/K	11:01.7
302	Stephen Grassel	Charlotte NC	1410	23	M	18/26 20-24	29:10.1	5:50/K	13:59.4
303	Daniel Grassel	Charlotte NC	1279	24	M	19/26 20-24	29:10.4	5:50/K	13:59.6
304	Adrien Savariego	Charlotte NC	984	33	M	39/66 30-34	29:11.7	5:50/K	14:00.9
305	Kasi Browning	Newton NC	1262	25	F	35/80 25-29	29:16.7	5:51/K	11:11.5
306	Mark Burns	Davidson NC	928	30	M	40/66 30-34	29:17.4	5:51/K	14:06.6
307	Mackenzie Light	Charlotte NC	825	28	F	36/80 25-29	29:18.0	5:52/K	11:12.9
308	jennifer radebaugh	lincolnton NC	1047	43	F	7/21 40-44	29:18.1	5:52/K	11:12.9
309	galen radebaugh	lincolnton NC	1048	49	M	11/17 45-49	29:18.8	5:52/K	14:08.0
310	Bradley Gallaher	Charlotte NC	824	32	M	41/66 30-34	29:19.0	5:52/K	14:08.3
311	Kally Kowalski	Matthews NC	960	53	F	3/4 50-54	29:21.1	5:52/K	11:16.0
312	Joel Dinkel	Charlotte NC	1096	33	M	42/66 30-34	29:21.7	5:52/K	14:10.9
313	william kowalski	matthews NC	882	60	M	5/7 55-99	29:21.9	5:52/K	14:11.2
314	Daciay Quenah	Charlotte NC	1192	26	F	37/80 25-29	29:22.4	5:52/K	11:17.2
315	Brandon Villalobos	Asheville NC	881	33	M	43/66 30-34	29:24.1	5:53/K	14:13.4
316	Emily McKee	Charlotte NC	809	19	F	9/16 15-19	29:26.7	5:53/K	11:21.5
317	Hannah Green	Inman SC	1235	27	F	38/80 25-29	29:28.0	5:54/K	11:22.8
318	Hannah Smith	Rock Hill SC	1046	25	F	39/80 25-29	29:28.7	5:54/K	11:23.5
319	Charley Trask	Pineville NC	1343	33	M	44/66 30-34	29:28.8	5:54/K	14:18.0
320	TJ Wyatt	Greenwood SC	1028	27	M	44/57 25-29	29:30.2	5:54/K	14:19.4
321	Mary Knight	Gastonia NC	1167	25	F	40/80 25-29	29:32.4	5:54/K	11:27.2
322	Betsy Shores	Cornelius NC	1342	34	F	10/36 30-34	29:32.7	5:54/K	11:27.6
323	Tommy Shores	Cornelius NC	1341	38	M	27/45 35-39	29:35.2	5:55/K	14:24.5
324	Jason Robinson	Charlotte NC	1073	36	M	28/45 35-39	29:38.5	5:56/K	14:27.7
325	James Klein	Fort Mill SC	1060	31	M	45/66 30-34	29:38.9	5:56/K	14:28.2
326	Dylan Willis	Charlotte NC	938	30	M	46/66 30-34	29:39.7	5:56/K	14:29.0
327	Jane McLaughlin	Huntersville NC	1083	23	F	26/43 20-24	29:45.3	5:57/K	11:40.2
328	Bryan Harbin	charlotte NC	1116	32	M	47/66 30-34	29:45.8	5:57/K	14:35.1
329	John Pilkington	Belmont NC	992	33	M	48/66 30-34	29:48.4	5:58/K	14:37.7

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330	Jaimee Marinke	Belmont NC	993	31	F	11/36 30-34	29:48.5	5:58/K	11:43.3
331	Jeffrey Harbin	charlotte NC	1115	60	M	6/7 55-99	29:51.5	5:58/K	14:40.7
332	Michael Peters	Mooresville NC	872	27	M	45/57 25-29	29:52.3	5:58/K	14:41.5
333	Mike Bifulco	Charlotte NC	1422	28	M	46/57 25-29	29:54.7	5:59/K	14:44.0
334	Graham Kines	Belmont NC	929	7	M	16/21 0-14	29:55.5	5:59/K	14:44.7
335	Jennifer Deleski	Charlotte NC	1237	37	F	9/31 35-39	29:55.6	5:59/K	11:50.4
336	Daniel Popov	Rock Hill SC	1313	36	M	29/45 35-39	30:01.1	6:00/K	14:50.3
337	Neill Hines	Charlotte NC	936	52	M	11/15 50-54	30:02.3	6:00/K	14:51.5
338	Julia Cantalupo	Charlotte NC	1415	16	F	10/16 15-19	30:03.8	6:01/K	11:58.6
339	Laura Clark	Charlotte NC	1258	38	F	10/31 35-39	30:04.5	6:01/K	11:59.3
340	Nathan Clark	Charlotte NC	1259	38	M	30/45 35-39	30:04.7	6:01/K	14:54.0
341	Ashley Lopez	Cramerton NC	796	21	F	27/43 20-24	30:09.9	6:02/K	12:04.7
342	alexandra cadwalader	GLADWYNE PA	818	28	F	41/80 25-29	30:11.6	6:02/K	12:06.5
343	Sarah Quigley	Haverford PA	816	29	F	42/80 25-29	30:11.8	6:02/K	12:06.6
344	Amanda Burmeister	Charlotte NC	1239	30	F	12/36 30-34	30:18.3	6:04/K	12:13.1
345	Gerard Freund	Charlotte NC	1240	37	M	31/45 35-39	30:19.8	6:04/K	15:09.0
346	Samantha Prinsen	Bluffton SC	981	30	F	13/36 30-34	30:22.0	6:04/K	12:16.8
347	Steven Jenkins	Prince Frederick MD	982	43	M	24/35 40-44	30:22.0	6:04/K	15:11.3
348	Chad McCall	Huntersville NC	1093	34	M	49/66 30-34	30:23.7	6:05/K	15:12.9
349	David Berglund	Charlotte NC	795	44	M	25/35 40-44	30:27.4	6:05/K	15:16.7
350	allison smith	charlotte NC	897	20	F	28/43 20-24	30:28.3	6:06/K	12:23.1
351	Jake Aschenbrenner	Charlotte NC	1348	16	M	12/13 15-19	30:29.0	6:06/K	15:18.3
352	Peggy Tate	Monroe NC	894	62	F	1/4 55-99	30:29.6	6:06/K	12:24.5
353	Adina Davis	Charlotte NC	1097	31	F	14/36 30-34	30:32.1	6:06/K	12:26.9
354	Samantha fulmer	Rock Hill SC	1019	24	F	29/43 20-24	30:32.1	6:06/K	12:26.9
355	Courtney Clark	Saint Helena Island	1013	22	F	30/43 20-24	30:32.2	6:06/K	12:27.0
356	Amanda Dees	Monroe NC	893	36	F	11/31 35-39	30:33.2	6:07/K	12:28.0
357	tyler williamson	gastonia NC	1005	25	M	47/57 25-29	30:38.3	6:08/K	15:27.6
358	Travis Smith	Denver NC	1145	36	M	32/45 35-39	30:40.0	6:08/K	15:29.3
359	Julie Tambussi	Charlotte NC	814	32	F	15/36 30-34	30:42.7	6:08/K	12:37.5
360	Kristin Kunse	Lake Wylie SC	1064	16	F	11/16 15-19	30:46.8	6:09/K	12:41.7
361	Alyssa Drye	Charlotte NC	1150	36	F	12/31 35-39	30:47.5	6:09/K	12:42.3
362	Michael Winningham	Mount Holly NC	1169	52	M	12/15 50-54	30:47.5	6:09/K	15:36.8
363	Whitney Hill	Charlotte NC	899	27	F	43/80 25-29	30:47.6	6:09/K	12:42.4
364	Emily McRee	CORNELIUS NC	1015	40	F	8/21 40-44	30:47.7	6:09/K	12:42.5
365	Chris Drye	Charlotte NC	1151	37	M	33/45 35-39	30:47.7	6:09/K	15:37.0
366	Mary Hamrick	Beaufort NC	948	66	F	2/4 55-99	30:47.8	6:09/K	12:42.6
367	Rebecca Trent	stanley NC	1168	36	F	13/31 35-39	30:50.8	6:10/K	12:45.6
368	Ashley Ivey	Charlotte NC	1030	26	F	44/80 25-29	30:51.9	6:10/K	12:46.7
369	Shawn Smith	Gastonia NC	1144	37	M	34/45 35-39	30:52.7	6:10/K	15:42.0
370	Jennifer Peattie	Charlotte NC	1297	38	F	14/31 35-39	30:54.3	6:11/K	12:49.1
371	Josh Kelley	Charlotte NC	1142	39	M	35/45 35-39	30:54.5	6:11/K	15:43.7
372	Tom Smith	Fort Mill SC	1042	33	M	50/66 30-34	30:55.9	6:11/K	15:45.1
373	Lauren Smith	Fort Mill SC	1043	32	F	16/36 30-34	30:56.2	6:11/K	12:51.0
374	Henry Spruill	Rock Hill SC	1040	24	M	20/26 20-24	30:56.5	6:11/K	15:45.7
375	Christina LuDack	DENVER NC	1321	26	F	45/80 25-29	30:56.6	6:11/K	12:51.4
376	Lawren Whitehead	Charlotte NC	1270	23	M	21/26 20-24	30:58.1	6:12/K	15:47.3



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377	Janice Cross	Huntersville NC	1033	32	F	17/36 30-34	30:59.5	6:12/K	12:54.3
378	Katherine Carlson	Huntersville NC	975	24	F	31/43 20-24	31:00.7	6:12/K	12:55.5
379	kathleen moran	charlotte NC	1059	49	F	9/18 45-49	31:02.7	6:12/K	12:57.6
380	Jennifer McCall	Huntersville NC	1092	33	F	18/36 30-34	31:05.9	6:13/K	13:00.8
381	Su Kelley	Charlotte NC	1143	39	F	15/31 35-39	31:08.0	6:14/K	13:02.8
382	Angela Cherkis	Shelby NC	1274	41	F	9/21 40-44	31:09.5	6:14/K	13:04.3
383	Bethanie Johnson	Charlotte NC	1075	45	F	10/18 45-49	31:10.9	6:14/K	13:05.7
384	Josh Price	Charlotte NC	944	22	M	22/26 20-24	31:10.9	6:14/K	16:00.2
385	Alexis MCGhee	Charlotte NC	943	22	F	32/43 20-24	31:11.3	6:14/K	13:06.2
386	Owen Conley	Concord NC	867	16	F	12/16 15-19	31:11.5	6:14/K	13:06.3
387	Christian Balsler	Charlotte NC	1244	26	M	48/57 25-29	31:12.4	6:14/K	16:01.6
388	Luther Cruikshanks	Gastonia NC	999	24	M	23/26 20-24	31:12.7	6:14/K	16:01.9
389	Makaria Stanley	Charlotte NC	1001	27	F	46/80 25-29	31:13.0	6:15/K	13:07.8
390	Amanda Britten	Charlotte NC	1000	30	F	19/36 30-34	31:13.1	6:15/K	13:07.9
391	Katie Reed	Gastonia NC	1016	36	F	16/31 35-39	31:14.0	6:15/K	13:08.8
392	Merritt Lance	Huntersville NC	890	25	F	47/80 25-29	31:14.6	6:15/K	13:09.4
393	Dawn Davis	Denver NC	946	38	F	17/31 35-39	31:15.4	6:15/K	13:10.2
394	Robert Charles	Charlotte NC	1357	44	M	26/35 40-44	31:15.8	6:15/K	16:05.0
395	Will Teague	Carrboro NC	889	27	M	49/57 25-29	31:17.3	6:15/K	16:06.6
396	Amanda Childers	Charlotte NC	1360	25	F	48/80 25-29	31:18.1	6:16/K	13:13.0
397	Alexa Cameron	Charlotte NC	1125	32	F	20/36 30-34	31:19.1	6:16/K	13:13.9
398	Justin Leonard	Charlotte NC	1124	33	M	51/66 30-34	31:19.3	6:16/K	16:08.5
399	justin hoffman	monroe NC	1238	32	M	52/66 30-34	31:19.3	6:16/K	16:08.6
400	Jessica Parker	Charlotte NC	910	26	F	49/80 25-29	31:20.2	6:16/K	13:15.0
401	Jodi Zieverink	York SC	1089	45	F	11/18 45-49	31:20.7	6:16/K	13:15.5
402	Regan Zieverink	York SC	1088	11	F	5/16 0-14	31:20.7	6:16/K	13:15.5
403	Delaney Zieverink	York SC	1087	14	F	6/16 0-14	31:21.1	6:16/K	13:15.9
404	Mariann Freund	Charlotte NC	1241	30	F	21/36 30-34	31:22.0	6:16/K	13:16.8
405	Benjamin Grey	Iron Station NC	840	12	M	17/21 0-14	31:24.0	6:17/K	16:13.3
406	Bryan Ramsey	Charlotte NC	983	33	M	53/66 30-34	31:25.6	6:17/K	16:14.8
407	Thomas Grey	Iron Station NC	841	43	M	27/35 40-44	31:25.6	6:17/K	16:14.8
408	Ryan Zalewa	Huntersville NC	1123	15	M	13/13 15-19	31:26.7	6:17/K	16:16.0
409	Henry Jonas	Charlotte NC	842	12	M	18/21 0-14	31:29.8	6:18/K	16:19.0
410	Donald Jonas	Charlotte NC	843	47	M	12/17 45-49	31:30.5	6:18/K	16:19.7
411	Amy Abbott	Charlotte NC	1072	39	F	18/31 35-39	31:33.0	6:19/K	13:27.8
412	William Sechrist	Daniel Island SC	919	35	M	36/45 35-39	31:33.7	6:19/K	16:22.9
413	Allison Schaefer	Mooresville NC	925	20	F	33/43 20-24	31:34.2	6:19/K	13:29.1
414	Myra Pachter	Belmont NC	1363	44	F	10/21 40-44	31:36.3	6:19/K	13:31.1
415	McKenna Collins	Matthews NC	1324	26	F	50/80 25-29	31:40.2	6:20/K	13:35.0
416	Blake Helms	Huntersville NC	1117	27	M	50/57 25-29	31:43.6	6:21/K	16:32.9
417	Eleanor Wasserman	Charlotte NC	1146	27	F	51/80 25-29	31:46.4	6:21/K	13:41.2
418	Hannah Gore	Charlotte NC	1147	25	F	52/80 25-29	31:47.6	6:21/K	13:42.4
419	Alex Pachter	Belmont NC	1364	44	M	28/35 40-44	31:48.7	6:22/K	16:38.0
420	Ronald Burrow	Clayton NC	1243	41	M	29/35 40-44	31:50.0	6:22/K	16:39.3
421	Tim Van Haren	Charlotte NC	1300	34	M	54/66 30-34	31:50.6	6:22/K	16:39.9
422	Cristina Moore	Concord NC	1305	41	F	11/21 40-44	31:50.7	6:22/K	13:45.6
423	Robert Moore	Concord NC	1304	46	M	13/17 45-49	31:51.2	6:22/K	16:40.4

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424	Veronica Beltran	Hope Mills NC	1242	48	F	12/18 45-49	31:51.2	6:22/K	13:46.0
425	Tabetha Nail	Lowell NC	1308	39	F	19/31 35-39	31:51.5	6:22/K	13:46.3
426	Helen Ham	Lake Wylie SC	1233	33	F	22/36 30-34	31:51.7	6:22/K	13:46.5
427	Tiffany Greene	Greensboro NC	1385	28	F	53/80 25-29	31:51.8	6:22/K	13:46.7
428	Kathryn Brown	Charlotte NC	1051	20	F	34/43 20-24	31:52.0	6:22/K	13:46.8
429	Matthew Lopez	Archdale NC	1327	22	M	24/26 20-24	31:52.1	6:22/K	16:41.3
430	Eva Langley	Charlotte NC	1095	34	F	23/36 30-34	31:52.4	6:22/K	13:47.3
431	Walker Langley	Charlotte NC	1094	35	M	37/45 35-39	31:52.7	6:22/K	16:41.9
432	Kristi Bratton	Huntersville NC	1319	29	F	54/80 25-29	31:52.9	6:22/K	13:47.8
433	Richard Coffee	HUNTERSVILLE NC	1069	45	M	14/17 45-49	31:56.5	6:23/K	16:45.7
434	craig davis	Hickory NC	1111	30	M	55/66 30-34	32:00.8	6:24/K	16:50.0
435	Steve Kunse	Lake Wylie SC	1065	54	M	13/15 50-54	32:02.4	6:24/K	16:51.7
436	Whitney Garren	Charlotte NC	1062	36	F	20/31 35-39	32:02.6	6:24/K	13:57.4
437	Sara Schmidt	Charlotte NC	847	23	F	35/43 20-24	32:03.3	6:25/K	13:58.1
438	Christopher Macmurdo	Charlotte NC	880	34	M	56/66 30-34	32:05.9	6:25/K	16:55.1
439	Angela Pope	KERNERSVILLE NC	971	32	F	24/36 30-34	32:07.3	6:25/K	14:02.1
440	Sara Kaloudis	Charlotte NC	838	24	F	36/43 20-24	32:10.3	6:26/K	14:05.1
441	Elise Pentz	Horsham PA	1307	29	F	55/80 25-29	32:11.1	6:26/K	14:05.9
442	Lisa Foil	Charlotte NC	904	51	F	4/4 50-54	32:13.1	6:27/K	14:07.9
443	Brandy Clark	Mount Ulla NC	1038	35	F	21/31 35-39	32:15.2	6:27/K	14:10.0
444	David Gutierrez	Mt Ulla NC	1037	35	M	38/45 35-39	32:15.2	6:27/K	17:04.5
445	Heather Riehl	Charlotte NC	1352	35	F	22/31 35-39	32:16.3	6:27/K	14:11.1
446	Debra Dandro	Charlotte NC	1396	43	F	12/21 40-44	32:18.0	6:28/K	14:12.8
447	Neal Miller	Charlotte NC	903	58	M	7/7 55-99	32:18.4	6:28/K	17:07.6
448	Stephanie Wighton	Waxhaw NC	920	30	F	25/36 30-34	32:20.6	6:28/K	14:15.4
449	Zoe Spicer	Charlotte NC	1080	11	F	7/16 0-14	32:22.1	6:28/K	14:16.9
450	Kimberly Henderson	Waxhaw NC	921	33	F	26/36 30-34	32:22.9	6:28/K	14:17.8
451	Gunner Moore	rock hill SC	940	44	M	30/35 40-44	32:42.6	6:32/K	17:31.9
452	Branden Bailey	Charlotte NC	908	31	M	57/66 30-34	32:45.5	6:33/K	17:34.7
453	Josh Kitchen	Charlotte NC	1389	31	M	58/66 30-34	32:46.4	6:33/K	17:35.7
454	Chris Harden	Charlotte NC	1185	26	M	51/57 25-29	32:48.4	6:34/K	17:37.6
455	Natalie Hoffert	Charlotte NC	1395	27	F	56/80 25-29	32:49.1	6:34/K	14:43.9
456	Erica Rutledge	Charlotte NC	1345	28	F	57/80 25-29	32:49.2	6:34/K	14:44.0
457	Michael Sharpe	charlotte NC	1344	35	M	39/45 35-39	32:49.5	6:34/K	17:38.7
458	Marie Davis	Matthews NC	845	25	F	58/80 25-29	32:50.1	6:34/K	14:44.9
459	Sarah Peterson	Charlotte NC	1006	27	F	59/80 25-29	32:50.4	6:34/K	14:45.2
460	Alissa Shannon	Charlotte NC	822	27	F	60/80 25-29	32:50.5	6:34/K	14:45.3
461	Chuck Maddox	Indian Trail NC	1412	54	M	14/15 50-54	32:53.0	6:35/K	17:42.3
462	Sarah Douglass	Charlotte NC	934	36	F	23/31 35-39	33:03.4	6:37/K	14:58.2
463	Jessica Delaura	Concord NC	1196	32	F	27/36 30-34	33:09.1	6:38/K	15:04.0
464	Jennessa Vullo	Charlotte NC	853	30	F	28/36 30-34	33:13.8	6:39/K	15:08.6
465	Spencer Shell	Charlotte NC	987	25	M	52/57 25-29	33:16.6	6:39/K	18:05.8
466	Casey Woodie	Charlotte NC	1193	23	F	37/43 20-24	33:17.5	6:39/K	15:12.3
467	Nicole valcourt	GASTONIA NC	791	22	F	38/43 20-24	33:19.8	6:40/K	15:14.6
468	Kayla Schoenow	Charlotte NC	804	26	F	61/80 25-29	33:20.0	6:40/K	15:14.8
469	Novalea Hammond	Charlotte NC	1002	14	F	8/16 0-14	33:23.1	6:41/K	15:17.9
470	Austin Lawrence	Concord NC	962	13	M	19/21 0-14	33:29.9	6:42/K	18:19.1

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471	Kennedy Poppler	Harrisburg NC	1026	14	F	9/16 0-14	33:30.1	6:42/K	15:24.9
472	Jordan Mcelmurry	Charlotte NC	1309	31	M	59/66 30-34	33:37.1	6:43/K	18:26.3
473	Joshua Lucas	Asheboro NC	1068	23	M	25/26 20-24	33:45.3	6:45/K	18:34.5
474	Cameron Landreth	Charlotte NC	1152	31	M	60/66 30-34	33:47.1	6:45/K	18:36.3
475	karmen vizcaino	charlotte NC	1058	15	F	13/16 15-19	33:47.2	6:45/K	15:42.0
476	Barrett Poppler	Harrisburg NC	1027	45	M	15/17 45-49	33:49.2	6:46/K	18:38.4
477	Christopher Wilson	Matthews NC	1218	25	M	53/57 25-29	33:57.9	6:47/K	18:47.1
478	Travis Hall	Charlotte NC	1091	25	M	54/57 25-29	33:58.5	6:48/K	18:47.8
479	Kristi Watanabe	Charlotte NC	1359	20	F	39/43 20-24	33:59.4	6:48/K	15:54.3
480	Ryan Cormack	Charlotte NC	1010	26	M	55/57 25-29	34:16.9	6:51/K	19:06.1
481	Jesska Daugherty	Summerville SC	1122	28	F	62/80 25-29	34:22.5	6:52/K	16:17.3
482	Marisa Satterfield	Charlotte NC	896	26	F	63/80 25-29	34:29.5	6:54/K	16:24.3
483	Craig Zalewa	Huntersville NC	1153	42	M	31/35 40-44	34:38.4	6:56/K	19:27.7
484	Jordan Kelley	Charlotte NC	1358	21	F	40/43 20-24	34:43.1	6:57/K	16:38.0
485	Jacob Hall	Charlotte NC	836	10	M	20/21 0-14	34:45.5	6:57/K	19:34.8
486	Eldad Malka	charlotte NC	1206	35	M	40/45 35-39	34:46.9	6:57/K	19:36.2
487	William Ortiz	Linwood NC	1025	31	M	61/66 30-34	34:54.9	6:59/K	19:44.1
488	Christian Ormond	Mooresville NC	871	44	M	32/35 40-44	34:57.3	6:59/K	19:46.6
489	Emily Ormond	Mooresville NC	870	12	F	10/16 0-14	34:57.6	6:59/K	16:52.4
490	Amelia Patsy	Durham NC	1381	26	F	64/80 25-29	35:01.6	7:00/K	16:56.5
491	Meghan Hader	Charlotte NC	1023	29	F	65/80 25-29	35:01.7	7:00/K	16:56.5
492	Tony Wilkinson	Huntersville NC	839	40	M	33/35 40-44	35:09.5	7:02/K	19:58.8
493	Suzanne Hunnicutt	Belmont NC	907	40	F	13/21 40-44	35:12.2	7:02/K	17:07.1
494	Jodi Kines	Belmont NC	1294	36	F	24/31 35-39	35:12.3	7:02/K	17:07.2
495	Kathryn Eaker	Belmont NC	1267	37	F	25/31 35-39	35:12.4	7:02/K	17:07.3
496	Jennifer Burriss	Monroe NC	1112	41	F	14/21 40-44	35:14.7	7:03/K	17:09.6
497	Carleigh Irvine	Greenwood SC	1029	28	F	66/80 25-29	35:15.8	7:03/K	17:10.6
498	Heather Hammond	Charlotte NC	1003	34	F	29/36 30-34	35:24.9	7:05/K	17:19.7
499	Shawn Robinson	Matthews NC	1251	36	M	41/45 35-39	35:27.9	7:05/K	20:17.1
500	Kelly Miller	GREENSBORO NC	1376	44	F	15/21 40-44	35:34.6	7:07/K	17:29.5
501	Ruth LaRoche	Charlotte NC	950	36	F	26/31 35-39	35:34.7	7:07/K	17:29.5
502	Christy Heafner	Dallas NC	1181	41	F	16/21 40-44	35:40.5	7:08/K	17:35.4
503	Keith Pope	Kernersville NC	1356	48	M	16/17 45-49	35:47.4	7:09/K	20:36.6
504	Jim Neault	Huntersville NC	1045	51	M	15/15 50-54	35:48.2	7:10/K	20:37.5
505	Joseph Coyazo	Huntersville NC	995	30	M	62/66 30-34	35:49.3	7:10/K	20:38.6
506	Natalie Dunn	Gastonia NC	1119	26	F	67/80 25-29	36:19.3	7:16/K	18:14.1
507	Terese Milczewski	Clover SC	1229	45	F	13/18 45-49	36:19.3	7:16/K	18:14.2
508	Morgan Lombardo	Sharon SC	1225	43	F	17/21 40-44	36:19.4	7:16/K	18:14.2
509	Tiffany Lombardo	Sharon SC	1224	18	F	14/16 15-19	36:19.6	7:16/K	18:14.4
510	Casey Nason	Rock Hill SC	801	25	F	68/80 25-29	36:27.7	7:17/K	18:22.6
511	Isabella Hassay	Huntersville NC	1103	10	F	11/16 0-14	36:33.4	7:19/K	18:28.2
512	Ron Hassay	Huntersville NC	1104	37	M	42/45 35-39	36:33.4	7:19/K	21:22.6
513	Natasha Carter	Mooresville NC	1160	30	F	30/36 30-34	36:33.6	7:19/K	18:28.5
514	Claudette Thompson	Charlotte NC	1388	41	F	18/21 40-44	36:48.7	7:22/K	18:43.5
515	Jane Hader	Charlotte NC	1022	64	F	3/4 55-99	36:53.1	7:23/K	18:47.9
516	Jessica Dunlap	Charlotte NC	1361	29	F	69/80 25-29	36:57.0	7:23/K	18:51.9
517	Rhonda Wilkinson	Huntersville NC	1350	32	F	31/36 30-34	37:06.0	7:25/K	19:00.8

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518	Kelly Dubs	Charlotte NC	1252	37	F	27/31 35-39	37:13.1	7:27/K	19:07.9
519	Rashmitha Matta	Charlotte NC	827	28	F	70/80 25-29	37:32.4	7:30/K	19:27.2
520	Adam Knowlan	Charlotte NC	826	30	M	63/66 30-34	37:32.4	7:30/K	22:21.7
521	Mary Drake	indian trail NC	1346	43	F	19/21 40-44	38:19.3	7:40/K	20:14.1
522	Brian Drake	Indian Trail NC	1347	43	M	34/35 40-44	38:20.4	7:40/K	23:09.6
523	Tim Mackey	Kannapolis NC	1390	35	M	43/45 35-39	38:21.5	7:40/K	23:10.8
524	Thomas Phillips	CHARLOTTE NC	918	30	M	64/66 30-34	38:21.8	7:40/K	23:11.0
525	Traci Muratore	Indian Trail NC	886	24	F	41/43 20-24	38:27.3	7:41/K	20:22.1
526	Will Harbin	Belmont NC	887	25	M	56/57 25-29	38:27.4	7:41/K	23:16.6
527	Sonja Rock	Charlotte NC	1121	48	F	14/18 45-49	38:38.2	7:44/K	20:33.0
528	Michele Miranda	Concord NC	1148	37	F	28/31 35-39	38:38.4	7:44/K	20:33.3
529	Michael Abbott	Charlotte NC	1070	11	M	21/21 0-14	38:43.7	7:45/K	23:33.0
530	ANDREA PELLETIER	CHARLOTTE NC	967	31	F	32/36 30-34	39:38.4	7:56/K	21:33.2
531	Pat Andrews	Charlotte NC	1246	67	F	4/4 55-99	40:03.3	8:01/K	21:58.2
532	Danny Sullivan	Huntersville NC	1232	32	M	65/66 30-34	40:10.2	8:02/K	24:59.5
533	Amy Sullivan	13522 Merry Chase	1231	31	F	33/36 30-34	40:12.0	8:02/K	22:06.9
534	Chad Rowland	Liberty SC	1266	42	M	35/35 40-44	40:35.2	8:07/K	25:24.4
535	Colleen Butler	Indian Trail NC	906	27	F	71/80 25-29	41:08.5	8:14/K	23:03.3
536	Cheli Walter	Monroe NC	923	39	F	29/31 35-39	41:08.7	8:14/K	23:03.5
537	Heather Cooper	Huntersville NC	1333	38	F	30/31 35-39	41:28.1	8:18/K	23:22.9
538	Jim Razzante	Charlotte NC	1187	24	M	26/26 20-24	41:47.5	8:21/K	26:36.7
539	Alanna Brallier	Gastonia NC	1188	23	F	42/43 20-24	41:48.0	8:22/K	23:42.8
540	Richard England	Charlotte NC	1114	36	M	44/45 35-39	41:50.0	8:22/K	26:39.3
541	Aurora England	Charlotte NC	1113	8	F	12/16 0-14	41:51.4	8:22/K	23:46.3
542	Lori Repass	Mooresville NC	1334	49	F	15/18 45-49	41:51.5	8:22/K	23:46.3
543	Tonya Wilson	Charlotte NC	859	43	F	20/21 40-44	41:52.7	8:22/K	23:47.5
544	Kari Bailey	Greenville SC	1288	45	F	16/18 45-49	41:54.7	8:23/K	23:49.5
545	Allison Andrews	Black Mountain NC	1247	36	F	31/31 35-39	41:56.2	8:23/K	23:51.1
546	ashley metts	gastonia NC	965	27	F	72/80 25-29	41:57.7	8:23/K	23:52.5
547	jessica womble	Gastonia NC	966	26	F	73/80 25-29	41:57.9	8:23/K	23:52.7
548	Alanna Dronsky	concord NC	1311	17	F	15/16 15-19	42:36.8	8:31/K	24:31.7
549	Veronica Doyle	Concord NC	1154	30	F	34/36 30-34	43:02.7	8:36/K	24:57.6
550	Abby Martin	Walkertown NC	1355	14	F	13/16 0-14	43:22.1	8:40/K	25:17.0
551	Renne Martin	Walkertown NC	1354	45	F	17/18 45-49	43:30.1	8:42/K	25:24.9
552	KATE MILLER	GREENSBORO NC	1378	11	F	14/16 0-14	43:51.3	8:46/K	25:46.2
553	Kaylan Dronsky	concord NC	1228	12	F	15/16 0-14	43:53.7	8:47/K	25:48.5
554	Celia Olson	Matthews NC	1325	27	F	74/80 25-29	43:57.4	8:47/K	25:52.3
555	CAROLINE MILLER	GREENSBORO NC	1379	8	F	16/16 0-14	44:04.1	8:49/K	25:58.9
556	Delee Marciano	Charlotte NC	1171	30	F	35/36 30-34	44:42.2	8:56/K	26:37.0
557	pamela hall	mt. holly NC	1170	49	F	18/18 45-49	44:42.2	8:56/K	26:37.0
558	Rj Ball	Gastonia NC	958	29	M	57/57 25-29	45:21.9	9:04/K	30:11.1
559	Matthew Hall	mount holly NC	1221	32	M	66/66 30-34	45:24.1	9:05/K	30:13.4
560	Matt Woods	Mount holly NC	1220	35	M	45/45 35-39	45:24.9	9:05/K	30:14.2
561	Rebecka Nyiri	Cary NC	1370	32	F	36/36 30-34	47:09.6	9:26/K	29:04.4
562	Cami Wilson	Lincolnton NC	1369	29	F	75/80 25-29	47:09.7	9:26/K	29:04.5
563	Sammie Baltes	Asheboro NC	829	26	F	76/80 25-29	47:18.9	9:28/K	29:13.7
564	Alyssa Murkin	Asheboro NC	830	22	F	43/43 20-24	47:19.7	9:28/K	29:14.5

Race Date

February 14, 2015

Frigid 5K

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
565	Alexandra Clark	Charlotte NC	1086	26	F	77/80 25-29	48:20.9	9:40/K	30:15.7
566	Eric Wilson	Charlotte NC	858	46	M	17/17 45-49	48:40.7	9:44/K	33:29.9
567	Holley Maddox	Indian Trail NC	1249	19	F	16/16 15-19	48:53.7	9:47/K	30:48.5
568	LeAnn reynolds	charlotte NC	1296	25	F	78/80 25-29	49:12.7	9:50/K	31:07.5
569	Kendall Biggerstaff	Charlotte NC	1287	27	F	79/80 25-29	52:51.7	10:34/K	34:46.6
570	Alison Dominguez	charlotte NC	953	41	F	21/21 40-44	57:03.9	11:25/K	38:58.7
571	Christine Mager	Lake Wylie SC	1216	27	F	80/80 25-29	1:02:47.0	12:33/K	44:41.8