

# Frigid 5K Run & Plunge

Race Date  
February 15, 2014

## Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Keven Gregg	Charlotte NC	4192	23	M	1/13 20-24	15:49.3	3:10/K	
2	Ryan Mills		4425	31	M	1/29 30-34	16:51.9	3:22/K	1:02.6
3	Jackson Marshall		4246	23	M	2/13 20-24	18:10.5	3:38/K	2:21.1
4	Stan Austin		4405	37	M	1/30 35-39	18:26.2	3:41/K	2:36.8
5	Matthew Fowler	Concord NC	4170	13	M	1/8 0-14	18:37.2	3:43/K	2:47.8
6	Derrich Phillips		4289	35	M	2/30 35-39	18:41.5	3:44/K	2:52.1
7	Robert rust	Charlotte NC	4400	33	M	2/29 30-34	18:43.5	3:45/K	2:54.1
8	Kyle Elmiger		4156	26	M	1/32 25-29	18:55.3	3:47/K	3:05.9
9	Stephen Giordano		4182	27	M	2/32 25-29	19:11.5	3:50/K	3:22.1
10	Lauren Blackwell		4087	21	F	1/27 20-24	19:18.9	3:52/K	
11	Amanda Iannello	charlotte NC	4216	28	F	1/40 25-29	19:25.8	3:53/K	0:06.9
12	Brian Mister	Charlotte NC	4395	25	M	3/32 25-29	19:55.5	3:59/K	4:06.1
13	Wesley Bishop	Charlotte NC	4401	32	M	3/29 30-34	19:59.9	4:00/K	4:10.5
14	Wyatt Novak	Charlotte NC	4277	13	M	2/8 0-14	20:00.7	4:00/K	4:11.4
15	Kyle Lane		4410	29	M	4/32 25-29	20:03.7	4:01/K	4:14.3
16	Harriman Lee		4235	25	M	5/32 25-29	20:08.3	4:02/K	4:18.9
17	Melissa Orr	Charlotte NC	4396	35	F	1/24 35-39	20:11.8	4:02/K	0:52.9
18	Benjamin Steinberg		4354	23	M	3/13 20-24	20:14.7	4:03/K	4:25.3
19	Greg Schieve	Charlotte NC	4332	37	M	3/30 35-39	20:21.2	4:04/K	4:31.8
20	Walter Duncan	Fort Mill SC	4149	38	M	4/30 35-39	20:23.2	4:05/K	4:33.9
21	Kirk Pinska	Concord NC	4291	49	M	1/8 45-49	20:25.0	4:05/K	4:35.6
22	Katie Dean	Charlotte NC	4139	25	F	2/40 25-29	20:34.9	4:07/K	1:16.0
23	Matt Hooker		4209	33	M	4/29 30-34	20:40.1	4:08/K	4:50.7
24	Derek Harrell		4407	29	M	6/32 25-29	20:40.1	4:08/K	4:50.7
25	Mason Morton		4269	24	M	4/13 20-24	20:42.2	4:08/K	4:52.8
26	Brian Niekraas	Charlotte NC	4275	39	M	5/30 35-39	20:43.7	4:09/K	4:54.3
27	Robert Collins		4125	48	M	2/8 45-49	20:49.9	4:10/K	5:00.6
28	adam meier		4398	35	M	6/30 35-39	20:55.3	4:11/K	5:05.9
29	Richard Ayers	Mooresville NC	4081	51	M	1/9 50-54	20:57.1	4:11/K	5:07.8
30	JC Clark	Charlotte NC	4122	35	M	7/30 35-39	21:09.4	4:14/K	5:20.1
31	Chris Galloway		4399	40	M	1/10 40-44	21:19.6	4:16/K	5:30.3
32	Alexis Knox	Gastonia NC	4226	17	F	1/6 15-19	21:19.6	4:16/K	2:00.7
33	sean green	charlotte NC	4190	43	M	2/10 40-44	21:20.7	4:16/K	5:31.3
34	Nick Brazee		4100	30	M	5/29 30-34	21:21.6	4:16/K	5:32.3
35	Chris Allman	Charlotte NC	4074	23	M	5/13 20-24	21:35.3	4:19/K	5:46.0
36	Donald Ranft	Cornelius NC	4301	29	M	7/32 25-29	21:45.2	4:21/K	5:55.8
37	Michael Steinberg		4353	53	M	2/9 50-54	22:02.8	4:24/K	6:13.4
38	Jeff Derwort		4413	34	M	6/29 30-34	22:05.8	4:25/K	6:16.5
39	Marc Robinson		4316	34	M	7/29 30-34	22:19.8	4:28/K	6:30.4
40	Jacob Cannegieter	Charlotte NC	4115	38	M	8/30 35-39	22:27.8	4:29/K	6:38.5
41	lee schenck	Lexington NC	4331	57	M	1/3 55-59	22:29.0	4:30/K	6:39.6
42	Christine Wolf	Charlotte NC	4386	26	F	3/40 25-29	22:34.4	4:31/K	3:15.5
43	Fay Moyers		4270	25	F	4/40 25-29	22:46.1	4:33/K	3:27.2
44	Allie Brown		4102	34	F	1/27 30-34	22:52.4	4:34/K	3:33.4
45	Vincent Sullivan	Charlotte NC	4415	41	M	3/10 40-44	23:01.1	4:36/K	7:11.7
46	Chris Eason	Gastonia NC	4428	51	M	3/9 50-54	23:07.0	4:37/K	7:17.7
47	Ryan Fontaine	Charlotte NC	4169	34	M	8/29 30-34	23:11.8	4:38/K	7:22.5

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48	Paul Russo		4397	31	M	9/29 30-34	23:14.0	4:39/K	7:24.7
49	Doug Franzone		4174	36	M	9/30 35-39	23:14.8	4:39/K	7:25.5
50	Dustin Moore	Mount Holly NC	4267	27	M	8/32 25-29	23:22.3	4:40/K	7:32.9
51	Melissa Budd	Charlotte NC	4108	25	F	5/40 25-29	23:27.0	4:41/K	4:08.1
52	Dave Griffin	Charlotte NC	4197	45	M	3/8 45-49	23:30.4	4:42/K	7:41.1
53	Gavin Dowell		4146	47	M	4/8 45-49	23:31.0	4:42/K	7:41.6
54	Ian Rummer		4321	30	M	10/29 30-34	23:32.1	4:42/K	7:42.8
55	Richard Gregory		4195	10	M	3/8 0-14	23:35.3	4:43/K	7:46.0
56	Rick Haitley		4416	37	M	10/30 35-39	23:37.2	4:43/K	7:47.9
57	Jude Johnson		4220	36	M	11/30 35-39	23:38.3	4:44/K	7:48.9
58	Dan Husser	Rock Hill SC	4215	37	M	12/30 35-39	23:45.1	4:45/K	7:55.7
59	Roseanne Sanders		4328	52	F	1/4 50-54	23:54.9	4:47/K	4:36.0
60	Michael Willard		4384	32	M	11/29 30-34	24:05.9	4:49/K	8:16.6
61	Adam Goodson	Charlotte NC	4185	30	M	12/29 30-34	24:08.0	4:50/K	8:18.6
62	Austin Alexander		4071	23	F	2/27 20-24	24:10.0	4:50/K	4:51.1
63	Greg McMahon		4256	26	M	9/32 25-29	24:18.4	4:52/K	8:29.0
64	Clay Sellers		4336	15	M	1/3 15-19	24:23.1	4:53/K	8:33.8
65	Adam Colt		4128	32	M	13/29 30-34	24:24.6	4:53/K	8:35.2
66	austin bryant		4105	9	M	4/8 0-14	24:25.2	4:53/K	8:35.9
67	Savannah Holder		4208	23	F	3/27 20-24	24:26.7	4:53/K	5:07.8
68	Natascha Truong		4371	35	F	2/24 35-39	24:33.3	4:55/K	5:14.3
69	Johnny Ackerman		4068	56	M	2/3 55-59	24:34.8	4:55/K	8:45.4
70	Matt Snyder		4348	30	M	14/29 30-34	24:36.9	4:55/K	8:47.6
71	John Kines		4224	36	M	13/30 35-39	24:45.8	4:57/K	8:56.5
72	Greyson Kines		4225	7	M	5/8 0-14	24:46.5	4:57/K	8:57.2
73	CJ Toscano		4369	30	M	15/29 30-34	24:48.7	4:58/K	8:59.4
74	Anna Lampley	Monroe NC	4231	27	F	6/40 25-29	24:51.7	4:58/K	5:32.7
75	Rebekka Glass		4184	21	F	4/27 20-24	24:52.2	4:58/K	5:33.3
76	Jodi Kines		4223	35	F	3/24 35-39	24:53.7	4:59/K	5:34.7
77	Andrew Kuzmen		4229	27	M	10/32 25-29	25:01.4	5:00/K	9:12.1
78	Jill Farar		4421	41	F	1/11 40-44	25:01.6	5:00/K	5:42.7
79	Jeffrey Dunkel	Rock hill SC	4150	38	M	14/30 35-39	25:05.5	5:01/K	9:16.1
80	Bryam Frick	Waxhaw NC	4176	39	M	15/30 35-39	25:11.5	5:02/K	9:22.1
81	Nick Mayer		4250	45	M	5/8 45-49	25:18.3	5:04/K	9:28.9
82	Katy Rust		4323	30	F	2/27 30-34	25:20.6	5:04/K	6:01.7
83	CORY MENDAT		4257	38	M	16/30 35-39	25:22.5	5:04/K	9:33.1
84	Jared Frye		4178	28	M	11/32 25-29	25:30.8	5:06/K	9:41.4
85	Jim Owens		4414	68	M	1/1 60-99	25:32.4	5:06/K	9:43.0
86	Katie Phillips	Mint Hill NC	4290	32	F	3/27 30-34	25:36.0	5:07/K	6:17.1
87	Trent Earls	Cornelius NC	4152	29	M	12/32 25-29	25:38.0	5:08/K	9:48.6
88	Nick Ferrucci		4167	28	M	13/32 25-29	25:38.2	5:08/K	9:48.8
89	Christina Hornick		4211	39	F	4/24 35-39	25:53.6	5:11/K	6:34.7
90	Carlos Cortez		4132	34	M	16/29 30-34	25:56.7	5:11/K	10:07.4
91	Rex Marvel		4249	26	M	14/32 25-29	25:56.8	5:11/K	10:07.4
92	Tracy Ledford		4419	42	M	4/10 40-44	25:57.4	5:11/K	10:08.0
93	John Powers		4408	29	M	15/32 25-29	26:00.3	5:12/K	10:11.0
94	Jackie Mason	Charlotte NC	4411	25	F	7/40 25-29	26:01.1	5:12/K	6:42.2

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95	Demeri Alysha		4429	24	F	5/27 20-24	26:02.7	5:12/K	6:43.8
96	Matthew Anderson	Huntersville NC	4077	44	M	5/10 40-44	26:05.6	5:13/K	10:16.2
97	nick sisley	charlott NC	4342	33	M	17/29 30-34	26:05.7	5:13/K	10:16.4
98	Bruce Mlakar		4263	53	M	4/9 50-54	26:07.7	5:13/K	10:18.4
99	David McCarty		4251	48	M	6/8 45-49	26:10.1	5:14/K	10:20.8
100	jeremy novey	Charlotte NC	4279	35	M	17/30 35-39	26:11.0	5:14/K	10:21.7
101	Macy Shelton		4418	15	F	2/6 15-19	26:15.3	5:15/K	6:56.4
102	Jeff Shelton		4417	50	M	5/9 50-54	26:15.3	5:15/K	10:25.9
103	Sam Grogan		4198	38	M	18/30 35-39	26:17.0	5:15/K	10:27.6
104	Tommy Noblett		4276	33	M	18/29 30-34	26:22.0	5:16/K	10:32.6
105	Chris Grant		4189	27	M	16/32 25-29	26:31.0	5:18/K	10:41.7
106	Jake DeWoody	Charlotte NC	4140	24	M	6/13 20-24	26:32.9	5:18/K	10:43.6
107	Christine Sanchez		4327	28	F	8/40 25-29	26:33.8	5:19/K	7:14.9
108	tom Egan III		4154	39	M	19/30 35-39	26:40.9	5:20/K	10:51.5
109	Virginia Tate		4365	38	F	5/24 35-39	26:51.8	5:22/K	7:32.9
110	Ray Ryoti		4403	47	M	7/8 45-49	26:52.2	5:22/K	11:02.9
111	Danielle Gregory		4194	12	F	1/4 0-14	26:52.9	5:22/K	7:33.9
112	Frank Congel		4129	21	M	7/13 20-24	26:54.8	5:23/K	11:05.5
113	Katie Hunter		4214	23	F	6/27 20-24	26:57.2	5:23/K	7:38.3
114	Lynn Ramsey	York SC	4298	53	F	2/4 50-54	26:58.9	5:24/K	7:40.0
115	jana Williams		4420	25	F	9/40 25-29	27:00.3	5:24/K	7:41.4
116	Ryan Bowerize	Charlotte NC	4092	30	M	19/29 30-34	27:00.4	5:24/K	11:11.0
117	Olivia Gregory		4193	35	F	6/24 35-39	27:07.9	5:25/K	7:49.0
118	Hollis Parks		4281	34	M	20/29 30-34	27:09.4	5:26/K	11:20.1
119	Amy Booi		4091	31	F	4/27 30-34	27:09.5	5:26/K	7:50.6
120	Meredith Edwards		4153	35	F	7/24 35-39	27:19.6	5:28/K	8:00.7
121	Indira Reid		4308	23	F	7/27 20-24	27:20.0	5:28/K	8:01.1
122	Emily DiMichele		4142	31	F	5/27 30-34	27:26.0	5:29/K	8:07.1
123	Matteo DiMichele		4141	37	M	20/30 35-39	27:26.0	5:29/K	11:36.7
124	Kayla Aiton		4069	20	F	8/27 20-24	27:30.2	5:30/K	8:11.2
125	B.A. WHEELER		4379	34	F	6/27 30-34	27:34.5	5:31/K	8:15.5
126	Jason Snodgrass		4402	31	M	21/29 30-34	27:41.5	5:32/K	11:52.2
127	Jacob Briggs		4424	18	M	2/3 15-19	27:43.7	5:33/K	11:54.3
128	KIMBERLY zimmer		4390	46	F	1/9 45-49	27:48.4	5:34/K	8:29.5
129	Jacqueline Cipriano		4120	21	F	9/27 20-24	27:49.6	5:34/K	8:30.7
130	gabrielle buff		4109	30	F	7/27 30-34	27:51.8	5:34/K	8:32.9
131	Tracy Sims		4341	36	F	8/24 35-39	28:05.5	5:37/K	8:46.6
132	Michael Branch	Morganton NC	4096	24	M	8/13 20-24	28:05.9	5:37/K	12:16.6
133	grant metheny		4260	21	M	9/13 20-24	28:06.2	5:37/K	12:16.9
134	AJ Riera		4311	10	M	6/8 0-14	28:09.0	5:38/K	12:19.6
135	Álvaro Riera		4310	39	M	21/30 35-39	28:09.7	5:38/K	12:20.3
136	Brandyn Brazee		4101	26	M	17/32 25-29	28:14.9	5:39/K	12:25.5
137	Heleena Tapp		4363	19	F	3/6 15-19	28:16.1	5:39/K	8:57.2
138	Laura Boyce		4094	28	F	10/40 25-29	28:25.5	5:41/K	9:06.6
139	Adam Boyce		4093	29	M	18/32 25-29	28:26.1	5:41/K	12:36.7
140	Samantha Swan	Charlotte NC	4359	38	F	9/24 35-39	28:34.5	5:43/K	9:15.6
141	Sarah Peterson		4288	26	F	11/40 25-29	28:35.4	5:43/K	9:16.4

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142	Adam Alfero		4072	28	M	19/32 25-29	28:35.6	5:43/K	12:46.2
143	Kameron Moebes		4264	26	F	12/40 25-29	28:39.5	5:44/K	9:20.5
144	Marc Luce		4239	45	M	8/8 45-49	28:41.2	5:44/K	12:51.8
145	Corissa Allison		4073	26	F	13/40 25-29	28:42.5	5:44/K	9:23.6
146	Jonathan Payton		4283	28	M	20/32 25-29	28:42.6	5:44/K	12:53.3
147	Angie Larson		4233	34	F	8/27 30-34	28:43.8	5:45/K	9:24.9
148	Jay hathcock		4392	24	M	10/13 20-24	28:47.0	5:45/K	12:57.7
149	Kim Cole		4124	39	F	10/24 35-39	28:48.5	5:46/K	9:29.6
150	Julie Tambussi	Charlotte NC	4362	31	F	9/27 30-34	28:52.0	5:46/K	9:33.0
151	Brandon Ansley		4080	29	M	21/32 25-29	28:53.7	5:47/K	13:04.3
152	Adrien Savariego	Fort mill SC	4330	32	M	22/29 30-34	28:56.5	5:47/K	13:07.1
153	Jason Douglas		4145	36	M	22/30 35-39	29:01.6	5:48/K	13:12.3
154	Mila Pena	Statesville NC	4285	26	F	14/40 25-29	29:03.4	5:49/K	9:44.5
155	Nate Eichinger		4404	26	M	22/32 25-29	29:04.8	5:49/K	13:15.5
156	Daniel Roos		4320	35	M	23/30 35-39	29:05.5	5:49/K	13:16.2
157	Todd Sellers	Charlotte NC	4334	50	M	6/9 50-54	29:07.2	5:49/K	13:17.9
158	Christian Calvert	Charlotte NC	4114	28	M	23/32 25-29	29:27.2	5:53/K	13:37.8
159	Amy Fowler		4171	28	F	15/40 25-29	29:28.1	5:54/K	10:09.2
160	Pam Zoldowski		4391	46	F	2/9 45-49	29:29.4	5:54/K	10:10.5
161	Beth Schaeewe		4422	47	F	3/9 45-49	29:31.8	5:54/K	10:12.9
162	Rachel Brand		4097	32	F	10/27 30-34	29:31.9	5:54/K	10:12.9
163	Jessica Cook		4427	34	F	11/27 30-34	29:39.6	5:56/K	10:20.6
164	Troy Tarwater		4426	43	M	6/10 40-44	29:39.9	5:56/K	13:50.5
165	Krista Reddington		4306	34	F	12/27 30-34	29:41.5	5:56/K	10:22.6
166	Jessica Garon		4180	37	F	11/24 35-39	29:50.8	5:58/K	10:31.9
167	Uziel Blancas		4089	35	M	24/30 35-39	29:51.2	5:58/K	14:01.8
168	Keith Koger		4227	54	M	7/9 50-54	29:51.4	5:58/K	14:02.0
169	ethan rabon		4296	12	M	7/8 0-14	29:51.9	5:58/K	14:02.6
170	tomek Barc	Morganton NC	4082	26	M	24/32 25-29	29:53.7	5:59/K	14:04.3
171	Eugene Konschnik		4228	23	M	11/13 20-24	29:55.6	5:59/K	14:06.2
172	Amanda Shonk		4339	22	F	10/27 20-24	29:56.2	5:59/K	10:37.3
173	Kevin Wilkinson		4423	26	M	25/32 25-29	29:59.7	6:00/K	14:10.4
174	Emily Plate		4293	23	F	11/27 20-24	30:00.5	6:00/K	10:41.6
175	Spenser Marino		4244	11	M	8/8 0-14	30:02.1	6:00/K	14:12.7
176	Kirk Marino		4245	43	M	7/10 40-44	30:03.2	6:01/K	14:13.8
177	Rebecca Musser	Charlotte NC	4271	25	F	16/40 25-29	30:06.3	6:01/K	10:47.3
178	Amanda Lee		4236	23	F	12/27 20-24	30:08.8	6:02/K	10:49.9
179	David Giang		4181	34	M	23/29 30-34	30:11.2	6:02/K	14:21.8
180	Sarah Dressen		4147	14	F	2/4 0-14	30:12.3	6:02/K	10:53.3
181	Audra Fenner		4164	22	F	13/27 20-24	30:16.3	6:03/K	10:57.4
182	Margaret Fenner		4163	46	F	4/9 45-49	30:17.8	6:03/K	10:58.8
183	Jennifer Ramsey		4300	14	F	3/4 0-14	30:18.3	6:04/K	10:59.4
184	Meredith McClure		4253	27	F	17/40 25-29	30:25.8	6:05/K	11:06.9
185	Christina LuDack	Huntersville NC	4240	25	F	18/40 25-29	30:33.0	6:07/K	11:14.0
186	Linh Granados		4188	33	F	13/27 30-34	30:36.6	6:07/K	11:17.7
187	Lisa Blackwood		4088	30	F	14/27 30-34	30:37.6	6:07/K	11:18.7
188	Scott McElyea	Lowell NC	4255	32	M	24/29 30-34	30:37.9	6:07/K	14:48.5

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189	Jo Proia		4294	43	F	2/11 40-44	30:39.2	6:08/K	11:20.3
190	Susan Corbett-Hopf		4131	37	F	12/24 35-39	30:45.7	6:09/K	11:26.7
191	Kristi Bratton		4099	28	F	19/40 25-29	30:51.4	6:10/K	11:32.5
192	Jason Wells		4378	34	M	25/29 30-34	30:57.4	6:11/K	15:08.1
193	Bethanie Johnson	Charlotte NC	4217	44	F	3/11 40-44	30:58.9	6:12/K	11:39.9
194	Melissa Reynard		4309	28	F	20/40 25-29	31:04.5	6:13/K	11:45.6
195	Carrie Buckman	Huntersville NC	4107	43	F	4/11 40-44	31:25.1	6:17/K	12:06.2
196	Amanda Hovis		4213	27	F	21/40 25-29	31:31.7	6:18/K	12:12.8
197	Jennifer Tafoya	Charlotte NC	4361	45	F	5/9 45-49	31:36.0	6:19/K	12:17.1
198	Caroline Clemmer		4123	22	F	14/27 20-24	31:40.2	6:20/K	12:21.2
199	Johnny Crump		4136	32	M	26/29 30-34	31:45.5	6:21/K	15:56.2
200	Veronica Russell		4322	24	F	15/27 20-24	31:45.6	6:21/K	12:26.7
201	Samantha Glass		4183	23	F	16/27 20-24	31:46.0	6:21/K	12:27.1
202	Jenna Minges		4261	32	F	15/27 30-34	31:47.9	6:21/K	12:29.0
203	Kelli Burns		4111	34	F	16/27 30-34	31:49.6	6:22/K	12:30.6
204	Jon Croft		4134	29	M	26/32 25-29	31:57.3	6:23/K	16:07.9
205	Arin Heaton		4202	27	F	22/40 25-29	31:57.3	6:23/K	12:38.4
206	Karie Lewicki	Charlotte NC	4237	31	F	17/27 30-34	31:58.0	6:24/K	12:39.1
207	Jennifer Witzgen		4385	27	F	23/40 25-29	31:59.5	6:24/K	12:40.6
208	Chanti Huskey		4406	34	F	18/27 30-34	32:00.1	6:24/K	12:41.2
209	Cristina Montero	Charlotte NC	4265	25	F	24/40 25-29	32:00.3	6:24/K	12:41.4
210	Natalie Epperly		4157	37	F	13/24 35-39	32:03.2	6:25/K	12:44.3
211	Chris Epperly		4158	35	M	25/30 35-39	32:05.5	6:25/K	16:16.2
212	Amy Fox		4172	44	F	5/11 40-44	32:07.9	6:25/K	12:49.0
213	Ashley Starnes		4351	39	M	26/30 35-39	32:08.5	6:26/K	16:19.2
214	Sunny Smith		4343	25	F	25/40 25-29	32:14.2	6:27/K	12:55.3
215	McKenna Brandon		4098	23	F	17/27 20-24	32:14.3	6:27/K	12:55.4
216	Jason Bryant		4103	32	M	27/29 30-34	32:15.0	6:27/K	16:25.6
217	Sue Frost		4177	48	F	6/9 45-49	32:15.8	6:27/K	12:56.9
218	Danielle Crowell		4135	37	F	14/24 35-39	32:18.3	6:28/K	12:59.4
219	Stephanie Graham	Charlotte NC	4186	46	F	7/9 45-49	32:21.9	6:28/K	13:03.0
220	Amy Smith		4346	40	F	6/11 40-44	32:22.4	6:28/K	13:03.5
221	Megan Moore	Mount Holly NC	4266	29	F	26/40 25-29	32:45.7	6:33/K	13:26.8
222	Jessie Franzone	Matthews NC	4173	28	F	27/40 25-29	32:58.0	6:36/K	13:39.1
223	Emily Fantetti		4161	21	F	18/27 20-24	33:00.5	6:36/K	13:41.6
224	Ashley Patterson	Charlotte NC	4282	26	F	28/40 25-29	33:05.7	6:37/K	13:46.8
225	Wesley Clark		4121	27	M	27/32 25-29	33:07.6	6:37/K	17:18.3
226	Ruth Cumberland		4137	23	F	19/27 20-24	33:08.9	6:38/K	13:50.0
227	Heather Martin		4247	37	F	15/24 35-39	33:12.1	6:38/K	13:53.2
228	Miles Andrews		4079	28	M	28/32 25-29	33:12.4	6:38/K	17:23.1
229	Katy Johnson		4219	36	F	16/24 35-39	33:13.1	6:39/K	13:54.2
230	Alex Ramsey	York SC	4299	21	M	12/13 20-24	33:13.9	6:39/K	17:24.5
231	David Burn		4110	35	M	27/30 35-39	33:17.4	6:39/K	17:28.0
232	Viaunce Connor		4130	34	F	19/27 30-34	33:22.8	6:40/K	14:03.9
233	James Pittman	Charlotte NC	4292	26	M	29/32 25-29	33:24.5	6:41/K	17:35.2
234	Trey Hoover		4210	26	M	30/32 25-29	33:32.2	6:42/K	17:42.8
235	Alissa Shannon		4338	26	F	29/40 25-29	33:36.3	6:43/K	14:17.4

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236	Sara Staab		4350	27	F	30/40 25-29	33:40.0	6:44/K	14:21.1
237	Chuck Maddox		4242	53	M	8/9 50-54	33:40.4	6:44/K	17:51.0
238	Melissia Starnes		4352	43	F	7/11 40-44	33:43.1	6:45/K	14:24.2
239	Emily Crabtree		4133	22	F	20/27 20-24	33:45.7	6:45/K	14:26.8
240	Mike Bifulco	Charlotte NC	4086	27	M	31/32 25-29	33:46.0	6:45/K	17:56.6
241	Taylor Ferguson	Huntersville NC	4166	17	F	4/6 15-19	33:50.7	6:46/K	14:31.8
242	Stacey Webster		4377	29	F	31/40 25-29	33:51.9	6:46/K	14:33.0
243	Janelle Lavoie		4234	28	F	32/40 25-29	33:52.2	6:46/K	14:33.3
244	Michelle Ferguson	Huntersville NC	4165	44	F	8/11 40-44	33:52.8	6:46/K	14:33.9
245	John O'Kain		4280	40	M	8/10 40-44	33:59.8	6:48/K	18:10.4
246	Jennifer Highley		4205	37	F	17/24 35-39	34:15.3	6:51/K	14:56.4
247	Katie Short	Charlotte NC	4340	33	F	20/27 30-34	34:18.1	6:52/K	14:59.1
248	Alicia Etscorn		4159	24	F	21/27 20-24	34:18.6	6:52/K	14:59.7
249	chrissy bryant		4104	32	F	21/27 30-34	34:24.6	6:53/K	15:05.7
250	Courtney Johnson		4218	23	F	22/27 20-24	34:33.8	6:55/K	15:14.8
251	James Ziegelbauer	Charlotte NC	4389	26	M	32/32 25-29	34:46.6	6:57/K	18:57.2
252	LAURA SNEAD		4347	31	F	22/27 30-34	34:54.1	6:59/K	15:35.2
253	Teryl Greist	Mooresville NC	4196	35	F	18/24 35-39	35:26.5	7:05/K	16:07.6
254	Thomas Barfield		4083	57	M	3/3 55-59	35:46.1	7:09/K	19:56.7
255	Jeffery Eudy		4160	53	M	9/9 50-54	36:04.5	7:13/K	20:15.1
256	Jennifer Burriss	Monroe NC	4112	39	F	19/24 35-39	36:35.9	7:19/K	17:17.0
257	Tonya Tapp		4364	38	F	20/24 35-39	36:40.4	7:20/K	17:21.5
258	Hannah Ames		4075	26	F	33/40 25-29	36:51.5	7:22/K	17:32.6
259	Thad Beavers		4085	35	M	28/30 35-39	36:52.5	7:22/K	21:03.1
260	Sara Eichinger		4155	26	F	34/40 25-29	36:53.9	7:23/K	17:34.9
261	Sonja Williams		4393	43	F	9/11 40-44	36:54.2	7:23/K	17:35.3
262	Latasha Douglas	STATESVILLE NC	4144	32	F	23/27 30-34	37:01.5	7:24/K	17:42.6
263	Jennifer Lee		4394	29	F	35/40 25-29	37:02.6	7:24/K	17:43.7
264	Abbigail Kuzmen		4230	24	F	23/27 20-24	37:06.0	7:25/K	17:47.1
265	Danielle suprick	Charlotte NC	4356	22	F	24/27 20-24	37:25.7	7:29/K	18:06.8
266	Emily Lukens		4241	24	F	25/27 20-24	37:25.9	7:29/K	18:07.0
267	Alice Farmer	Charlotte NC	4162	36	F	21/24 35-39	37:29.6	7:30/K	18:10.7
268	Joshua Saleeby		4325	18	M	3/3 15-19	37:35.4	7:31/K	21:46.0
269	Jessica Reading		4305	21	F	26/27 20-24	37:37.4	7:31/K	18:18.5
270	ROSA VALDES		4372	34	F	24/27 30-34	37:41.7	7:32/K	18:22.7
271	Christina dunn	charlotte NC	4151	30	F	25/27 30-34	37:42.8	7:32/K	18:23.9
272	Kelli Montanez		4430	31	F	26/27 30-34	38:00.8	7:36/K	18:41.8
273	Nicholas McCarty		4252	20	M	13/13 20-24	38:10.2	7:38/K	22:20.9
274	Carlos Torres		4368	34	M	28/29 30-34	39:24.0	7:53/K	23:34.6
275	Maria Torrentes		4367	35	F	22/24 35-39	39:24.0	7:53/K	20:05.1
276	Meredith Ray		4302	28	F	36/40 25-29	39:28.0	7:54/K	20:09.1
277	Matthew Highley		4206	36	M	29/30 35-39	39:38.7	7:56/K	23:49.3
278	Jessica Perry		4286	36	F	23/24 35-39	39:47.5	7:57/K	20:28.6
279	Stacey Saleeby		4324	26	F	37/40 25-29	39:52.8	7:58/K	20:33.9
280	Alanna Dronsky		4148	16	F	5/6 15-19	39:54.7	7:59/K	20:35.8
281	Robin Vogeli		4374	41	F	10/11 40-44	40:55.5	8:11/K	21:36.6
282	June Hersek		4204	51	F	3/4 50-54	41:01.3	8:12/K	21:42.4

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283	Megan Smith		4345	28	F	38/40 25-29	41:02.9	8:12/K	21:43.9
284	Scott Readling		4412	44	M	9/10 40-44	41:09.1	8:14/K	25:19.8
285	Michele Miranda		4262	36	F	24/24 35-39	41:34.6	8:19/K	22:15.7
286	Sonda Frattini	Charlotte NC	4175	48	F	8/9 45-49	42:22.3	8:28/K	23:03.3
287	Paula Solano	Denver NC	4349	26	F	39/40 25-29	43:06.5	8:37/K	23:47.6
288	David Dilda		4409	44	M	10/10 40-44	43:06.5	8:37/K	27:17.2
289	Sheila Rivera		4312	33	F	27/27 30-34	43:07.0	8:37/K	23:48.1
290	Carolyn Houser		4212	21	F	27/27 20-24	43:11.9	8:38/K	23:52.9
291	Katie Gramarossa		4187	25	F	40/40 25-29	43:12.3	8:38/K	23:53.3
292	Megan Readling		4304	17	F	6/6 15-19	44:21.6	8:52/K	25:02.7
293	Matthew Whitley		4380	38	M	30/30 35-39	44:23.0	8:53/K	28:33.6
294	Jennifer Readling		4303	42	F	11/11 40-44	44:24.9	8:53/K	25:06.0
295	Leigh Sellers	Charlotte NC	4335	50	F	4/4 50-54	44:44.8	8:57/K	25:25.9
296	Dawn Neto		4274	49	F	9/9 45-49	44:45.3	8:57/K	25:26.4
297	Ian Wallis		4375	30	M	29/29 30-34	45:30.8	9:06/K	29:41.4
298	Callie Dishon		4143	5	F	4/4 0-14	45:33.3	9:07/K	26:14.4