

Race Date
July 23, 2016

Tread Lightly
Overall Finish List

4 Mile

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Michael Garrity	Waxhaw NC	159	13	M	1 1-14	34:14.0	8:34/M
2	Evan Zottl	Waxhaw NC	558	13	M	2 1-14	34:51.9	8:43/M
3	Tyler Carroll		568	13	M	3 1-14	35:48.6	8:57/M
4	Troy Lee	Charlotte NC	207	29	M	1 25-29	36:00.2	9:00/M
5	Joe Hussey	Waxhaw NC	190	16	M	1 15-19	36:20.4	9:05/M
6	William Walsh	Waxhaw NC	537	13	M	4 1-14	37:09.0	9:17/M
7	Matthew Rasmussen	Southern Pines NC	250	33	M	1 30-34	37:16.0	9:19/M
8	Brian Ficker	Charlotte NC	149	33	M	2 30-34	37:24.2	9:21/M
9	Madeline Hill	Waxhaw NC	183	13	F	1 1-14	37:33.7	9:23/M
10	Kurt Zottl	Waxhaw NC	559	13	M	5 1-14	38:00.3	9:30/M
11	Kirk Walsh	Waxhaw NC	536	45	M	1 45-49	38:47.0	9:42/M
12	Leah Helms	Monroe NC	179	12	F	2 1-14	38:47.6	9:42/M
13	Trent Piotrowski	Pensacola FL	242	17	M	2 15-19	39:32.4	9:53/M
14	Connor Mack	Waxhaw NC	215	12	M	6 1-14	39:37.5	9:54/M
15	Melanie Hussey		575	18	F	1 15-19	40:14.0	10:04/M
16	Jaden Hanson	Waxhaw NC	174	11	M	7 1-14	40:14.8	10:04/M
17	Diego Esquivel	Waxhaw NC	138	11	M	8 1-14	40:16.0	10:04/M
18	Griffen Clarke	Fort Mill SC	127	19	M	3 15-19	40:17.3	10:04/M
19	Cole Anderson	Charlotte NC	105	32	M	3 30-34	40:40.7	10:10/M
20	Greg Gower		586	43	M	1 40-44	40:43.4	10:11/M
21	Carey Sikes	Charlotte NC	512	38	M	1 35-39	40:57.2	10:14/M
22	Kelly Poole	Waxhaw NC	245	13	F	3 1-14	41:09.4	10:17/M
23	keegan burr	waxhaw NC	119	13	M	9 1-14	41:18.4	10:20/M
24	Jack Walsh	Waxhaw NC	535	15	M	4 15-19	41:37.3	10:24/M
25	Travis Horesh	Charlotte NC	185	29	M	2 25-29	42:01.8	10:30/M
26	Kendall Gallagher	waxhaw NC	157	13	F	4 1-14	42:05.0	10:31/M
27	Marissa Bosland	Waxhaw NC	111	11	F	5 1-14	42:05.8	10:31/M
28	Jeff Green	Waxhaw NC	167	44	M	2 40-44	42:33.4	10:38/M
29	Carson Turner	Waxhaw NC	528	15	M	5 15-19	42:38.2	10:40/M
30	Robbie Mclendon	Bishopville SC	220	61	M	1 55-99	42:49.0	10:42/M
31	Kyle Fazio	Huntersville NC	144	29	M	3 25-29	43:22.7	10:51/M
32	Patrick Garrity	Waxhaw NC	158	11	M	10 1-14	43:31.3	10:53/M
33	Kaitlyn St. Hilaire	Waxhaw NC	515	14	F	6 1-14	43:42.5	10:56/M
34	Jason Hedrick	Charlotte NC	178	44	M	3 40-44	43:56.5	10:59/M
35	John Whalen	Cornelius NC	544	43	M	4 40-44	44:25.5	11:06/M
36	Cara Waller	Charlotte NC	533	42	F	1 40-44	44:30.0	11:08/M
37	Kyle Bennett	Waxhaw NC	106	11	M	11 1-14	44:42.4	11:11/M
38	Christa Henry	Cornelius NC	181	29	F	1 25-29	45:07.6	11:17/M
39	Terry Thomson	Waxhaw NC	523	50	M	1 50-54	45:09.1	11:17/M
40	Maureen Garrity	Waxhaw NC	160	11	F	7 1-14	45:10.4	11:18/M
41	Bryan Fennell	Waxhaw NC	147	19	M	6 15-19	45:11.4	11:18/M
42	Sonny Leshaw	Waxhaw NC	208	12	M	12 1-14	45:19.1	11:20/M
43	Lauren Kuhlmeier	Charlotte NC	565	26	F	2 25-29	45:22.3	11:21/M
44	Matthew Favreau	Fort Mill SC	143	40	M	5 40-44	45:29.5	11:22/M
45	Aron Stelmach	fort mill SC	518	40	M	6 40-44	45:48.3	11:27/M
46	Brendan Ryan	Waxhaw NC	506	46	M	2 45-49	46:08.7	11:32/M
47	Chad Eaton	Waxhaw NC	134	44	M	7 40-44	46:52.2	11:43/M

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48	Kinzie Wright	FORT MILL SC	554	36	M	2 35-39	46:54.0	11:44/M
49	Amanda Houck	Virginia Beach VA	186	33	F	1 30-34	47:14.9	11:49/M
50	Jimmy Flanagan	Jacksonville FL	150	48	M	3 45-49	47:35.8	11:54/M
51	William Gooding	Clover SC	164	54	M	2 50-54	48:03.1	12:01/M
52	Campbell Turner	Waxhaw NC	527	13	M	13 1-14	48:20.6	12:05/M
53	Daniel Gooding	Clover SC	165	15	M	7 15-19	48:25.3	12:06/M
54	Kevin List	Charlotte NC	210	32	M	4 30-34	48:28.3	12:07/M
55	Douglas Cooper	Parkton NC	128	40	M	8 40-44	49:27.5	12:22/M
56	David Hanson	Waxhaw NC	175	44	M	9 40-44	49:32.7	12:23/M
57	Brendan Ryan, Jr.	Waxhaw NC	508	11	M	14 1-14	49:33.8	12:23/M
58	Claire Hussey		574	13	F	8 1-14	49:39.6	12:25/M
59	Weston Bussler	Charlotte NC	1029	24	M	1 20-24	49:47.8	12:27/M
60	Jeff Yurcak	Charlitte NC	557	41	M	10 40-44	50:01.6	12:30/M
61	Ben Allen	Charlotte NC	102	10	M	15 1-14	50:07.7	12:32/M
62	Dev Desai	Charlotte NC	132	40	M	11 40-44	50:17.5	12:34/M
63	David Welter	Charlotte NC	543	26	M	4 25-29	50:17.7	12:34/M
64	Bridget Goode	Charlotte NC	163	30	F	2 30-34	50:28.3	12:37/M
65	Mila Lamparska		577	28	F	3 25-29	50:33.2	12:38/M
66	Nick Mauro	Clover SC	217	34	M	5 30-34	50:36.0	12:39/M
67	Aaron Browning	Waxhaw NC	113	10	M	16 1-14	50:48.7	12:42/M
68	Hannah Green	Waxhaw NC	168	12	F	9 1-14	50:50.8	12:43/M
69	Ahmadou Ly	Charlotte NC	214	45	M	4 45-49	50:52.5	12:43/M
70	Oscar Esquivel	Waxhaw NC	139	38	M	3 35-39	50:58.6	12:45/M
71	Ava Walters	Waxhaw NC	538	9	F	10 1-14	51:00.9	12:45/M
72	Sean Walters	Waxhaw NC	541	37	M	4 35-39	51:01.2	12:45/M
73	Adam Huminsky	Matthews NC	189	41	M	12 40-44	51:09.9	12:47/M
74	Amanda Dunn	Indian Land SC	133	51	F	1 50-54	51:16.4	12:49/M
75	Lynn Hammontree	Lake Wylie SC	170	46	F	1 45-49	51:27.9	12:52/M
76	Dan Buonajurio		584	25	M	5 25-29	51:28.1	12:52/M
77	Ken Hoover		582	42	M	13 40-44	51:39.1	12:55/M
78	Michael Henry	Cornelius NC	182	29	M	6 25-29	51:44.9	12:56/M
79	Matthew Williams	Sarasota FL	548	44	M	14 40-44	51:53.3	12:58/M
80	Payton Best	Waxhaw NC	109	11	M	17 1-14	51:54.9	12:59/M
81	Sean O'Dea	Waxhaw NC	230	12	M	18 1-14	51:55.3	12:59/M
82	Sophie Allen	Charlotte NC	101	12	F	11 1-14	52:02.0	13:01/M
83	John Allen Sophie Allen	Charlotte NC	513	44	M	15 40-44	52:02.1	13:01/M
84	David Burnette	Virginia Beach VA	116	38	M	5 35-39	52:05.4	13:01/M
85	Gary Looby	Cornelius NC	212	55	M	2 55-99	52:12.5	13:03/M
86	amy foote	Salisbury NC	572	43	F	2 40-44	52:27.1	13:07/M
87	chris foote	Salisbury NC	573	50	M	3 50-54	52:27.2	13:07/M
88	Madeline Scroggins	Charlotte NC	510	12	F	12 1-14	52:32.2	13:08/M
89	Jay Scroggins	Charlotte NC	509	45	M	5 45-49	52:32.7	13:08/M
90	Isabela Peterson	Charlotte NC	238	15	F	2 15-19	52:36.1	13:09/M
91	Chris Tietz	Fort Mill SC	524	45	M	6 45-49	52:39.6	13:10/M
92	Jeff Linson	Charlotte NC	209	56	M	3 55-99	52:46.3	13:12/M
93	Emily Butler	Charlotte NC	121	25	F	4 25-29	52:51.0	13:13/M
94	philippe grain	Huntersville NC	166	47	M	7 45-49	52:59.1	13:15/M

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95	David Cornelius	Charlotte NC	129	48	M	8 45-49	53:00.8	13:15/M
96	John McGuire	Waxhaw NC	219	49	M	9 45-49	53:17.5	13:19/M
97	Alvaro De LaMora, Jr		571	45	M	10 45-49	53:25.4	13:21/M
98	Aisha Ly		563	16	F	3 15-19	53:30.6	13:23/M
99	Eli Ernst	Waxhaw NC	137	12	M	19 1-14	54:01.7	13:30/M
100	Heather Walters	Waxhaw NC	539	36	F	1 35-39	54:03.0	13:31/M
101	Rammohan Mittagunta	Waxhaw NC	224	1	M	20 1-14	54:24.7	13:36/M
102	Cassie Wooten	Waxhaw NC	550	13	F	13 1-14	54:45.5	13:41/M
103	Russell Browning	Waxhaw NC	112	46	M	11 45-49	55:02.9	13:46/M
104	Cole Eaton	Waxhaw NC	135	13	M	21 1-14	55:31.4	13:53/M
105	Sal Saiyed		585	32	M	6 30-34	55:57.5	13:59/M
106	Adam Burr	Waxhaw NC	117	39	M	6 35-39	56:18.2	14:05/M
107	Ciaran Burr	waxhaw NC	118	10	M	22 1-14	56:18.8	14:05/M
108	Cameron Walsh	Waxhaw NC	534	9	F	14 1-14	56:21.7	14:05/M
109	Aydan McGuire	Waxhaw NC	218	12	F	15 1-14	56:29.6	14:07/M
110	Anna Swearingen	Charlotte NC	1186	25	F	5 25-29	56:51.9	14:13/M
111	Brynne Piotrowski	Charlotte NC	241	27	F	6 25-29	57:15.3	14:19/M
112	Hope Hanson	Waxhaw NC	173	14	F	16 1-14	57:31.9	14:23/M
113	Tamzin Ellerbeck	Paoli PA	583	23	F	1 20-24	57:40.9	14:25/M
114	Kennedy Ruffin	Charlotte NC	504	16	F	4 15-19	57:47.5	14:27/M
115	Louetta Hanson	Waxhaw NC	172	39	F	2 35-39	58:07.6	14:32/M
116	Marcos De Oliveira	Charlotte NC	131	50	M	4 50-54	58:08.1	14:32/M
117	Christine Gallagher	waxhaw NC	156	44	F	3 40-44	58:11.8	14:33/M
118	Kevin McNamara	Charlotte NC	221	50	M	5 50-54	58:14.6	14:34/M
119	Matthew Muvihill	Waxhaw NC	227	11	M	23 1-14	58:37.4	14:39/M
120	Izzy Mague		569	12	F	17 1-14	58:37.4	14:39/M
121	Jennifer Kelso	Charlotte NC	567	48	F	2 45-49	58:40.0	14:40/M
122	Meredith Bumgarner	Hickory NC	1026	31	F	3 30-34	58:54.6	14:44/M
123	Lauren Hart	Granite Falls NC	1090	30	F	4 30-34	58:54.9	14:44/M
124	Victor Bukowski	Pineville NC	115	27	M	7 25-29	59:06.1	14:47/M
125	Laura Jepsen	Pineville NC	562	26	F	7 25-29	59:09.1	14:47/M
126	Andrea Estes	Charlotte NC	140	24	F	2 20-24	59:10.9	14:48/M
127	Johanna Walters	Waxhaw NC	540	12	F	18 1-14	59:26.3	14:52/M
128	sarah valentine	waxhaw NC	529	12	F	19 1-14	59:26.4	14:52/M
129	Rory Regan	Charlotte NC	501	53	M	6 50-54	59:43.2	14:56/M
130	Jess White	Charlotte NC	546	28	F	8 25-29	1:00:38.9	15:10/M
131	Jeff White	Charlotte NC	545	31	M	7 30-34	1:00:39.5	15:10/M
132	Manoj Parvathaneni	Fort Mill SC	1151	35	M	7 35-39	1:00:58.7	15:15/M
133	kelli kerkhoff	wilmington NC	560	42	F	4 40-44	1:01:23.7	15:21/M
134	andy kerkhoff	wilmington NC	561	41	M	16 40-44	1:01:23.8	15:21/M
135	Rebecca Scroggins	Charlotte NC	511	44	F	5 40-44	1:01:29.5	15:22/M
136	Alison Ernst	Waxhaw NC	136	39	F	3 35-39	1:01:32.8	15:23/M
137	Kaylan Frame	Charlotte NC	154	19	F	5 15-19	1:01:41.6	15:25/M
138	Haley Harbin	Charlotte NC	176	19	F	6 15-19	1:01:41.8	15:25/M
139	Kim Stecher	Huntersville NC	517	44	F	6 40-44	1:01:49.6	15:27/M
140	Shallini Sood		580	33	F	5 30-34	1:02:34.9	15:39/M
141	Courtney Stark	Winston Salem NC	516	47	F	3 45-49	1:02:45.7	15:41/M

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142	Patrick Wright	Fort Mill SC	555	9	M	24 1-14	1:02:48.7	15:42/M
143	Sonya Ruffin	Charlotte NC	505	43	F	7 40-44	1:03:03.9	15:46/M
144	Faith Neale	Concord NC	228	50	F	2 50-54	1:03:04.1	15:46/M
145	Corey Henderson	Charlotte ND	180	39	F	4 35-39	1:03:04.1	15:46/M
146	susan wallen	tega cay SC	532	43	F	8 40-44	1:03:18.9	15:50/M
147	Nancy Allen	Fort Mill SC	103	40	F	9 40-44	1:03:19.3	15:50/M
148	JEFF FELTES	STONE MOUNTAIN	145	44	M	17 40-44	1:03:28.4	15:52/M
149	Robert Glover	belmont NC	161	41	M	18 40-44	1:03:41.9	15:55/M
150	Michelle Lear		581	35	F	5 35-39	1:03:53.2	15:58/M
151	kim clark	charlotte NC	1039	59	F	1 55-99	1:04:04.3	16:01/M
152	Andrea Bonner	Matthews NC	110	43	F	10 40-44	1:04:12.6	16:03/M
153	Allison Alston	Cary NC	104	27	F	9 25-29	1:04:56.6	16:14/M
154	Olivia Webb	Columbia SC	542	27	F	10 25-29	1:05:11.3	16:18/M
155	Mckendree Farr	Columbia SC	142	27	M	8 25-29	1:05:11.6	16:18/M
156	Sarah Kim		576	36	F	6 35-39	1:05:51.8	16:28/M
157	Erika Martinez	Miami FL	216	32	F	6 30-34	1:06:01.3	16:30/M
158	Cami Winarchick	Charlotte NC	1204	47	F	4 45-49	1:06:03.0	16:31/M
159	Brittany Lawrence		578	25	F	11 25-29	1:06:11.7	16:33/M
160	Joseph Culp	WAXHAW NC	130	11	M	25 1-14	1:06:17.8	16:34/M
161	Jill Stevens	Charlotte NC	519	35	F	7 35-39	1:06:43.8	16:41/M
162	Ganesh Ranganathan	Fort Mill SC	249	35	M	8 35-39	1:06:43.9	16:41/M
163	Melanie Langmead		579	32	F	7 30-34	1:06:43.9	16:41/M
164	David Ruch	Charlotte NC	503	62	M	4 55-99	1:07:05.2	16:46/M
165	Breandan Meredith	Maysville NC	222	31	M	8 30-34	1:07:37.3	16:54/M
166	Jason Moretz	Maiden NC	225	37	M	9 35-39	1:08:12.0	17:03/M
167	Sierra Haynes	Charlotte NC	177	30	F	8 30-34	1:08:26.6	17:07/M
168	James Tarlton	Rock Hill SC	521	42	M	19 40-44	1:08:41.9	17:10/M
169	Leigh Wisniewski	Rock Hill SC	549	36	F	8 35-39	1:08:42.3	17:11/M
170	Tara Poole	Waxhaw NC	247	43	F	11 40-44	1:08:54.9	17:14/M
171	Katie Poole	Waxhaw NC	246	9	F	20 1-14	1:08:55.2	17:14/M
172	Barbara Ronzetti	East Northport NY	502	58	F	2 55-99	1:09:25.0	17:21/M
173	Ava Cachine	Waxhae NC	123	12	F	21 1-14	1:09:34.1	17:24/M
174	Jeff Cachine	Waxhaw NC	124	48	M	12 45-49	1:10:51.9	17:43/M
175	Caison Turner	Waxhaw NC	526	11	F	22 1-14	1:10:57.9	17:44/M
176	Nicole Pistani	Waxhaw NC	243	12	F	23 1-14	1:11:23.2	17:51/M
177	Cathy Wright	Hickory NC	551	31	F	9 30-34	1:11:54.3	17:59/M
178	Stephen Wright	Hickory NC	556	29	M	9 25-29	1:11:54.4	17:59/M
179	Alison Fennell	Waxhaw NC	148	13	F	24 1-14	1:11:59.1	18:00/M
180	Ryan Hoover	Waxhaw NC	184	13	M	26 1-14	1:12:25.6	18:06/M
181	Valerie Lear	Charlotte NC	205	37	F	9 35-39	1:13:00.4	18:15/M
182	Teresa Burton	belmont NC	120	45	F	5 45-49	1:13:13.3	18:18/M
183	Kristin Allen	Charlotte NC	100	45	F	6 45-49	1:14:05.0	18:31/M
184	Kreg Goad	Matthews NC	162	37	M	10 35-39	1:14:13.0	18:33/M
185	Rebecca Winkler	Granite Falls NC	1205	31	F	10 30-34	1:14:25.1	18:36/M
186	Nicole Miller	Charlotte NC	223	34	F	11 30-34	1:14:47.4	18:42/M
187	Darcy Wright	Fort Mill SC	552	36	F	10 35-39	1:15:28.2	18:52/M
188	Jackson Wright	Fort Mill SC	553	11	M	27 1-14	1:15:30.0	18:53/M

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189	Thomas Phillips	CHARLOTTE NC	240	32	M	9 30-34	1:17:45.2	19:26/M
190	Gwen Foellmer	charlotte NC	151	34	F	12 30-34	1:19:01.7	19:45/M
191	Andrew Vercellono	Charlotte NC	530	44	M	20 40-44	1:22:52.1	20:43/M
192	Anne Huminsky	Matthews NC	188	42	F	12 40-44	1:24:21.9	21:05/M
193	Vanesa Fuquene	Monroe NC	155	20	F	3 20-24	1:25:49.9	21:27/M
194	Levi May		600	26	M	10 25-29	1:27:53.5	21:58/M
195	John Fox	charlotte NC	153	11	M	28 1-14	1:31:09.9	22:47/M
196	Paul Fox	Charlotte NC	564	46	M	13 45-49	1:31:36.1	22:54/M
197	Donna Henry	Austell GA	1091	49	F	7 45-49	1:34:52.5	23:43/M
198	Thomas Turner	Greensboro NC	1192	43	M	21 40-44	1:34:53.0	23:43/M
199	Shonquila Thomas	Columbia MD	1189	33	F	13 30-34	1:48:29.5	27:07/M
200	Unknown Partic. 1198		1198		M	1 0-0	2:51:34.3	42:54/M
201	Roland Nevffer		570	52	M	7 50-54	4:05:26.1	61:22/M