

Frigid 5K Run & Plunge

Race Date

February 13, 2016

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Yannick Fischbach	Simpsonville SC	7009	24	M	1 20-24	17:27.1	3:29/K
2	Brian Gowiski	Charlotte NC	7015	26	M	1 25-29	17:34.7	3:31/K
3	cole Smith	Charlotte NC	7040	17	M	1 15-19	19:17.7	3:51/K
4	Chad Zeman	Charlotte NC	7048	30	M	1 30-34	19:19.9	3:52/K
5	Zachary Dawson	Huntersville NC	7080	17	M	2 15-19	19:45.7	3:57/K
6	Brian Tyler	Atlanta GA	7044	30	M	2 30-34	19:47.0	3:57/K
7	Zach Melvin	Gastonia NC	7029	22	M	2 20-24	19:49.3	3:58/K
8	Stephen Cook	Charlotte NC	7004	29	M	2 25-29	19:59.3	4:00/K
9	mike Pietrobon	Charlotte NC	7037	31	M	3 30-34	20:07.9	4:01/K
10	John Stevens	Charlotte NC	7041	26	M	3 25-29	20:24.4	4:05/K
11	Chris Taylor	Charlotte NC	7043	33	M	4 30-34	20:28.3	4:06/K
12	Allie Pitcher	Cherryville NC	7038	13	F	1 1-14	20:28.5	4:06/K
13	Chris Hardin	Charlotte NC	7020	24	M	3 20-24	20:29.4	4:06/K
14	Gregg Garrison	Cornelius NC	7010	40	M	1 40-44	20:35.6	4:07/K
15	Johnny Grant	Iron Station NC	7016	15	M	3 15-19	20:37.6	4:07/K
16	Martin Harrison	Davidson NC	7021	53	M	1 50-54	20:40.9	4:08/K
17	Michael Ferreira	Waxhaw NC	7008	35	M	1 35-39	20:50.2	4:10/K
18	Brandon Collins	Charlotte NC	7003	26	M	4 25-29	20:53.8	4:11/K
19	Paul Halaburda	Charlotte NC	7018	35	M	2 35-39	21:11.4	4:14/K
20	Josh Mort	Fort Mill SC	7032	26	M	5 25-29	21:14.3	4:15/K
21	Patty Grinton	Cherryville NC	7017	47	F	1 45-49	21:19.8	4:16/K
22	GARRETT NELSON	charlotte NC	7033	46	M	1 45-49	21:24.6	4:17/K
23	Jameson Ellis	Mattt NC	7399	39	M	3 35-39	21:39.5	4:20/K
24	Troy Lee	Charlotte NC	7026	29	M	6 25-29	21:46.6	4:21/K
25	Joshua James	Charlotte NC	7023	39	M	4 35-39	21:51.9	4:22/K
26	Mike Arcidiacono	Charlotte NC	7001	29	M	7 25-29	21:54.8	4:23/K
27	mike leMBERG		7403	37	M	5 35-39	22:04.8	4:25/K
28	Derrick Davis	Taylors SC	7005	25	M	8 25-29	22:05.0	4:25/K
29	Andrew Gay	Charlotte NC	7012	25	M	9 25-29	22:07.5	4:25/K
30	Jason Hedrick	Charlotte NC	7101	44	M	2 40-44	22:17.7	4:27/K
31	Sydney Wood	Huntersville NC	7046	13	F	2 1-14	22:18.7	4:28/K
32	Kevin List	Charlotte NC	7028	32	M	5 30-34	22:20.1	4:28/K
33	Kate MacConnachie	Matthews NC	7112	36	F	1 35-39	22:20.4	4:28/K
34	Derrick Willmott	Lewisville NC	7159	49	M	2 45-49	22:21.1	4:28/K
35	Chris Cowart	Fort Mill SC	7075	48	M	3 45-49	22:28.0	4:30/K
36	Grady Gaston	monroe NC	7011	26	M	10 25-29	22:29.4	4:30/K
37	Jason Jaskiewicz	Commerce MI	7107	26	M	11 25-29	22:33.7	4:31/K
38	Derek Harrell	Charlotte NC	7099	31	M	6 30-34	22:35.4	4:31/K
39	Zach Gettinger		7407	41	M	3 40-44	22:38.9	4:32/K
40	Steven Epprecht	Huntersville NC	7085	23	M	4 20-24	22:41.1	4:32/K
41	jeffrey lak	mt holly NC	7025	38	M	6 35-39	22:41.5	4:32/K
42	Kate Dunlap	Charlotte NC	7195	17	M	4 15-19	22:42.1	4:32/K
43	Molly Dedmon	Charlotte NC	7006	27	F	1 25-29	22:49.0	4:34/K
44	Steven Conley	Huntersville NC	7073	21	M	5 20-24	22:53.9	4:35/K
45	Scott Lemos	Charlotte NC	7027	44	M	4 40-44	22:55.5	4:35/K
46	Blake Hodges	Greenville NC	7218	24	M	6 20-24	22:56.1	4:35/K
47	Bruce Adams	Alexis NC	7000	56	M	1 55-99	22:59.7	4:36/K

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48	Adam Zelsdorf	Charlotte NC	7047	32	M	7 30-34	23:02.5	4:36/K
49	Eric Smallwood	Concord NC	7141	30	M	8 30-34	23:07.7	4:37/K
50	matt hooker		7449	35	M	7 35-39	23:09.1	4:38/K
51	Mike Willard	Charlotte NC	7158	34	M	9 30-34	23:16.9	4:39/K
52	Liam Huddy	Huntersville NC	7022	17	M	5 15-19	23:17.8	4:39/K
53	Judd Glasco	Fort Mill SC	7094	34	M	10 30-34	23:22.8	4:40/K
54	Chirag Dua	Charlotte NC	7081	38	M	8 35-39	23:24.4	4:41/K
55	jeff philibin	Charlotte NC	7126	28	M	12 25-29	23:25.5	4:41/K
56	Nicholas Billiris	Charlotte NC	7060	25	M	13 25-29	23:26.5	4:41/K
57	Matt Weber	Charlotte NC	7154	15	M	6 15-19	23:41.2	4:44/K
58	Sydney Powel	Waxhaw NC	7039	15	F	1 15-19	23:42.4	4:44/K
59	Aaron Chan	Charlotte NC	7002	40	M	5 40-44	23:46.7	4:45/K
60	Jackson Pitcher	Cherryville NC	7128	15	M	7 15-19	23:52.6	4:46/K
61	Brock Glaser	Troutman NC	7014	36	M	9 35-39	23:52.8	4:46/K
62	Leigh Northrup	Concord NC	7117	41	M	6 40-44	23:59.9	4:48/K
63	Corey Eaton	Charlotte NY	7084	36	M	10 35-39	24:03.5	4:49/K
64	Merlin Chilton	Charlotte NC	7069	35	M	11 35-39	24:04.7	4:49/K
65	Jeffrey Chokran	Matthews NC	7070	46	M	4 45-49	24:09.7	4:50/K
66	Brayden Davis	Denver NC	7079	12	M	1 1-14	24:10.5	4:50/K
67	Michael Perrott	Charlotte NC	7124	43	M	7 40-44	24:12.0	4:50/K
68	Megan Stevenson	Herndon VA	7143	26	F	2 25-29	24:17.5	4:51/K
69	Chris Carter	Charlotte NC	7068	35	M	12 35-39	24:18.2	4:52/K
70	Austin Appleby	Charlotte NC	7051	25	M	14 25-29	24:18.9	4:52/K
71	Brett Harrell	Matthews NC	7214	25	M	15 25-29	24:21.2	4:52/K
72	Miranda Crawford	Charlotte NC	7076	39	F	2 35-39	24:26.7	4:53/K
73	Amanda Orr	Waxhaw NC	7121	40	F	1 40-44	24:29.8	4:54/K
74	Nick Talbott	Charlotte NC	7148	24	M	7 20-24	24:32.2	4:54/K
75	Anna Bickers	Charlotte NC	7172	22	F	1 20-24	24:33.3	4:55/K
76	Ben Phillips	Charlotte NC	7127	24	M	8 20-24	24:34.5	4:55/K
77	Stephanie Jacobs	Concord NC	7106	29	F	3 25-29	24:37.5	4:55/K
78	Brandon Bayes	Huntersville NC	7059	34	M	11 30-34	24:39.4	4:56/K
79	Lindsay Mizok	kannapolis NC	7031	26	F	4 25-29	24:41.5	4:56/K
80	Stacy Wood		7160	49	F	2 45-49	24:43.2	4:57/K
81	Laurie Passalaqua	Fort Mill SC	7122	40	F	2 40-44	24:44.9	4:57/K
82	Brandon Miller	Weddington NC	7115	25	M	16 25-29	24:46.6	4:57/K
83	Dan Ryan	Waxhaw NC	7134	41	M	8 40-44	24:50.6	4:58/K
84	Sarah O'Keefe	Mooresville NC	7447	25	F	5 25-29	24:56.0	4:59/K
85	Dillon Espinosa	Huntersville NC	7086	23	M	9 20-24	25:01.8	5:00/K
86	Michelle Ford	Charlotte NC	7090	43	F	3 40-44	25:10.7	5:02/K
87	Tania Agness	Charlotte NC	7049	25	F	6 25-29	25:13.4	5:03/K
88	Blair Appleby	Charlotte NC	7165	25	F	7 25-29	25:23.5	5:05/K
89	Kennedy Poppler	Harrisburg NC	7130	15	F	2 15-19	25:25.5	5:05/K
90	Thomas Emmrich	Charlotte NC	7007	55	M	2 55-99	25:33.2	5:07/K
91	Daniel Powel	Waxhaw NC	7131	47	M	5 45-49	25:34.2	5:07/K
92	Brendan O'Donnell	Charlotte NC	7119	41	M	9 40-44	25:35.3	5:07/K
93	Robert Agness	Charlotte NC	7163	25	M	17 25-29	25:39.8	5:08/K
94	eigil kjaerlff		7405	19	M	8 15-19	25:41.3	5:08/K

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95	Kenneth Primm	Gastonia NC	7132	49	M	6 45-49	25:44.6	5:09/K
96	Sarah Hardin	Huntersville NC	7098	21	F	2 20-24	25:45.1	5:09/K
97	Jared Hanson	Fort Mill SC	7019	38	M	13 35-39	26:00.2	5:12/K
98	Brian Honeycutt	Rockwell NC	7103	28	M	18 25-29	26:09.1	5:14/K
99	Christie Guild	Ft Mill SC	7095	37	F	3 35-39	26:09.8	5:14/K
100	Justin Mazouat	Denver CO	7113	31	M	12 30-34	26:13.0	5:15/K
101	Beau Corey	Charlotte NC	7074	28	M	19 25-29	26:14.1	5:15/K
102	Scott Ryerson	Charlotte NC	7273	41	M	10 40-44	26:14.6	5:15/K
103	Susan Smith	Charlotte NC	7142	46	F	3 45-49	26:15.2	5:15/K
104	Alex Jones	Bessemer City NC	7224	15	M	9 15-19	26:17.9	5:15/K
105	michael raedy		7395	36	M	14 35-39	26:20.6	5:16/K
106	Dan Bynum	Mount Holly NC	7065	52	M	2 50-54	26:33.4	5:19/K
107	John Theobald	Charlotte NC	7150	57	M	3 55-99	26:36.2	5:19/K
108	doug seamanh		7410	35	M	15 35-39	26:38.3	5:20/K
109	Dulce Gierrmanski	Belmont NC	7093	21	F	3 20-24	26:40.6	5:20/K
110	John Olson	Matthews NC	7120	26	M	20 25-29	26:44.9	5:21/K
111	Nathan Mullett	Fort Mill SC	7248	41	M	11 40-44	26:59.4	5:24/K
112	Darin Bird	Denver NC	7173	47	M	7 45-49	27:01.9	5:24/K
113	Jarrid Danburg	Charlotte NC	7190	36	M	16 35-39	27:06.3	5:25/K
114	Kyle Clark	Charlotte NC	7072	25	F	8 25-29	27:07.8	5:25/K
115	Will Clark	Gastonia NC	7071	23	M	10 20-24	27:09.0	5:26/K
116	Nick Nova	Fort Mill SC	7118	23	M	11 20-24	27:13.6	5:27/K
117	joshua leslie		7409	22	M	12 20-24	27:14.7	5:27/K
118	bryan harbin	charlote NC	7213	33	M	13 30-34	27:15.9	5:27/K
119	Sun Gandara	Charlotte NC	7092	45	F	4 45-49	27:16.6	5:27/K
120	grace clements		7404	18	F	3 15-19	27:24.1	5:29/K
121	Adrienne Clarke	Charlotte NC	7184	23	F	4 20-24	27:28.2	5:30/K
122	Tyler Elkins	Charlotte NC	7197	27	M	21 25-29	27:35.9	5:31/K
123	Brandt Kayser	Charlotte NC	7378	26	M	22 25-29	27:37.7	5:31/K
124	Carolyn Taylor	Cornelius NC	7149	50	F	1 50-54	27:44.1	5:33/K
125	Paul Block	Gastonia NC	7304	51	M	3 50-54	27:47.2	5:33/K
126	Michael Arrowood	Gastonia NC	7052	27	M	23 25-29	27:51.3	5:34/K
127	Megan Smithers	Charlotte NC	7282	23	F	5 20-24	27:54.1	5:35/K
128	DAVE SCHMIDT	CHARLOTTE NC	7137	28	M	24 25-29	27:54.9	5:35/K
129	Michael Fox	Charlotte NC	7091	55	M	4 55-99	27:56.3	5:35/K
130	Edward Pillow	Bessemer City NC	7264	43	M	12 40-44	27:56.5	5:35/K
131	Thomas Barrett	Charlotte NC	7057	29	M	25 25-29	28:01.5	5:36/K
132	stephanie barrie	Stanwood WA	7058	23	F	6 20-24	28:02.8	5:36/K
133	Billy Gooding		7406	54	M	4 50-54	28:03.3	5:37/K
134	Alistair Lowe	Charlotte NC	7111	36	M	17 35-39	28:05.5	5:37/K
135	Mary Hard	Charlotte NC	7097	38	F	4 35-39	28:05.5	5:37/K
136	Mila Lamparska	Charlotte NC	7228	28	F	9 25-29	28:07.2	5:37/K
137	Daniel Gooding	Clover SC	7440	15	M	10 15-19	28:08.1	5:38/K
138	Zach Dorcas	Huntersville NC	7316	17	M	11 15-19	28:11.1	5:38/K
139	stephen moore	charlotte NC	7116	53	M	5 50-54	28:13.8	5:39/K
140	Ranger Glaser	troutman NC	7013	11	M	2 1-14	28:24.9	5:41/K
141	Jennifer Costarino	Charlotte NC	7188	34	F	1 30-34	28:26.4	5:41/K

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142	Matthew Brown	Charlotte NC	7063	29	M	26 25-29	28:28.2	5:42/K
143	Jill Farar		7415	43	F	4 40-44	28:32.2	5:42/K
144	Phil Caputo	Waxhaw NC	7067	44	M	13 40-44	28:34.0	5:43/K
145	Helen Hutchison	CHARLOTTE NC	7222	40	F	5 40-44	28:42.9	5:44/K
146	Jennifer Kern	Maiden NC	7226	32	F	2 30-34	28:48.0	5:46/K
147	Monique Ryan	Charlotte NC	7443	30	F	3 30-34	28:50.9	5:46/K
148	Holly Leadingham	Concord NC	7231	44	F	6 40-44	28:51.4	5:46/K
149	tobias svane-from	CHARLOTTE NC	7147	12	M	3 1-14	28:52.2	5:46/K
150	Julie Clarkson	Charlotte NC	7185	45	F	5 45-49	28:58.8	5:48/K
151	Ryan Hong	Charlotte NC	7219	31	M	14 30-34	28:59.5	5:48/K
152	Sam Neault	Huntersville NC	7251	19	M	12 15-19	29:02.1	5:48/K
153	Michael Better	Charlotte NC	7171	42	M	14 40-44	29:12.6	5:50/K
154	Christianna Bambini	Charlotte NC	7054	18	F	4 15-19	29:12.9	5:50/K
155	Alexis Vetack	Charlotte NC	7294	18	F	5 15-19	29:13.7	5:51/K
156	David Flores	Fort Mill SC	7320	39	M	18 35-39	29:23.0	5:53/K
157	chris foote	Salisbury NC	7089	49	M	8 45-49	29:25.4	5:53/K
158	amy foote	Salisbury NC	7088	43	F	7 40-44	29:25.4	5:53/K
159	Clara Sadowski	Charlotte NC	7274	9	F	3 1-14	29:25.7	5:53/K
160	Kat Hite	Charlotte NC	7217	11	F	4 1-14	29:43.5	5:57/K
161	Anthony Henderson	Hickory NC	7102	48	M	9 45-49	29:44.1	5:57/K
162	Rod Custodio	Charlotte NC	7077	44	M	15 40-44	29:44.1	5:57/K
163	Jacob Pachter	Belmont NC	7338	15	M	13 15-19	29:49.8	5:58/K
164	Ryan Getz	Cornelius NC	7205	24	M	13 20-24	29:53.7	5:59/K
165	Josh Bell	Dallas NC	7168	29	M	27 25-29	29:55.3	5:59/K
166	Robert Drury	Weddington NC	7317	39	M	19 35-39	30:00.2	6:00/K
167	Jessica Dixon	Charlotte NC	7194	34	F	4 30-34	30:02.4	6:00/K
168	Olivia Smallwood	Concord NC	7140	30	F	5 30-34	30:05.2	6:01/K
169	Tiffany Greene	greensboro NC	7210	29	F	10 25-29	30:06.7	6:01/K
170	Stephanie McGill	Greensboro NC	7243	27	F	11 25-29	30:06.9	6:01/K
171	Carla Garrison-Mattos	Concord NC	7204	36	F	5 35-39	30:10.4	6:02/K
172	Tyler Rice	Charlotte NC	7133	24	M	14 20-24	30:10.7	6:02/K
173	Branden Bass	Newton NC	7302	15	M	14 15-19	30:12.5	6:02/K
174	Sean Ryan	Charlotte NC	7444	38	M	20 35-39	30:23.0	6:05/K
175	Emily Williams	Charlotte NC	7296	31	F	6 30-34	30:25.1	6:05/K
176	Zach Rounceville	Charlotte NC	7272	25	M	28 25-29	30:29.2	6:06/K
177	jaime striggand		7445	39	F	6 35-39	30:29.2	6:06/K
178	Stephanie Sadowski	Charlotte NC	7275	42	F	8 40-44	30:30.9	6:06/K
179	Robert Newstreet	Indian Trail NC	7253	44	M	16 40-44	30:32.3	6:06/K
180	brian hadley	charlotte NC	7096	49	M	10 45-49	30:46.7	6:09/K
181	Zoe Dunlap	Charlotte NC	7082	15	F	6 15-19	30:46.7	6:09/K
182	William Barton	Mt Holly NC	7167	35	M	21 35-39	30:48.7	6:10/K
183	Brad Sturkey	Fort Mill SC	7145	46	M	11 45-49	30:49.2	6:10/K
184	Bethany Hutchins	Concord NC	7221	28	F	12 25-29	30:51.3	6:10/K
185	Anna Renfro	Gastonia NC	7267	24	F	7 20-24	30:51.6	6:10/K
186	Lisa Clark	Hickory NC	7183	53	F	2 50-54	30:52.0	6:10/K
187	Jim Garnham	Charlotte NC	7324	31	M	15 30-34	30:55.2	6:11/K
188	Robert Barden	Charlotte NC	7055	41	M	17 40-44	30:56.3	6:11/K

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189	Rusty Bostian	Kannapolis NC	7175	51	M	6 50-54	31:03.8	6:13/K
190	Ryan Bostian	Kannapolis NC	7176	25	M	29 25-29	31:03.9	6:13/K
191	amy tucker		7394	37	F	7 35-39	31:07.9	6:13/K
192	Erika Dennison	Charlotte NC	7315	39	F	8 35-39	31:10.1	6:14/K
193	Amy Underkofler	Charlotte NC	7293	37	F	9 35-39	31:14.9	6:15/K
194	Phillip Davidson	GASTONIA NC	7078	53	M	7 50-54	31:15.6	6:15/K
195	Lori Repass	Mooresville NC	7268	50	F	3 50-54	31:17.4	6:15/K
196	Kristen Landreth	Burlington NC	7229	40	F	9 40-44	31:18.8	6:16/K
197	Chris Trifari	Charlotte NC	7291	43	M	18 40-44	31:21.9	6:16/K
198	kati stegall		7398	31	F	7 30-34	31:33.3	6:19/K
199	Jen Mason	Rock hill SC	7238	30	F	8 30-34	31:33.6	6:19/K
200	Stacy ballard	charlotte NC	7411	33	F	9 30-34	31:34.1	6:19/K
201	Bill Patterson	Fort Mill SC	7261	49	M	12 45-49	31:38.7	6:20/K
202	Betsy Shores	Cornelius NC	7354	35	F	10 35-39	31:40.5	6:20/K
203	Bridget McClellan	Huntersville NC	7239	31	F	10 30-34	31:42.9	6:20/K
204	Shannon Evans	Fort Mill SC	7200	36	F	11 35-39	31:43.8	6:21/K
205	Anthony Darr	Charlotte NC	7191	35	M	22 35-39	31:44.1	6:21/K
206	Paul Bronkhorst	Charlotte NC	7177	41	M	19 40-44	31:44.7	6:21/K
207	Tommy Shores	Cornelius NC	7353	39	M	23 35-39	31:45.6	6:21/K
208	Duane Evans	Fort Mill SC	7199	41	M	20 40-44	31:46.3	6:21/K
209	Gerald Yerden	Concord NC	7162	22	M	15 20-24	31:49.4	6:22/K
210	Joey Attanasio	charlotte NC	7299	44	M	21 40-44	31:50.2	6:22/K
211	Jeff Hurston	Charlotte NC	7105	48	M	13 45-49	31:50.4	6:22/K
212	Samantha Pontius	Rock Hill SC	7129	21	F	8 20-24	31:53.6	6:23/K
213	JesseRuth Parrish	Charlotte NC	7260	21	F	9 20-24	31:53.6	6:23/K
214	Julie Steveson	charlotte NC	7144	26	F	13 25-29	31:54.1	6:23/K
215	Cherie Wright	Charlotte NC	7367	31	F	11 30-34	31:57.3	6:23/K
216	Addie Green	Union SC	7207	9	F	5 1-14	31:57.8	6:23/K
217	Britt Reynolds	Charlotte NC	7269	40	F	10 40-44	32:03.4	6:25/K
218	Marissa Thomas	Charlotte NC	7289	34	F	12 30-34	32:09.5	6:26/K
219	Taylor Little	Charlotte NC	7333	27	F	14 25-29	32:12.6	6:26/K
220	Andrea Bonner	Matthews NC	7306	43	F	11 40-44	32:13.4	6:27/K
221	Chet Hathaway	Concord NC	7216	19	M	15 15-19	32:21.7	6:28/K
222	Myra Pachter	Belmont NC	7382	45	F	6 45-49	32:21.9	6:28/K
223	Brett Johnson	Charlotte NC	7108	27	M	30 25-29	32:22.5	6:28/K
224	Sarah Peterson	Charlotte NC	7125	28	F	15 25-29	32:25.2	6:29/K
225	April Penn	Charlotte NC	7342	46	F	7 45-49	32:31.2	6:30/K
226	Karen Citalan	Charlotte NC	7182	22	F	10 20-24	32:36.7	6:31/K
227	Mike Taylor	Charlotte NC	7363	42	M	22 40-44	32:40.9	6:32/K
228	Chris Zoghby	Charlotte NC	7369	30	M	16 30-34	32:42.4	6:32/K
229	Lauren Schwab	Charlotte NC	7349	27	F	16 25-29	32:42.9	6:32/K
230	Carolyn Taylor	Concord NC	7288	50	F	4 50-54	32:43.5	6:33/K
231	Jessica Cohen	Belmont NC	7186	33	F	13 30-34	32:43.9	6:33/K
232	Arun Nellaiappan	Charlotte NC	7252	32	M	17 30-34	32:45.4	6:33/K
233	Ainsley Nugent	East Greenwich RI	7256	23	F	11 20-24	32:48.0	6:34/K
234	Summers Binnicker	Charlotte NC	7061	23	F	12 20-24	32:48.1	6:34/K
235	Stacy Hartley	Charlotte NC	7100	34	F	14 30-34	32:48.4	6:34/K

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236	Thomas Sallach	Charlotte NC	7135	27	M	31 25-29	32:48.7	6:34/K
237	Kim Olson	Charlotte NC	7257	31	F	15 30-34	32:49.2	6:34/K
238	Christopher McKee	Durham NC	7244	41	M	23 40-44	32:50.3	6:34/K
239	Jennifer Estleford	Charlotte NC	7198	27	F	17 25-29	32:50.7	6:34/K
240	Richard Spencer	Charlotte NC	7361	47	M	14 45-49	32:52.2	6:34/K
241	Guy Roberts	Salisbury NC	7270	51	M	8 50-54	32:54.0	6:35/K
242	Emily Mullins	Gastonia NC	7249	24	F	13 20-24	32:56.6	6:35/K
243	Beverly Brumbach	Charlotte NC	7178	43	F	12 40-44	32:58.1	6:36/K
244	Andrew Sincock	Huntersville NC	7281	51	M	9 50-54	32:59.9	6:36/K
245	ulla svane	CHARLOTTE NC	7286	50	F	5 50-54	32:59.9	6:36/K
246	Wendy Green	Union SC	7209	38	F	12 35-39	33:01.4	6:36/K
247	Raegan Green	Union SC	7208	10	F	6 1-14	33:02.1	6:36/K
248	kelsey soule	Charlotte NC	7283	26	F	18 25-29	33:03.6	6:37/K
249	Thomas Bush		7442	54	M	10 50-54	33:08.8	6:38/K
250	Madison Altman	Rock Hill SC	7164	22	F	14 20-24	33:09.9	6:38/K
251	Jason Moretz	Maiden NC	7247	37	M	24 35-39	33:12.4	6:38/K
252	Gerard Freund	Charlotte NC	7322	44	M	24 40-44	33:15.9	6:39/K
253	Cory Marshman	Mt Holly NC	7236	31	M	18 30-34	33:25.4	6:41/K
254	Joshua Marshman	Matthews NC	7235	27	M	32 25-29	33:25.6	6:41/K
255	Bruce Marshman	Matthews NC	7237	56	M	5 55-99	33:25.7	6:41/K
256	Diane Block	Gastonia NC	7305	46	F	8 45-49	33:27.3	6:41/K
257	Elizabeth Dawkins	Charlotte NC	7192	29	F	19 25-29	33:34.3	6:43/K
258	james johasen		7413	50	M	11 50-54	33:35.3	6:43/K
259	rene riley		7414	40	F	13 40-44	33:35.4	6:43/K
260	Susan Smallwood	Mt Holly NC	7359	34	F	16 30-34	33:46.8	6:45/K
261	Tyler Berg	Mt Holly NC	7303	31	M	19 30-34	33:47.3	6:45/K
262	Jill Stevens	Charlotte NC	7389	34	F	17 30-34	33:53.0	6:47/K
263	Mirabelle Pedersen	Tega Cay SC	7123	14	F	7 1-14	33:57.2	6:47/K
264	Jessica Paddock	Fayetteville NC	7036	28	F	20 25-29	33:59.1	6:48/K
265	Charles Paddock	Fayetteville NC	7258	28	M	33 25-29	33:59.8	6:48/K
266	Mac McCullough	Charlotte NC	7240	7	M	4 1-14	34:01.7	6:48/K
267	Corbitt McCullough	Charlotte NC	7114	10	F	8 1-14	34:04.6	6:49/K
268	Jim Thompson	Charlotte NC	7290	45	M	15 45-49	34:06.3	6:49/K
269	Samantha Rosky	Charlotte NC	7346	26	F	21 25-29	34:10.2	6:50/K
270	Zachary Aumick	Charlotte NC	7053	25	M	34 25-29	34:11.2	6:50/K
271	Brittany Carey	Shelby NC	7310	28	F	22 25-29	34:13.2	6:51/K
272	Carolyn Giordano	Charlotte NC	7206	28	F	23 25-29	34:14.3	6:51/K
273	Chris Grenier	Huntersville NC	7211	40	M	25 40-44	34:21.4	6:52/K
274	Mariann Freund	Charlotte NC	7323	31	F	18 30-34	34:24.0	6:53/K
275	Balasigamani Selvaraj	Charlotte NC	7280	32	M	20 30-34	34:29.1	6:54/K
276	Sandra Willmott	Lewisville NC	7366	45	F	9 45-49	34:30.9	6:54/K
277	Austin Lawrence	Concord NC	7110	14	M	5 1-14	34:34.1	6:55/K
278	Barrett Poppler	Harrisburg NC	7344	46	M	16 45-49	34:42.0	6:56/K
279	patrick camatcho	huntersville NC	7066	16	M	16 15-19	34:44.2	6:57/K
280	peyton mandel		7408	16	F	7 15-19	34:44.4	6:57/K
281	Heather McCullough	Charlotte NC	7241	41	F	14 40-44	34:51.1	6:58/K
282	Clay McCullough	Charlotte NC	7242	39	M	25 35-39	34:52.1	6:58/K

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283	Anthony Sancibrian	Charlotte NC	7276	24	M	16 20-24	34:58.1	7:00/K
284	Mary Troutman	CHARLOTTE NC	7292	25	F	24 25-29	34:58.1	7:00/K
285	Kia Benion	Chicago IL	7169	26	F	25 25-29	35:00.1	7:00/K
286	Jim Neault	Huntersville NC	7381	52	M	12 50-54	35:03.0	7:01/K
287	Kristi Sluiter	Huntersville NC	7358	36	F	13 35-39	35:06.1	7:01/K
288	Carson Bush		7441	17	M	17 15-19	35:07.9	7:01/K
289	Thomas Scott	Charlotte NC	7138	26	M	35 25-29	35:13.0	7:03/K
290	Sara Falardeau	Charlotte NC	7318	26	F	26 25-29	35:13.1	7:03/K
291	Simone Pedersen	Tega Cay SC	7340	45	F	10 45-49	35:13.6	7:03/K
292	Ben Dunlap	Charlotte NC	7196	52	M	13 50-54	35:14.2	7:03/K
293	Kasey Loftin	Denver NC	7335	34	F	19 30-34	35:15.8	7:03/K
294	Justin Peterson	Charlotte NC	7262	43	M	26 40-44	35:25.2	7:05/K
295	erin gee		7397	41	F	15 40-44	35:31.1	7:06/K
296	charles klinker		7396	50	M	14 50-54	35:31.4	7:06/K
297	Gabriela Carvalho	Fort Mill SC	7311	41	F	16 40-44	35:37.0	7:07/K
298	Michelle Sanders	Mount Holly NC	7347	37	F	14 35-39	35:38.3	7:08/K
299	Angie Faulk	Charlotte NC	7319	41	F	17 40-44	35:39.7	7:08/K
300	Mike Tasillo	Monroe NC	7287	35	M	26 35-39	35:44.3	7:09/K
301	Marnette Zuchel	Charlotte NC	7370	61	F	1 55-99	35:58.9	7:12/K
302	Andrea Kovacs	Charlotte NC	7227	22	F	15 20-24	35:59.4	7:12/K
303	kim clark	charlotte NC	7312	59	F	2 55-99	36:02.8	7:12/K
304	Adrian Austin	Charlotte NC	7300	25	F	27 25-29	36:04.5	7:13/K
305	Keshama Horton	Charlotte NC	7220	30	F	20 30-34	36:04.5	7:13/K
306	Kristianna Luce	Denver NC	7232	46	F	11 45-49	36:09.0	7:14/K
307	Catherine Barall	Charlotte NC	7301	25	F	28 25-29	36:17.1	7:15/K
308	Alan Pedersen	Tega Cay SC	7341	51	M	15 50-54	36:20.7	7:16/K
309	Nicole Baird	Charlotte NC	7166	34	F	21 30-34	36:33.4	7:19/K
310	Rachael Scott	Fort Mill SC	7350	36	F	15 35-39	36:33.7	7:19/K
311	Chris Bunneyg	Charlotte NC	7371	33	M	21 30-34	36:35.8	7:19/K
312	jennifer fagan		7446	42	F	18 40-44	36:44.8	7:21/K
313	Scott Ginn	Waxhaw NC	7325	46	M	17 45-49	36:48.1	7:22/K
314	JANICE CROSS	HUNTERSVILLE NC	7189	33	F	22 30-34	36:48.5	7:22/K
315	Shane Farley	Huntersville NC	7201	33	M	22 30-34	36:54.8	7:23/K
316	Anne volz	charlotte NC	7295	32	F	23 30-34	36:58.1	7:24/K
317	Jerry Thomas	Indian Trail NC	7151	42	M	27 40-44	37:01.6	7:24/K
318	Russell Schlick	Charlotte NC	7387	36	M	27 35-39	37:05.7	7:25/K
319	Niels Hansen	Matthews NC	7328	48	M	18 45-49	37:09.3	7:26/K
320	Adam Suprock	Cornelius NC	7146	31	M	23 30-34	37:16.3	7:27/K
321	Trevor Smith	Charlotte NC	7448	13	M	6 1-14	37:28.2	7:30/K
322	Alex Pachter	Belmont NC	7383	45	M	19 45-49	37:33.0	7:31/K
323	Molly Venskus	Mount Holly NC	7365	32	F	24 30-34	37:54.3	7:35/K
324	Erin Weeks	Alexis NC	7155	39	F	16 35-39	37:58.4	7:36/K
325	Greg Weeks	Gastonia NC	7156	32	M	24 30-34	37:58.8	7:36/K
326	Kira Guerke	Charlotte NC	7327	31	F	25 30-34	37:59.3	7:36/K
327	nicole harbin	charlotte NC	7329	34	F	26 30-34	38:01.5	7:36/K
328	Heather Presson	Pineville NC	7265	26	F	29 25-29	38:03.3	7:37/K
329	Amanda Childers	Charlotte NC	7181	26	F	30 25-29	38:03.4	7:37/K

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330	Ally Setliff	Cary NC	7352	31	F	27 30-34	38:09.0	7:38/K
331	Marc Luce	Denver NC	7336	47	M	20 45-49	38:15.8	7:39/K
332	anna hite		7393	47	F	12 45-49	38:19.6	7:40/K
333	Glenn Setliff	Cary NC	7351	31	M	25 30-34	38:23.0	7:41/K
334	Alisha Terrones	Charlotte NC	7390	33	F	28 30-34	38:24.9	7:41/K
335	Adrien Savariego	Charlotte NC	7277	34	M	26 30-34	38:37.8	7:43/K
336	Ivonne Hernandez	Charlotte NC	7330	26	F	31 25-29	38:39.2	7:44/K
337	Chelsea Weiner	Indian Trail NC	7392	26	F	32 25-29	38:48.8	7:46/K
338	Erin Brooks	Huntersville NC	7309	33	F	29 30-34	38:48.8	7:46/K
339	Ashley Cafero	Charlotte NC	7180	31	F	30 30-34	38:53.5	7:47/K
340	Chuck Maddox	Indian Trail NC	7337	55	M	6 55-99	38:59.2	7:48/K
341	Jesska Daugherty	Florence SC	7314	29	F	33 25-29	39:09.7	7:50/K
342	Jennifer Greeson	Charlotte NC	7326	25	F	34 25-29	40:03.4	8:01/K
343	Andi Dirkschneider	Charlotte NC	7193	26	F	35 25-29	40:25.4	8:05/K
344	solomon hope		7402	10	M	7 1-14	40:44.5	8:09/K
345	Ulaganathan Selvaraj	Waxhaw NC	7139	39	M	28 35-39	40:46.5	8:09/K
346	Gwen Foellmer	charlotte NC	7321	33	F	31 30-34	41:18.1	8:16/K
347	Jessica Hreha	Charlotte NC	7377	32	F	32 30-34	41:18.6	8:16/K
348	Austin Hughes	Denver NC	7104	16	M	18 15-19	41:48.2	8:22/K
349	Brittany Swanger	Charlotte NC	7042	17	F	8 15-19	41:48.7	8:22/K
350	Pete Landreth	Burlington NC	7332	42	M	28 40-44	42:37.9	8:31/K
351	Morgan Jamison	Matthews NC	7223	17	F	9 15-19	42:38.1	8:32/K
352	Katie Parkerson	Cornelius NC	7339	22	F	16 20-24	42:45.4	8:33/K
353	Kay Scallan	Huntersville NC	7348	28	F	36 25-29	42:47.1	8:33/K
354	Kelly Mullen	Rock Hill SC	7379	25	F	37 25-29	43:00.4	8:36/K
355	Craig Spears	Huntersville NC	7360	41	M	29 40-44	43:00.7	8:36/K
356	Sarah Freeman	Charlotte NC	7203	26	F	38 25-29	43:01.8	8:36/K
357	jonah hope		7401	11	M	8 1-14	43:02.1	8:36/K
358	christina Ludack	Sherrills Ford NC	7233	27	F	39 25-29	43:04.5	8:37/K
359	Aby Moeykens	Charlotte NC	7245	37	F	17 35-39	43:04.6	8:37/K
360	Janel Yerden	Concord NC	7368	22	F	17 20-24	43:09.9	8:38/K
361	Caden Spears	Sherrills Ford NC	7388	7	M	9 1-14	43:12.1	8:38/K
362	lalita womble		7419	40	F	19 40-44	43:13.7	8:39/K
363	Chad sisco	Charlotte NC	7357	41	M	30 40-44	44:16.8	8:51/K
364	Haley Sisco	Charlotte NC	7355	8	F	9 1-14	44:33.3	8:55/K
365	Gray Sisco	Charlotte NC	7356	10	M	10 1-14	44:33.5	8:55/K
366	melanie hope		7400	31	F	33 30-34	44:57.2	8:59/K
367	Keyara Donna	Charlotte NC	7374	26	F	40 25-29	45:38.2	9:08/K
368	Catherine Clements	Charlotte NC	7372	27	F	41 25-29	45:38.3	9:08/K
369	Anika Powell	Charlotte NC	7384	36	F	18 35-39	46:18.4	9:16/K
370	christina collura	huntersville NC	7187	45	F	13 45-49	48:23.5	9:41/K
371	sydney burke	huntersville NC	7179	12	F	10 1-14	48:24.6	9:41/K
372	Tommy Venerable	Statesville NC	7364	32	M	27 30-34	48:42.7	9:44/K
373	Bob Repass	Mooresville NC	7386	51	M	16 50-54	51:21.3	10:16/K